

April 2022

the Nugget



Being Part of a Global Village:
Dentists From Around the World



Get Ready For Our UPCOMING EVENTS

APR
6

CPR-AHA BLS Blended Learning

Wednesday • 6–6:45pm, 7–7:45pm, 8–8:45pm
SDDS Office • \$77.50

Skills Testing, 3 Time Sessions (4 CEU, Core)

APR
12

General Membership Meeting - In-Person

Tuesday • 5:45pm Social & Vendors
6:45pm Dinner & Program
Hilton Sacramento Arden West • \$75

COVID's Impact on the State of the Dental Practice
(3 CEU, 20%)

Presented by Anders Bjork; California Dental Association

COVID-19 has impacted virtually every aspect of our lives. Dental practices were hit hard, but have survived numerous impacts to the clinical and business aspects of operating through a global pandemic. This session looks at various trends nationally and in California as dentists responded to the rapidly-changing information through the past 2 years.

APR
20

Continuing Education - In-Person

Wednesday • 6:30–8:30pm • SDDS Office • \$69

Forensic Odontology for the Dental Professional:
It's Not Always a "Grave" Situation (2 CEU, Core)
Presented by Mark D. Porco, DDS

Do you ever see the headlines of some disaster and wonder how or why some of the victims are identified by dental records? Dr. Porco will discuss the various disciplines in the forensic sciences, with emphasis on Forensic Odontology. This will include a brief history lesson, case presentations, "testing" of your forensic skills, and then followed by how this applies to your dental office and every member of your dental team.

APR
26

Business/Practice Management Forum - In-Person

Tuesday • 6:30–8:30pm • SDDS Office • \$75

OWN Your PRACTICE VS. Your Practice Owning YOU
(2 CEU, 20%)

Presented by Melinda Heryford, MBA

Struggling with inconsistencies – lack of team, lack of time, unpredictable results? (for dentists and office managers)

Do you ever wonder if it could be easier? Have you ever thought about considering that there might be a way to have more time off and still have the office producing? Do you feel like you are the only one who can do what you do in the practice? This course will Bring systems and teams into alignment to help you grow, to help you feel confident that things are not falling through the cracks, and to enjoy your business and life more.

APR
27

HR Webinar

Wednesday • 12-1:30pm • Webinar • \$69

Hire Slow/Fire Fast (1.5 CEU, 20%)

Presented by California Employers Association

In this seminar we will review how to hire right the first time to avoid the ugliness of workplace terminations and the expensive costs that come with high turnover. We'll also discuss how to end the employment relationship with reduced liability and increased humanity.

APR
29

Continuing Education - In-Person

Friday • 8:30am–3pm • SDDS Office • \$179

String of Dental Pearls – Right in Our Own Backyard
(6 CEU, Core)

Presented by Richard Jackson, DDS; Jenny Apekian, DDS; Aneel Nath, DDS; Inderpal Sappal, DDS and Greg Adams, DDS, MS

From all aspects of dentistry, this CE course gathers together SDDS member dentists who will present pearls for the general practitioner as well as specialists. Topics to be covered include: Oral Surgery Complications, Facially Generated Treatment Planning in the Digital World, Extraction and Ridge Preservation, Techniques and Tips, Irrigation in Endodontics and Orthodontic and Restorative Treatment Augmentation.

**SAVE
THE DATE!**

May 5, 2022

**Big
Day of
Giving**

On May 5th donate to the
**Sacramento District
Dental Foundation**

Coming In June 2022...

JUN
3

Continuing Education - In-Person

Friday • 8:30am-4pm • SDDS Office • \$599

Adult Oral Conscious Sedation Re-Certification: DOCS
(7 CEU, CORE)

Contents

FEATURES



COVER IMAGE CREDIT: ADOBE STOCK

- 12** **Hola from Mexico!**
Dr. Claudia Elizabeth Medina Gutierrez
- 14** **Bonjour from Belgium!**
Dr. Natacha Delaunoy
- 16** **G-day from Australia!**
Dr. Vas Scrinivasan
- 18** **Halo from Indonesia!**
Anonymous

Nugget Editorial Board

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Awards

International College of Dentists (ICD)

2021 • Platinum Pencil, *honorable mention*
Outstanding use of graphics
2021 • Special Citation Award
2020 • Platinum Pencil
2020 • Golden Pen, *honorable mention*
Article / series of articles of interest to the profession
2020 • Special Citation Award
2019 • Special Citation Award
2019 • Golden Pen, *honorable mention*
2018 • Humanitarian Service Award
2017 • Special Citation Award
2016 • Golden Pen, *honorable mention*
2015 • Special Citation Award
2014 • Outstanding Cover, *honorable mention*

Specials

- 8** 2021 SDDS Annual Report
- 20** MidWinter Convention & Expo Highlights
- 22** 2022 SDDS Election Slate of Nominees

Regulars

- | | | | |
|-----------|--------------------------------|-----------|-------------------------|
| 5 | President's Message | 32 | Membership Update |
| 6 | Cathy's Corner | 34 | Blowing Your Horn |
| 7 | From the Editor's Desk | 35 | Vendor Member Spotlight |
| 11 | You Should Know | 36 | Vendor Member Listings |
| 13 | Job Bank | 38 | Advertiser Index |
| 24 | Board Report | 38 | Volunteer Opportunities |
| 26 | Foundation | 39 | Classified Ads |
| 28 | Committee Corner | 40 | SDDS Calendar of Events |
| 30 | YOU: The Dentist, The Employer | | |

PRACTICE SALES • VALUATIONS/APPRAISALS • TRANSITION PLANNING • PARTNERSHIPS • MERGERS • ASSOCIATESHIPS



Jay Harter

LIC #01008086

36 Years in Business

916-812-0500

Jay.Harter@henryschein.com

*This is a sample
of our listings.*

ALAMO: *New Listing!* 3 Ops, Digital, 13 Yrs Goodwill, Desirable Area, Not in Delta Network. 2019 GR \$642K. #CA2968

AUBURN AREA: 4 Ops+RE, Digital, Laser, CEREC, Strong Hyg Prog., 2019 GR \$632K, 2021 should exceed 2019. #CA2809

CONCORD/WALNUT CREEK: *New Listing!* 5 Ops in affluent/established area with RE available. Digital, CEREC, Digital Pano, Soft tissue Laser and so much more. 2021 GR projected @\$630K. #CA2808

FAIR OAKS/CITRUS HEIGHTS: *Price Reduced!* Desirable area, 38 yrs Goodwill, 4 Ops, Digital, 6 Hyg days/wk. 2019 GR \$970K on 4 day/wk. #CA656

FAIRFIELD AREA: 4 Ops+1 add'l w/assoc. in place, digital, strong Hyg Prog., GR \$610K. RE Avail for sale. #CA2955

NORTH SACRAMENTO AREA: 3 Ops, 1 add'l shared, Paperless, Digital, CEREC, Busy street location. 2019 GR \$671K. #CA1745

ROCKLIN/ROSEVILLE AREA: 4 Ops, Hi-tech, Affluent area, Digital, iTero Scanner, much more. 2021 projected to produce \$2M+. #CA2793

ROSEVILLE/CITRUS HTS: *New Listing!* 4 Op practice, high retail area, Digital, 5 days Hyg/wk. Projected 2021 GR \$775K! #CA2897

ROSEVILLE/CITRUS HTS/ANTELOPE: 6 Ops, High traffic location, Digital, Strong hyg program with 1100 active patients in last 18 mo. 2020 GR \$669K. Room to grow w/ Specialties. #CA2749

SACRAMENTO METRO ORTHO: *New Listing!* 5 chairs+private consult room. Paperless, Digital Pan/Ceph. GR \$451K. #CA986

SONORA AREA: 825K producing 5 Op GP, renovated bldg for sale, Digital, Pano, Strong Hyg. #CA2850



Dr. Thomas Wagner

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President's Message



By **Wesley Yee, DDS**
2022 SDDS President

Serving Far & Near

When contemplating this issue on Global Dentistry, I couldn't help think about my recently departed father, Dr. Herbert K. Yee. Most of you knew my dad as a long time Regent of University of Pacific and classmate of Dr. Arthur Dugoni. However, Dr. Herbert Yee's major accomplishments were through his leadership in the California State Board of Dental Examiners and Fellow in the International College of Dentists (FICD). During his presidency on the Dental Board, Speaker of the Assembly Willie Brown and my father led the charge to pass the Foreign Dentists Act in the early 1970's. This allowed dentists trained in other countries to come to California, take the dental board, and practice dentistry in California. Now look at the diversity we have here in our Society, CDA, and ADA. This was the first profession that took action to include foreign trained individuals.

In 1985, Dr. Herbert Yee as President of the FICD American Section, took on the establishment to include China into the family of dentistry. China was just recovering from the disastrous Great Leap Forward policies of Chairman Mao Tse Tung. This move helped China's health system and helped its people. In 1990 as president of the FICD International Section, Dr. Herbert

Yee proposed Vietnam to be included in the International College of Dentists. This policy was not well received by the establishment. Less than 25 years ago, the U.S. was at war with Vietnam and several of the leaders of FICD were former officers in the U.S. Army and Navy. My dad saw the future of dentistry is in the people and not the politics. We are a stronger community and better dentists when we include all people. By incorporating dentists from all over the world, we raise all ships.

Where would we all be without the contribution of Dr. Branemark's dental implants? My classmate Dr. Ray Bertolotti (Fifth Quarter Seminars) is effusive in his praise of Dr. Takeo Fusayama. Dr. Fusayama was ahead of his time in the 1980's with "Adhesion Dentistry." There are so many more examples of dentistry sharing globally. I know for a fact that SDDS members share their skills and talents locally and globally.

Why is this important to you as SDDS members? My dad didn't have to push these initiatives. For that matter, Dr. Herbert Yee didn't have to join the Dental Board, FICD, UOP Board of Regents, or SDDS. He did because he was asked and wanted to contribute to his chosen

profession. My dad once shared that he never said "No" to being asked to help out. He didn't seek out these positions, but they were offered to him. I'm delighted that many of our committee chairs are newer members and have stepped up amazingly well. Our SDDS Board is trending younger and with youthful experience. Our SDDS needs you to serve, contribute, and become active members in our society.

You can serve on our many interesting committees such as CPR, CE, Forensics, Oral Health, Legislative Advisory, Fun & Games, New Member/New Dentist, GMC, Social Media, Non Member Recruitment, Practice Transitions, and our award winning *Nugget*. You can participate in our Sacramento District Dental Foundation Golf Tournament May 6. Last year, we had a blast and the 2022 Swing for Smiles will be even more fun and rewarding. Please sign up soon! Get a foursome together and join the festivities. Come to one of many CE classes and rejuvenate your dental spirit. We do much more together than alone, so join us! Remember "saying yes" in our society only makes stronger and better. ■

SAVE THE DATE!

May 5, 2022

On May 5th donate to the
**Sacramento District
Dental Foundation**

Big Day of Giving



Did you know...?

By **Cathy B. Levering**
SDDS Executive Director

With this issue of our magazine including the 2021 SDDS ANNUAL REPORT, I'd like to point out some awesome tidbits, facts and member benefits that you may not be aware of – and things you need to know.

- The SDDS office public and published **PHONE NUMBER** is 916-446-1211 (it is answered 9-4 every day, with lunch from noon to 1:00)
- BUT, the **dentist line** is **916-446-1227** (we are open and answering 7:30-4:30 every day) – please save this number in your phone!
- Only 115 member offices contribute to **CROWNS FOR KIDS**. Would you like to be part of this?
- The **SDDS Employer HOTLINE** – a great member benefit – gets at least one call a day from SDDS members – see page 30 for further info.
- Our member **ENGAGEMENT** rate is 76% - this means that 74% of our members participate, do something, attend something during the year.
- The **Foundation MEMBERSHIP** (only \$75 per year – are you a member?) has grown to over 500 members!
- The **OPEN RATE** for our email blasts is above 50% - thank you!
- In 2021, **more than 2500 attendees supported SDDS EVENTS and PROGRAMS**. In 2019, it was over 4000. Thank you, COVID.
- 50% of all registrations for **SDDS EVENTS** are done via the online registration.
- **170 member offices ATTENDED MidWinter Convention** this year – and a total of 550 dentists and staff.
- **The DMD PROGRAM for general meetings had 85 participants in 2021**. Normally we have more than 100. Thank you again, COVID!
- **The NEW DMD program will be announced in April**. If you'd like to sign up, you will enjoy a discount at all the general meetings for next September through May. Watch for this announcement. Sign up and save.
- The **DMD program** supports our new members by offering their first meeting for free (thanks to those DMDs who cannot attend a meeting).
- **1200 member offices received the 2022 EMPLOYMENT POSTER** – we have some left for additional purchase. Call us if you need one.

These are just a few of the amazing facts that you may not know. Thank you members for all of your support with our programs and our members. Have a great April! ■

Cathy

LEADERSHIP

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GMC Elimination: Kevin Keating, DDS, MS
New Member/New Dentist: Sarah Mathai, DDS
Nonmember: Hana Rashid, DDS
Practice Transitions: Hung Le, DDS
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Strategic Planning Advisory: Ash Vasanthan, DDS, MS/Lisa Dobak, DDS

TASK FORCES ADVISORY COMMITTEES

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SPECIAL EVENTS OTHER

Cathy Levering | Executive Director
Jen Jackson | Membership
Sofia Gutierrez | Foundation Projects / CPR
Anne Rogerson | Office Manager
Jessica Luther | Graphic Designer
Katie Marshall | Administrative Assistant

SDDS STAFF

The Nugget is an opinion and discussion magazine for SDDS membership. Opinions expressed by authors are their own, and not necessarily those of SDDS or *The Nugget* Editorial Board. SDDS reserves the right to edit all contributions for clarity and length, as well as reject any material submitted. *The Nugget* is published monthly (except bimonthly in June/July and Aug/Sept) by the SDDS, 2035 Hurley Way, Ste 200, Sacramento, CA 95825 (916) 446-1211. Acceptance of advertising in *The Nugget* in no way constitutes approval or endorsement by Sacramento District Dental Society of products or services advertised. SDDS reserves the right to reject any advertisement.

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By Denise Jabusch, DDS
Associate Editor

A Global Village

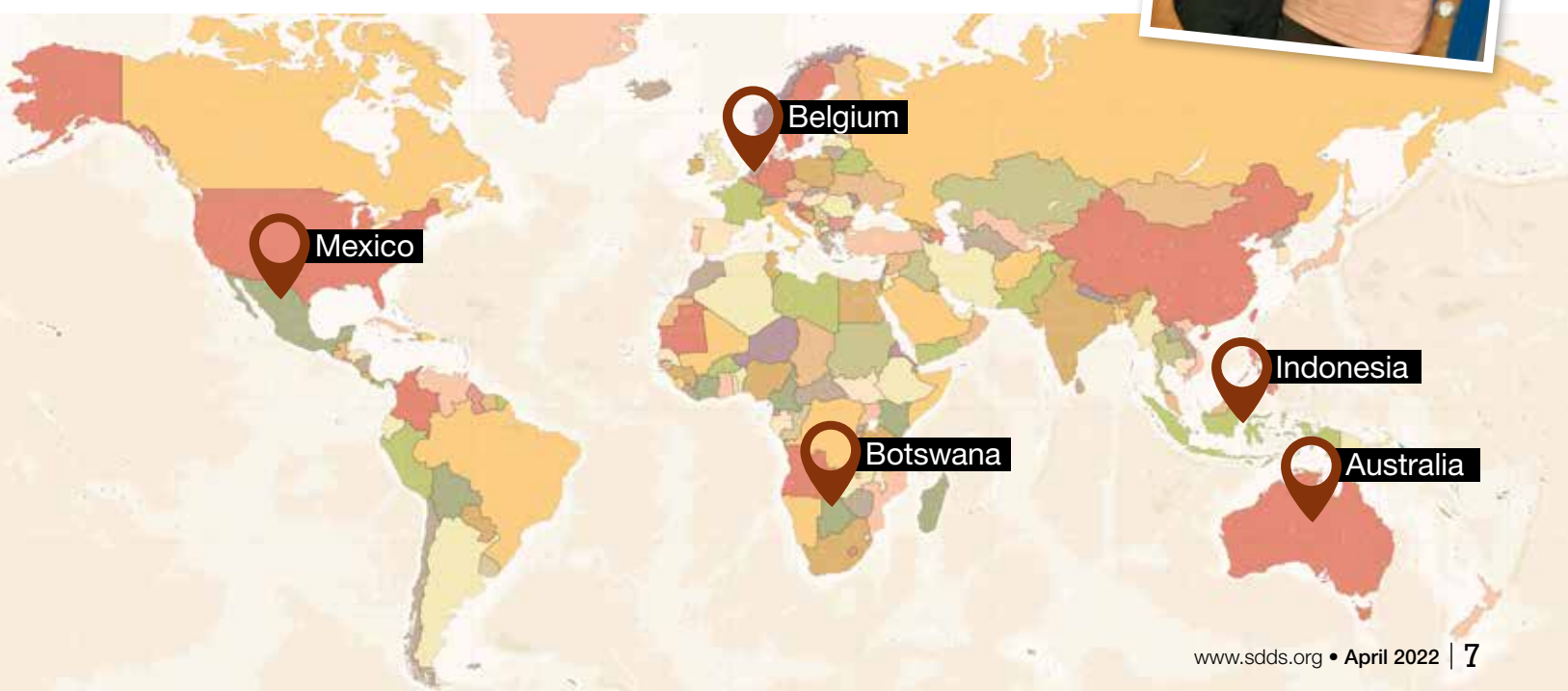


The ultra-relaxed leopard seemed so friendly that we had to keep reminding ourselves that the large cat with sharp canines would rather eat us than be petted on its furry head. We were advised to keep our limbs and flesh within the Range Rover when on safari in Botswana. With these all-important rules to obey, we had a glorious, but safe trip in 2019. A few days before boarding the long international flight home, I asked the owner of our safari company to ask his dentist if I could interview her for *the Nugget*. Graciously, Dr. Tapologo Pearl Lekgethiso invited me to meet her and her staff. She was a sole proprietor who

had recently purchased her practice from an existing owner and was busily remodeling her office and updating the equipment. She was the only female dentist in the city of Maun. Dr. Lekgethiso was not from a dental family. Her mother, a widow, was a schoolteacher. She chose her career path without much in-depth personal knowledge. She though, was highly intelligent and passed the college entrance exams. And because Botswana did not have any dental schools, the government paid for her dental education in the neighboring country of South Africa and the government even included a stipend for food and lodging. Not a bad gig. Dr. Lekgethiso was interested in technology like Cerec crowns, especially since there were no local dental labs in the city. She participated in volunteer outreach to the people who lived in the bush as the children would often have poor social habits like drinking alcohol. I invited her to the California Dental Association convention.

Meeting Dr. Lekgethiso was the inspiration for this month's edition, that is to meet fellow dentists from around the world. Included in this edition is Dr. Claudia Gutterrez, a

prosthodontist from Rioverde in México, Dr. Natacha Delaunoy, a pediatric hospital dentist from Les Bons Villers in Belgium and Dr. Vas Srinivasan, an orthodontist in Sunshine Coast, Queensland, Australia. A friend from dental school contributed the touching tribute to his mother's perseverance in being a dentist in Indonesia amidst political and social upheaval, then immigrating to the United States and having to restart her dental career. Hopefully you will be inspired by her life history and by all the interviewees as they face many of the issues that Sacramento area dentists face. As the onslaught of the COVID pandemic has taught us, we are part of a global village. ■



From Your 2021 SDDS President



By **Volki Felahy, DDS**
2021 SDDS President

A Year in Review of the Sacramento District Dental Society

2021 was quite a year for the dental society. Our mantra was “pivot and adapt.” Thanks to their amazing work and boundless energy, Cathy and her staff were able to deliver CE’s online at the beginning of the year, which included everything from our Super CE Week of Webinars to September live classes, beginning with our first monthly membership meeting after summer break. This was all done without missing a beat. The enthusiasm and attendance at our first meeting has more than met our expectations -- we reached capacity!

The membership of our Dental Society is at the heart of our success. I am so very proud to be part of a Dental Society that is as engaged and passionate as ours in Sacramento. Our members have continued to support our society by attending virtual and in-person meetings and volunteering for task forces and committees that help shape the society at levels that far exceed the average in dental components our size or even in state components. Our membership cares about our community and supports our Foundation. This year, we reached 130

players for our golf tournament and made over \$33k for our Foundation! A big thank you to our membership -- even in a year of COVID discontent, our membership rate is in the 80th percentile. That number is huge and one of the largest of any of the dental components in the state!

This year, our Sacramento delegation to the CDA House of Delegates represented SDDS well, helping pass a reform to the CDA governance structure that included a Board of Component Relations (BCR) ensuring that the concerns of local components are represented to the CDA leadership. This is the best possible outcome for the true representation of components and for dentistry in California.

Finally, our financials remain strong. Thanks to an attentive Board and to the SDDS staff, even in a year that started with uncertainty, we were still able to keep our financials firmly in the black. They did so well that we were able to donate \$40k to our Foundation to continue to support dental outreach in our community.

I want to personally thank everyone for your continued support of our Dental Society. I also want to thank our volunteer leaders and our amazing SDDS staff for their hard work this past year. You did an amazing job representing dentists in our community in 2021.

Volki Felahy, DDS
Immediate Past President
Sacramento District Dental Society

2021 FINAL MEMBERSHIP (as of 12.31.2021)

DENTIST MEMBERS

ACTIVE: 1,402

RETIRED: 341

TOTAL DENTIST MEMBERS: 1,743

AUXILIARY MEMBERS

DHP (Dental Health Professionals): 75

STUDENTS: 9

TOTAL ALL MEMBERS: 1,827

2021 MEMBERSHIP

BY THE NUMBERS

81.1%

MARKET SHARE

76% ENGAGEMENT RATE | 43 ONLINE, LIVE AND BLENDED COURSES

STILL ADAPTING & PIVOTING FOR ALL OUR DIFFERENT EVENTS

99
NEW MEMBERS

28 COMMITTEE MEETINGS

275 RECRUITABLE
NON-MEMBERS

94% RETENTION
RATE

2071

2071 TOTAL ATTENDANCE
FOR COURSES & EVENTS

MEMBERSHIP GROWTH

2000	1085	2010	1522
2005	1334	2015	1591
2021	1753		



2021 WAS THE YEAR OF SDDS STILL ADAPTING AND COMING BACK!

2021 FISCAL YEAR END

CURRENT ASSETS

Cash	\$412,586
Building Reserves	\$1,050,125
Operating Reserves	\$686,587
Accounts Receivable	\$56,585
Prepaid Expenses	\$41,120
TOTAL CURRENT ASSETS:	\$2,247,003
TOTAL FIXED ASSETS:	\$19,608
OTHER ASSETS/DEPOSITS:	\$6,906
TOTAL ASSETS:	\$2,273,517

LIABILITIES & EQUITY

Current Liabilities	
Accounts Payable	- \$63
Deferred Revenue	\$357,171
TOTAL CURRENT LIABILITIES:	\$357,108
Equity	
Retained Earnings	\$1,620,737
Net Income	\$295,673
TOTAL EQUITY:	\$1,916,410
TOTAL LIABILITIES & EQUITY:	\$2,273,517

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YOU SHOULD KNOW

CALSAVERS JUNE 30TH DEADLINE LOOMS FOR EMPLOYERS WITH FIVE OR MORE EMPLOYEES

By Kori Schneider, California Employers Association (SDDS Vendor Member)

If you already offer your employees a workplace retirement plan, this article may be one you want to skip and forward on to any business owners you know who do not offer their employees a retirement program.

The CalSavers Retirement Savings Program is a state-run retirement savings program designed specifically for private-sector employees who work for an employer that DOES NOT offer a retirement program. Continue reading to learn more about CalSavers including deadlines, employer responsibilities, and employee information.

Deadlines

If you have fifty (50) or more employees, and do not offer a qualified retirement plan to your employees, we hope you already registered with CalSavers. The deadlines were 9/30/2020 for businesses with over 100 employees, and 6/30/2021 for businesses with over 50 employees. If you didn't meet your deadline, contact CalSavers to get up to speed and in compliance with the law, today.

All California employers with five or more employees, who do not offer a qualified workplace retirement savings plan, are required to register (or certify as exempt) with the CalSavers Retirement Savings Program by June 30, 2022 to avoid penalties.

Businesses with locations in California should have received notices from CalSavers to register or certify an exemption for the company. The link to the CalSavers website to register or to claim an exemption is employer.calsavers.com.

Auto Enrollment

CalSavers will auto-enroll employees in a standard savings and investment election after an employer provides them with their payroll list. Employees can customize their savings amount and investment preferences. Employees may also choose to opt-out of the program. CalSavers is administered by a private-sector financial services firm and overseen by a public board chaired by the State Treasurer.

For more information, check out CEA's Fact Sheet, CalSavers What Employers Need to Know. Additional information can be found on the CalSavers website including info on setting up your account.

If you would like to establish your own qualified workplace retirement savings plan, in lieu of registering for CalSavers, you must do so and have the plan in place by June 30, 2022. CEA has Financial Services Partners that can help you with that process.

DENTAL BOARD WARNS CALIFORNIA LICENSEES OF IMPOSTER CALLS IN PAYMENT-DEMAND SCAM

A scam targeting dentists is flaring up again. CDA Practice Support heard last week from a member dentist whose associate received a call from a fraudster posing as a California dental board official. The caller told the associate her dental license had been suspended for suspicious drug activity in Texas and Mexico. Next, the caller might have demanded payment.

The number on the associate's caller ID was even disguised as a dental board number, but the call was fraudulent.

The scam was first detected in September 2019 leading the dental board to post a fraud alert on its website. Around that time, a local dental society told CDA Practice Support that one of its members reported receiving a call from an individual who claimed to be from the dental board. The fraudster even provided the licensee's correct license number, but the member hung up when the caller provided the incorrect NPI number.

"Board staff members or investigators will never contact licensees demanding money or payment of any form without conducting an official investigation or inquiry," the alert from the dental board states. "If you receive such a call, please refuse the demand for payment." Additionally, dentists should never disclose any personal information, such as Social Security numbers, birth dates, credit/debit card numbers and other such personal information to callers.

In the recent case of the associate, CDA Regulatory Compliance Analyst Teresa Pichay, CHPC, advised she follow the instructions in the board's alert, which state dentists should contact the board directly by phone (877.729.7789) or email (dentalboard@dca.ca.gov) to inquire if an official investigation is being conducted. The associate did so, and the board confirmed that her license had not been suspended and that she was, indeed, a victim of fraud.

If the caller appears to have a dental board telephone number, dentists are encouraged to submit an online complaint with the Federal Communications Commission.

SDDS DONATED \$40K TO THE FOUNDATION AT THE END OF 2021

DENTAL PRACTICES SHOULD TAKE STEPS TO PREVENT CYBERCRIME THREATS

CDA and TDIC have notified members that cybersecurity experts are warning the private sector of an uptick in cyberattacks as the U.S. and other countries impose sanctions and other penalties against Russia in response to its invasion of Ukraine. The federal Cybersecurity & Infrastructure Security Agency and the FBI recently issued a series of alerts warning of an increase in ransomware attacks, including through malicious software that can compromise practice systems and prevent access to schedules, billing or patient records.



Hola *from Mexico!*

By **Dr. Claudia Elizabeth Medina Gutierrez**
 Graduated from Universidad Autónoma de San Luis Potosí
 Residency in Prosthodontics
 Practices in Rioverde, San Luis Potosí, México



Nugget:
 How long have you been practicing dentistry?

Dr. Gutierrez

I have been practicing dentistry for twelve years. In Mexico, after receiving a basic education and a general degree, we directly enter the university (for dental school). I went to the Universidad Autónoma de San Luis Potosí from 2003 to 2008. After graduating from dental school, I did my year of community service, then I completed a two-year prosthodontic residency. From 2011 to date, I have dedicated myself to private practice.

Nugget:

Where do you practice dentistry?

Dr. Gutierrez

My dental office is in the city of Rioverde. It is a small city of 200,000 inhabitants and is in the interior of the state of San Luis Potosí. My office hours are Monday through Friday and a half day on Saturday.

Nugget:

What is your favorite procedure?

Dr. Gutierrez

I really like everything about aesthetic dentistry: composite fillings, ceramic veneers, and currently both surgical and prosthetic implantology. I really like my last case of a fixed prosthesis on six upper implants. The Zirconia restoration was screwed in, which eliminated the hassle of his previous removable prosthesis.



Nugget:

What is your newest and favorite dental equipment?

Dr. Gutierrez

Previously I only restored implants. I just acquired a dental implant motor and an implant milling unit. In the last two years, I completed the diploma for the surgical phase of implants. I am now able to do the whole implant case from the surgical phase to rehabilitation.

Nugget:

Has COVID affected your practice?

Dr. Gutierrez

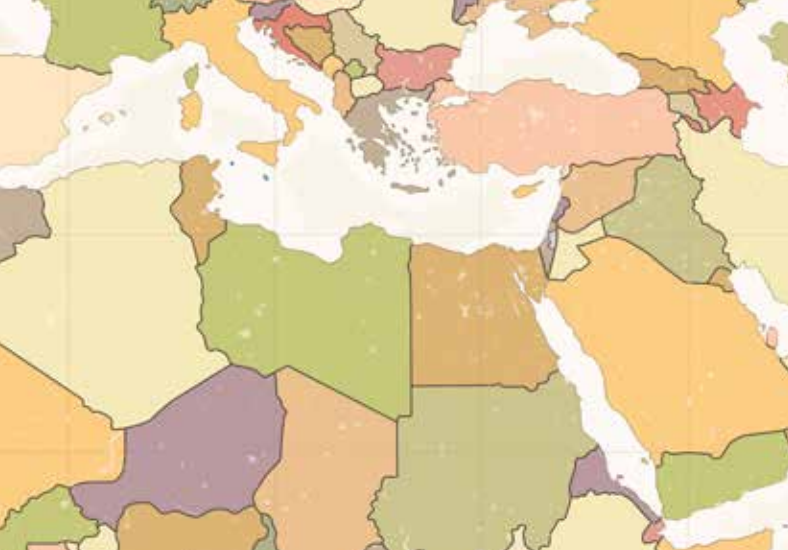
Yes, I have seen that most of my fellow dentists have been affected by COVID. When the pandemic began, all our supplies, plus what we had to incorporate as preventive measures against COVID, increased in price. Locally, the community has been affected by the drop in household income and the deterioration of the labor market. The confinement has led people to reduce their consumption of certain goods and services.

Nugget:

How do you see the future of dentistry in your community?

Dr. Gutierrez

I hope that as economic activity recovers, our professional activity will return to normal. I am glad to see that during this time, dentists have



Job Bank

The SDDS Job Bank is a service offered only to SDDS Members. It is published on the SDDS website and provides a forum for job seekers to reach other Society members who are looking for dentists to round out their practice, and vice versa. If you are a job seeker or associate seeker contact SDDS at (916) 446-1227. *For contact information of any of the job bankers please visit www.sdds.org.*

**MEMBER
BENEFIT!**

ASSOCIATE POSITIONS AVAILABLE

Sergio Vicuna, DDS • Sacramento • FT • GP
 Aaron Reeves, DDS • Elk Grove/Folsom • FT/PT • GP/Pedi
 Sean Khodai, DMD • Roseville • FT/PT • GP
 Monica Crooks, DDS • Sacramento • FT/PT • GP
 Madeline Majer, DDS • Placerville • FT/PT • GP
 Matt Hall, DDS • Sacramento • PT • GP
 Lydia Cam, DDS • Sacramento • FT/PT • GP
 Thomas Schauer, DDS • Sacramento • FT • GP
 Lorenzo Padron, DDS • Sacramento • FT/PT • GP
 Ricky Tin, DDS • Elk Grove • PT • GP
 Siamak Okhovat, DDS • Roseville • FT/PT • GP
 Kelvin Tse, DDS • Rocklin • FT/PT • Ortho
 Darce Slate, DDS • Rocklin • PT • GP
 Jason Henderson, DMD • Kings Beach • FT/PT • GP
 April Westfall, DDS • South Lake Tahoe • PT/FT • GP
 Monica Tavallaei, DDS • Sacramento • PT/FT • Peds/Ortho/Endo/OS
 Paolo Poidmore, DDS • Antelope/Auburn • PT/FT • Ortho
 Gilbert Limhengco, DDS • Sacramento • PT/FT • GP
 Monika Gugale, DDS • Sacramento • FT • GP
 Thomas Ludlow, DDS • Sacramento • PT • GP
 Jeff Summers • Kids Care Dental • Sac/Stockton • PT/FT • Oral Surgeon
 Michael Hinh, DDS • Sacramento • PT • GP
 R. Bruce Thomas, DDS • Davis • PT/FT • GP
 Amy Woo, DDS • Sacramento • PT • GP/Endo
 David Park, DDS • FT/PT • GP
 Jeff Summers • Kids Care Dental & Ortho • Calvine/Elk Grove • FT • GP/Ortho
 Elizabeth Johnson, DDS • various WellSpace locations • FT/PT/Fill-In • GP

DOCS SEEKING EMPLOYMENT

Ashish Sud, DDS • Placer County • F/T P/T • GP
 Shahram Khodai, DDS • P/T • GP
 Upasana Baidawar, DMD • F/T • GP
 Gaetan Tchamba, DDS • PT/FT • GP
 Erica Hsiao, DDS • PT • Perio
 Behdad Javdan, DDS • PT • Perio
 Bruce Taber, DDS • Fill-In • GP

attended continuing education courses, made improvements in the offices and purchased new equipment to be able to offer better care to the patients.

Nugget:

If you have children, do they say they want to be dentists?

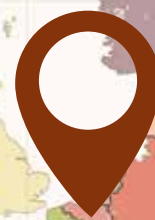
Dr. Gutierrez

I don't have children yet, but two of my nieces have told me that they want to be dentists like their aunt. ■



Bonjour

from Belgium!



By Dr. Natacha Delaunoy
Private practice in Les Bons Villers, Belgium
Hospital pediatric dentistry

Nugget:

Why did you choose a dental career?

Dr. Delaunoy:

My first choice was to be a pediatrician as I wanted to join Doctors Without Borders and treat children around the world. I did three years of medicine when my life choices changed. I switched to dentistry because it allowed me to work with children while considerably reducing my years of study. Neither my parents nor anyone in my family are dentists, doctors or even academics.



Nugget:

What are the dental education requirements in Belgium?

Dr. Delaunoy:

When I attended university, dental studies were five years at the university level. The first year was with medical and veterinary students. In recent years, a sixth year was added for internships.

Nugget:

Where do you practice dentistry?

Dr. Delaunoy:

I have both a private practice and a hospital practice. My private practice is in a rural area. I have chosen to respect the rates imposed by the government because I believe that everyone has the right to be treated at a democratic and accessible price. But it is clear that I am not rich and that I am a very bad manager. The human and relational side of practicing dentistry takes precedence for me over that of earning a lot of money. My hospital practice is in a city of 200,000 inhabitants. My hospital practice includes general anesthesia for recalcitrant little patients and autistic children.

Nugget:

Tell us about your latest procedure that you were most proud of?

Dr. Delaunoy:

This morning an autistic child allowed himself to be cared for in the dental chair

and now has the pleasure of eating without pain. The smile on this child was one of pure happiness. I felt like I contributed to his happiness. Restoring smiles is our job, but restoring them and seeing people happy is very rewarding.

Nugget:

What is your newest and most favorite dental equipment that has helped your practice?

Dr. Delaunoy:

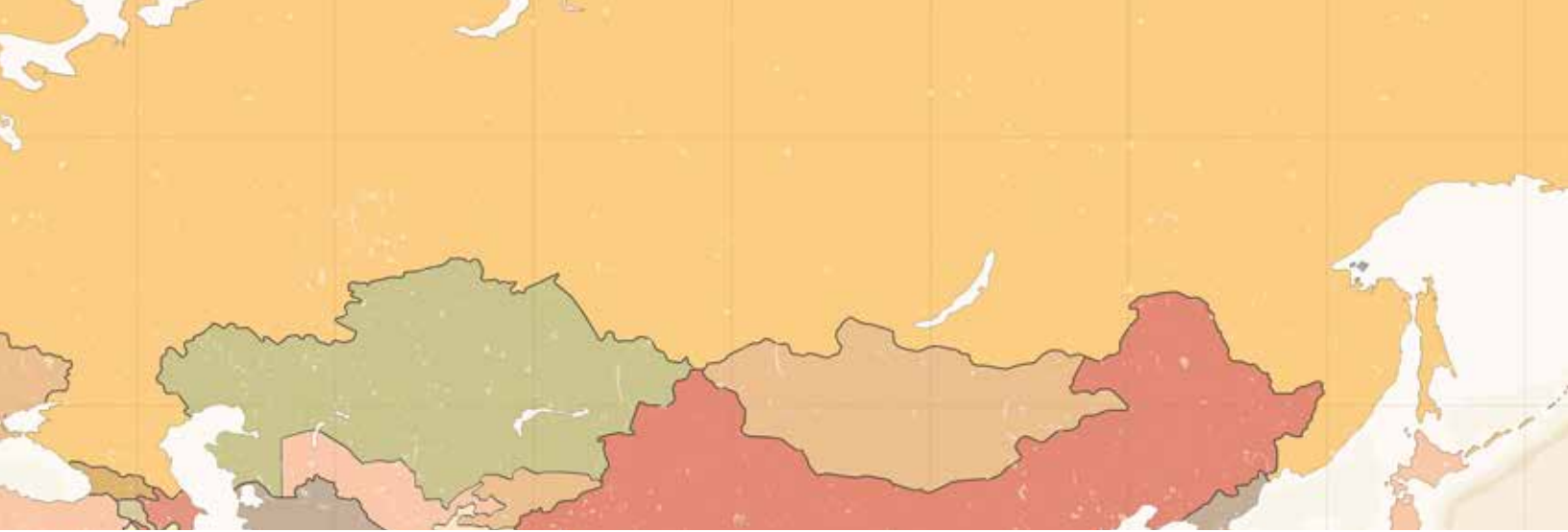
An Ultraviolet C (UVC) lamp which facilitates COVID disinfection between each patient has helped.

Nugget:

How has COVID affected your practice?

Dr. Delaunoy:

On March 13, 2020, everything stopped as we were not equipped with Filtering Facepiece masks (FFP2) and overcoats. Care in the private practice was prohibited until mid-May (2020), but emergency dental care began at the end of March with very strict protocols using more air purifiers, ventilators, and personal protective equipment. The needed equipment came at a high cost. Operatory time has increased because working in an astronaut outfit of overcoats and visors slowed us down. I extended my daily office hours because for each hour of care, thirty minutes were needed to disinfect the operatory. I had to start earlier and finish later and I had to extend office hours to Saturday. I try to do



several treatments for the patient at the same appointment. Many patients had postponed their care in 2020 which added to their needed treatment for 2021.

Nugget:

How is your community affected by COVID?

Dr. Delaunoy:

Things are going a little better with vaccination, but in Belgium vaccination is a very heated debate. It is a very sensitive subject as there are many anti-vaxxers and conspiracy theorists. Some of my colleagues have refused to treat unvaccinated patients,

but ethics prohibit this. And, one cannot say that the measures taken by the government are consistent. At a time where a little social cohesion is needed, there has been none.

Nugget:

How does the future in dentistry look in your community?

Dr. Delaunoy:

Dentistry is evolving towards more and more expensive care and not everyone has the financial means to cope with the rising costs. We are going towards a dichotomy of dental treatment: one for the rich and for the poor.

Nugget:

If you have children, do they say they want to become dentists?

Dr. Delaunoy:

I have three children aged twenty-five years, twenty years, and seventeen years. They find that the working hours of a dentist are too long and they rather have more free time in their careers. None will take over my practice. LOL. ■



G-day *from Australia!*

By Dr. Vas Scrinivasan
Orthodontist and Pilot
Practices in Sunshine Coast, Queensland, Australia

Nugget:

Why did you choose to be a dentist?

Dr. Scrinivasan:

I grew up in India. The education system in India is a methodically ranked system, where the top one percent of science students study medicine. If you were in the top two percent, you would choose dentistry. I chose dentistry in 1996 because it was relatively unknown in India, and the Indian middle class was embracing dentists and dental work better than the previous generations. None of my family members were dentists when I enrolled in dental school.

Nugget:

How long have you been practicing dentistry?

Dr. Scrinivasan:

I graduated from dental school in the year 2000. I went on to specialize in orthodontics in the year 2006, and have been in private practice ever since. I practice in Sunshine Coast, Queensland, Australia. The Sunshine Coast is around one hundred miles long and around twenty-five miles wide. The population is around 350,000 and is increasing rapidly.

Nugget:

What is your favorite procedure?

Dr. Scrinivasan:

My favorite procedure is treating impacted canines and straightening overly crowded dentition.

Nugget:

Tell us about your latest procedure that you were most proud of?

Dr. Scrinivasan:

I had a young child who was being bullied at school due to his rotated anterior tooth. They had been to another clinician who had come up with a plate. The mechanics were very complicated, and the family had not seen any positive change for months. I came up with a partial-braces technique, and in three weeks the family got the outcome they desired. The family was ecstatic, as was I.

Nugget:

What is your newest and most favorite dental equipment that has helped your practice?

Dr. Scrinivasan:

The newest dental equipment is iCAT Cone Beam Computed Tomography.





Nugget:

Share with us what your work week is like?

Dr. Scrinivasan:

I have Mondays off. On Wednesdays, Thursdays and Fridays, I'm at my flagship office. I have an hour for lunch, and most of the time I walk to my parents' place for a quick meal. On Tuesdays, I fly my team to a satellite office which is very busy.

Nugget:

Wait, you fly to your satellite office? Are you the pilot?

Dr. Scrinivasan:

Yes, I'm a fully certified pilot, and own my aircraft. Overall, it is an awesome way to work.

Nugget:

Has COVID affected your practice?

Dr. Scrinivasan:

Initially for two to three weeks, COVID did cause some reduction in patient numbers here in Australia. Suddenly, it became evident that people could not spend their income in restaurants, planes, or holidays and were

spending it on dentistry. This caused a huge boom in our practice. We have grown by around thirty percent in the last two years.

Nugget:

How is your community affected by COVID?

Dr. Scrinivasan:

We have been very lucky not to have any COVID cases for more than a year in my area. Closed borders even within the country meant that we could continue to operate our business without any cause for concern. Recently omicron has spread quickly, but very few people are struggling, because more than 92% of our population has been vaccinated.

Nugget:

How does the future in dentistry look in your community?

Dr. Scrinivasan:

When the community spends money on their health, including dental health, it is a sign of maturity. A wealthy society shows what is important for itself. With the Olympics being awarded to our area in 2032, I expect more and more people would call



this place their home, so this should continue to improve the dental businesses.

Nugget:

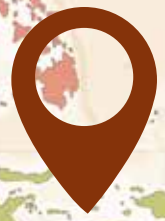
If you have children, do they say they want to become dentists?

Dr. Scrinivasan:

It is too early to tell as they are just seven and nine years of age. ■

Halo

from Indonesia!



By Anonymous

To protect the privacy of my mother, this article was contributed anonymously

To help meet the challenges of being a dentist today, I would like to share the story of my mother, a general dental practitioner originally from Indonesia who practiced the career that she loved despite facing insurmountable odds. Her life is a story of struggles and perseverance.

My family had a long ancestral history in Indonesia. My parents were third generation immigrants from China who were born in Indonesia. They spoke the Indonesian language like natives and enjoyed the Indonesian culture and food, but were known as ethnic Chinese distinguishable with a lighter complexion and historically known as the merchant community. The ethnic Chinese tended to maintain their own community, kind of analogous to the early Chinese or Asian communities here in California.

My mother's dental education was under the Dutch system as Indonesia was then a colony

of the Netherlands. Both my parents spoke fluent Dutch, which they frequently used when they were angry at the kids or wanted to discuss some private matters. In her family of ten brothers and sisters, my mother was the only one with a university education and was a favored daughter of my grandmother. In my mother's generation, a woman dentist was not unusual and most of her classmates were ethnic Chinese.

My mother loved dentistry. Her profession provided independence, respect and a good income. She started a private practice immediately after dental school and fulfilled her requirement to work one day per week at the community hospital. In our small town, there was a shortage of dentists.

Her solo practice was a busy, three-chair office. Dentistry in Indonesia then was basically amalgam fillings and extractions. She was comfortable with third molar surgical extractions as there wasn't an option of referral to oral surgeons. In the 1960's her idyllic practice, and life, were shattered by world politics.

In 1965, a political upheaval covertly instigated by United States intelligence, changed the governmental landscape in Indonesia. The ethnic Chinese were openly persecuted and scapegoated as sympathizers of Communist China. I remember having a barbeque with our native Indonesian neighbor, but following the turmoil, these

same neighbors did not want to be associated with us. Historically, the Dutch and the ethnic Chinese were higher educated and controlled the economy. For these same reasons, i.e., feelings of past exploitation, the Chinese were targeted. Most of the Dutch already had left in the 1950's. Chinese businesses were shut down, as well as Chinese schools, mine included. One day while driving past a busy street, I saw the dead body of a young Chinese man who was obviously beaten. My dad told us not to look and quickly drove off. I was seven years old.

My mother had to shut down her office. We sold our home, and faced an uncertain future.

We were a stranded family. For about two years, the grandparents sheltered us. Quietly, my father made week-long trips to the capital city of Jakarta and met with U.S. embassy officials. Luckily for us, the immigration requirements had a system of preferences and one was for professionals such as health care providers. We qualified for U.S. immigration because my mother was a dentist. The Presbyterian Church in San Francisco graciously sponsored us.

With goodbyes to our families at the airport, we left behind everything but the contents packed in seven suitcases. It was particularly a tough time for my mother. My grandmother was gravely ill and it would have been traumatic to tell her that we were leaving. Of all the siblings, my mother was

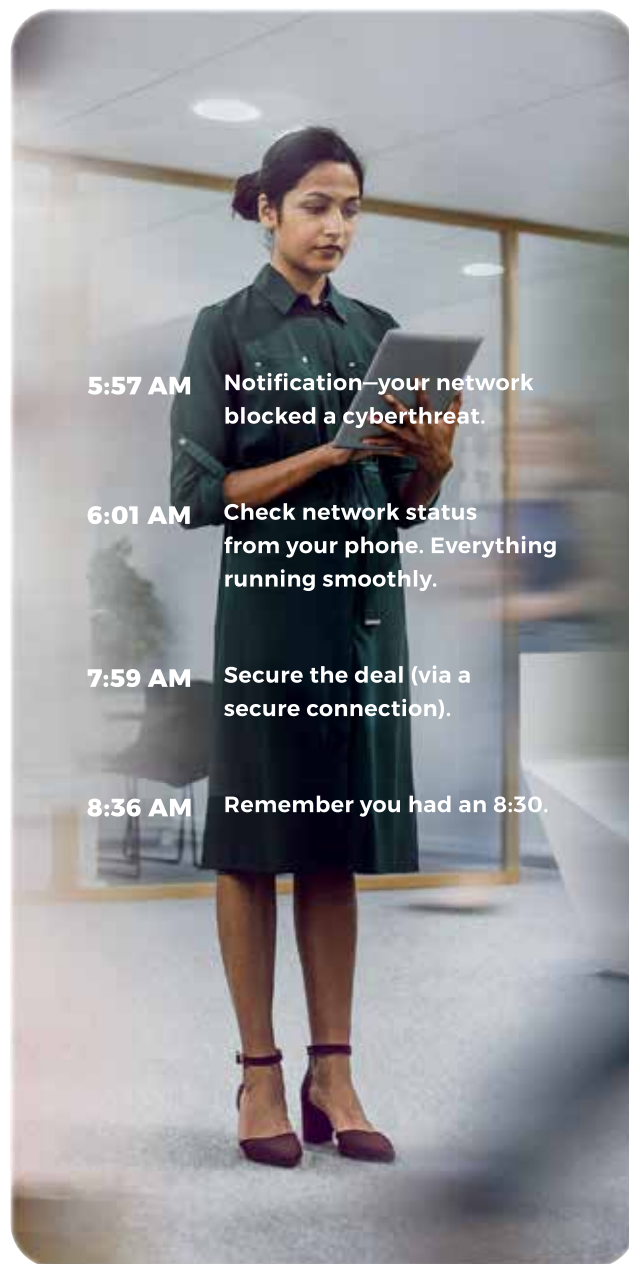




her most cherished daughter. I remember well how, a few weeks after we arrived in the U.S, my mother cried on the phone upon hearing that my grandmother had passed. We were told that my grandmother asked about my mom.

With a language issue and unrecognized past dental training, it was a challenge for my mother to qualify for the Dental Licensing Board examinations. While she enrolled in evening review courses at the University of the Pacific School of Dentistry, she worked as a dental lab technician, then as a dental insurance processor for Blue Cross/Blue Shield. She earned a dental hygiene license and worked several years as a hygienist while continuing her studies to pass the dental board exam. It took several tries and so when she finally passed the dental board exam and was awarded her dental license, our family was overjoyed. She was a general practitioner in Los Angeles for almost twenty years. She passed in 2009.

Indonesia is now fairly peaceful and stable. It's really a beautiful country and I would love to go back and visit. Currently, they're having a tough time with COVID too. The pandemic affects us all in this global village. With resiliency, we cope and manage and deal with consequences. My very private and unassuming mother would have been thrilled to know that just one dentist was inspired by her life story and to realize how worthy of a profession dentistry is. ■

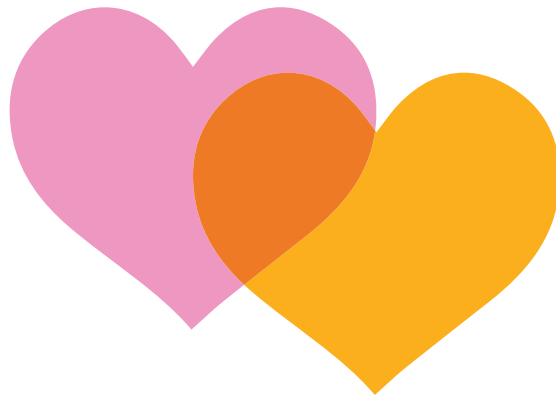


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Love Being Back

The 41st Annual MidWinter Convention & Expo



535 *Attendees*

Doing this since 1995, the oral cancer speech by JoAnne was as good as it gets!
An eye opening experience.
– Victor Fong, DMD



1136 *Cups of Coffee*

Food was so good; all speakers were amazing. Walking away with more knowledge, actually didn't want to fall asleep! – Gina Benson, Pacific Street Dental

Beautiful remodel. The best appetizers and convention I've ever been to. – Dave Olson, Olson Construction Inc.



163 *Exhibitor* REPRESENTATIVES



Excellent lunch, informative and good refresher courses.
– Barbie, RDH from Dr. Paul Denzler's office

I wanted to extend a big thank you for a fabulous event!
My counterpart and I had our best year yet! – Laura, GSK

160 *Dentists* 375 *Staff & Team Members*

30 *Classes* 19 *Speakers*



Vape class, Millennials, food was great, the setup was amazing.
– Crown Dentistry

It's Time For... SDDS ELECTIONS

NOTICE OF ANNUAL MEETING & ELECTIONS

Elections will be held at the **May 10, 2022** General Meeting

The Leadership Development Committee is tasked with guiding the future of SDDS by evaluating and nominating leaders for our organization. The committee met in the first quarter of 2022 and considered a very strong slate of candidates. We are pleased to report that the outlook is good with the following members listed below being nominated for 2022. SDDS is only as good as its volunteers and we appreciate all who give back to our organization.

Volki Felahy, DDS (Chair of the Leadership Development Committee)



SOCIETY SLATE OF NOMINEES

SDDS EXECUTIVE COMMITTEE

To be Elected:

President: Lisa Dobak, DDS

President Elect/Treasurer: Ash Vasanthan, DDS, MS

Secretary: Nima Aflatooni, DDS

Immediate Past President: Wesley Yee, DDS

BOARD OF DIRECTORS

Continuing (2022-2023):

Craig Alpha, DDS

To be Elected

(2nd Term, 2023-2024):

Jeff Sue, DDS

Kart Raghuraman, DDS

To be Elected

(New, 2023-2024):

Chirag Vaid, DDS

Stephanie Sandretti, DDS

Eric Grove, DDS

DELEGATES TO THE CDA HOUSE

To be Elected:

Jeff Sue, DDS (2022-2023)

Kart Raghuraman, DDS (2022-2023)

Stephanie Sandretti, DDS (2022-2023)

Lisa Laptalo, DMD (2022-2023)

Continuing:

Volki Felahy, DDS (ExComm)

Wesley Yee, DDS (ExComm)

Lisa Dobak, DDS (ExComm)

Ash Vasanthan, DDS, MS (ExComm)

Nima Aflatooni, DDS (Secretary elect)

Viren Patel, DDS (SDDS BCR Rep)

Hana Rashid, DDS (2021-2022)

Bryan Judd, DDS (2021-2022)

Margaret Delmore, MD, DDS (2021-2022)

Eric Grove, DDS (2021-2022)

FOUNDATION SLATE OF NOMINEES

Election Will Take Place in September

SLATE COMING IN THE MAY/JUNE NUGGET





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Board Report



Ash Vasanthan, DDS
Secretary

March 1, 2022

Highlights of the Board Meeting

President Call to Order and Welcome

Dr. Wes Yee called the meeting to order at 6:01pm. Dr. Yee spoke about how the MidWinter Convention was a success with the “back in person” after two years. There was much discussion about the how excited people were to be in person and how vendors were thrilled to be there. Rave reviews and thanks to everyone who attended – 535 people attended (doctors and staff)!

Secretary's Report

SDDS market share is still above 81%. Dues final due date is March 31st. Next year dues will be final and payable on or BEFORE January 31st. The EFT monthly payments continue to increase as a mode of payment for membership.

Treasurer's Report

Dr. Yee, 2021 Treasurer, reported on the final year end – it was a great year! He discussed the exciting info about how much we appreciate the support of our vendor members, whose support helps our non dues revenue part of our budget. Highlights of the 2021 FYI included:

- PPP received and forgiven, as well as ERC and Lendistry grants
- The SDDS inventory for oral health supplies was donated to our SDDS Foundation (value of \$72k)
- COVID restrictions in Q1-2 still prevented in-person programs and pivoting helped to continue our programs; In September we opened up our general meetings and attendance is back to pre-COVID numbers, averaging 150-200 attendees
- Week of Webinars in February 2021 (instead of MidWinter) was very successful

- Our conservative investments performed well but we should expect a market correction in 2022 (and we are seeing that now!)
The Board voted to transfer \$20k each our building and operating reserve funds this year
- The Board voted to approve the final fiscal year-end report

Action Items

LDC report – Dr. Felahy discussed the list of nominations / nominees and shared that he was humbled by how much response he got from the future leaders and read out the list and everyone was thrilled. The Board approved the slate and will move forward with elections.

Old Business

- MidWinter Final report for February 2022 Convention – Our goal this year was to come back together in person and that we did! Attendance was above our expectations and the EXPO sold out with 75 exhibitors. Thanks especially to our wonderful sponsors who helped offset the constantly rising costs of putting on this mega event; we couldn't have done it without their help. We were blessed with nearly \$100,000 in sponsors this year.
- September General Meeting Lab Throwdown plans – Dr. Dobak is looking for three speakers to throw down the lab topic: conventional (traditional impressions), hybrid (scan and send to the lab) and In Office Milling (do it all in office).
- 2023 GM speakers and program – Dr. Vasanthan is working on some great ideas for the 2023 General Meeting programs. Topics that are business oriented will be included in the Business Forums. The DMD program will be announced in April.

Committee Reports

All committees and task forces have met in the first quarter and will continue their work, presenting progress to the Board in May. Lots of great work and ideas happening.

New Business... New Ideas - Projects For The Year

- BCR / Bylaws revisions – The SDDS representative to the CDA Board of Component Relations (BCR) was discussed regarding Board, Ex Comm, and voting. It was proposed that the BCR Representative will be slated by the LDC and elected by the SDDS Board; it will be a 2 year term and a voting member of both the Board and the Executive Committee. The SDDS Bylaws will be revised to reflect these changes. Congratulations to Dr. Viren Patel, our BCR representative. And he has been elected by his peers as the Chair of the BCR and will be a voting member of the CDA Board of Directors in this capacity.

Executive Director's Report

Cathy reported on vendor members, golf tournament excitement, staffing changes and plans for the next months – please plan to attend the River Cats game in June!

Adjournment

The meeting was adjourned at 9:00pm

May 3, Sept 6, Nov 1 at 6pm

JOIN US FOR THIS CONTINUING EDUCATION COURSE!

String of Dental Pearls – Right in Our Own Backyard

Presented by Richard Jackson, DDS; Aneel Nath, DDS; Jenny Apekian, DDS; Inderpal Sappal, DDS and Greg Adams, DDS, MS

Richard Jackson, DDS - Oral Surgery Complications

If you do oral surgery, you will have complications! Complications are normal. This lecture will cover prevention and management of complications such as alveolitis, infection, bleeding, and more.

Greg Adams, DDS, MS – Orthodontic and Restorative Treatment Augmentation

Jenny Apekian, DDS - Facially Generated Treatment

Planning in the Digital World Discover the benefits of using digital photography and intraoral scanning to create a reproducible workflow for full mouth/full arch rehabilitation and cosmetic cases.

Aneel Nath, DDS - Extraction and Ridge Preservation, Techniques and Tips

This presentation is designed to aid the general dentist in extraction and bone grafting techniques in order to preserve the ridge for future implant placement. We will discuss flapless extractions, and how to manage a flap when necessary, which bone grafting material to choose and when a biologic modifier may be of benefit, as well as membrane selection.

Inderpal Sappal, DDS - Irrigation in Endodontics

Advancements in the endodontic armamentarium over the last decade have allowed for improvements in canal debridement and dentin conservation. This lecture will explore current concepts in access design and canal irrigation to maximize the effectiveness of endodontic therapy.

Friday, April 29, 2022

8am: Registration & Breakfast
8:30am-3pm: Class
6 CEU, Core • \$179

SDDS Classroom:
2035 Hurley Way, Suite 200
Sacramento, CA 95825

From all aspects of dentistry, this CE course gathers together SDDS member dentists who will present pearls for the general practitioner as well as specialists.

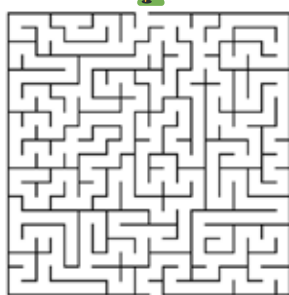


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Are you participating in the Swing for Smiles Golf Tournament?

The SDDS Foundation's Annual Golf Tournament is coming up on May 6th. This year we are going to be playing at Ancil Hoffman Golf Course in Carmichael. It will be a great new course to test your golf skills with your friends and colleagues!

We'd love to have you plan to play, invite your friends (dentists and non-dentists) for a day of golf, fun and games, and camaraderie - all to support the Foundation! Here are the ways to support the golf tournament:

- Put a foursome together – invite your dentist and/or nondentist friends to introduce them to our Foundation
- Sign up as a single – we'll put you with a fun foursome

- Sponsor a tee or green – if you aren't able to attend yourself
- Donate a raffle prize
- Be a sponsor - lots of great sponsorship opportunities still available

The golf tournament includes breakfast and lunch, snacks and libations from the sponsors on the course and loads of fun.

Please sign up for his awesome annual event

(the signup form is included as an insert in this issue). It's sure to be a great time and, best of all, it supports our wonderful Foundation and all the great projects it does for our community! ■



**THURSDAY,
MAY 19, 2022**

TOOTSIE

Call it TOOTSIE! This laugh-out-loud love letter to the theatre tells the story of a talented but difficult actor who struggles to find work until one show-stopping act of desperation lands him the role of a lifetime. "In these turbulent times, when the world seems out of balance, we need a place to let the good times roll," raves Rolling Stone. "TOOTSIE is it!"



**THURSDAY,
SEPTEMBER 22, 2022**

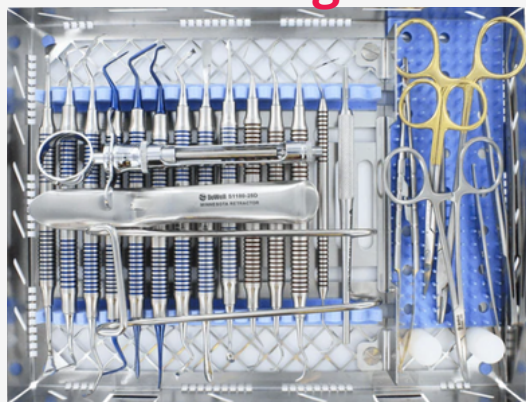
COME FROM AWAY

This New York Times Critics' Pick takes you into the heart of the remarkable true story of 7,000 stranded passengers and the small town in Newfoundland that welcomed them. Cultures clashed and nerves ran high, but uneasiness turned into trust, music soared into the night, and gratitude grew into enduring friendships. On 9/11, the world stopped. On 9/12, their stories moved us all.

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Michele Tan

ph: (916) 904-4267
michele.tan@hiossen.com



Jeffrey Kwong, DDS, MS
Chair, Legislative Committee
California Association of Orthodontists

Do You Have 5 Minutes to Help Protect Patients?

As chair of the Legislative Committee for the California Association of Orthodontists, I'm actively involved in educating lawmakers on the harmful outcomes that can be associated with non-doctor directed movement of teeth. As a fellow dentist in California, I share the concerns I hear voiced from colleagues about how often direct-to-consumer aligner cases are not diagnosed properly or are not overseen to ensure that treatment is progressing as expected, and the lack of informed consent for patients.

As we see patients who have experienced outcomes that do not meet their expectations or, even more troubling, outcomes that are actually worse than the problems they began treatment to address, we need your help to ensure adequate protections are enacted to prevent this type of patient harm. There are two simple ways we can make a difference:

1. Encourage your patient to report their treatment experiences to the Dental Board of California using the complaint form found at https://www.dbc.ca.gov/formspubs/form_complaint.pdf
2. Report your assessment of the patient encounter using the BRIEF form (it will take you less than 5 minutes). Please use the below QR code to provide the information.



The passage of future patient protection legislation is likely contingent upon us having data to substantiate how and how many DTC aligner patients are being affected, so participation from ALL dental professionals—generalists and specialists alike—is needed in order to provide an accurate and comprehensive picture.

Please commit now to being part of this process. Our collective success depends upon YOU!

SDDS Committee Opportunities

ARE YOU INTERESTED IN JOINING A COMMITTEE?

SDDS has many opportunities for you to give back to your profession. We need you to get involved; and we will make it easy for you to participate! Email us at sdds@sdds.org to let us know you're interested!

2022 SDDS Committee Schedule

Standing Committees

CPR Committee

Work Completed

Nominating/Leadership Development

TBA

Advisory Committees

Continuing Education Advisory

May 16

Mass Disaster/Forensics Advisory

Apr 20

Nugget Editorial Advisory

May 16 • Sept 20

Strategic Plan Advisory

TBA

Budget and Finance Advisory

TBA

Oral Health/Prop 56 Initiatives

Apr 8 • Oct 7

Bylaws Advisory

TBA

Legislative Advisory

Schedule as needed

Task Forces

Fun & Games

Apr 18

New Member/New Dentist

Apr 18

GMC Elimination/CalAIM Transition

Apr 25

Social Media

May 16

Non Members

TBA

Practice Transitions

May 2

Other

SacPAC

Fall

CDA House of Delegates

Nov 11-12

Leadership

Board of Directors

May 3 • Sep 6 • Nov 1

Executive Committee

Aug 12 • Oct 7

Foundation

Foundation Board

Apr 27 • Sep 20

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YOU

THE DENTIST, THE EMPLOYER

YOU ARE A DENTIST. You are also an employer. Employee evaluations, hiring and firing, labor laws and personnel files are an important part of that. This monthly column, will offer current employment law information pertinent to you — the dentist, the employer.

**MEMBER
BENEFIT!**

HR Hotline – One Of The Top SDDS Member Benefits But... DO. YOU. USE. IT?

By **California Employers Association** (SDDS Vendor Member)

SDDS HR Hotline
NEW EXCLUSIVE NUMBER
FREE TO SDDS MEMBERS!

888.784.4031

We had another amazing year on the SDDS HR Hotline! Did you consider picking up the phone but thought, “I’m sure no one else has this problem, I’ll just figure it out myself or it will just go away.” Then, did you spend hours and hours trying to figure it out or worrying about the issue?

Well, at the HR Hotline you could have saved you a lot of stress and worry. Our hotline received nearly a call a day – not that much but 341 calls for the year. (And in 2020 with all the back to work COVID questions, it was a record year with over 600 calls.)

Are you not familiar with the SDDS HR Hotline? As a member of the Sacramento District Dental Society (SDDS), you have FREE access to the HR Hotline, powered by the California Employer’s Association (CEA). Anytime you have an employee related problem, between Monday – Friday,

from 8:00am to 5:00pm, just pick up the phone and receive the support you need and a fast solution to your human resource problem at NO CHARGE! Not near a phone or have a question after hours? You can also email us at ceainfo@employers.org and submit your question via email. We will get back to you ASAP.

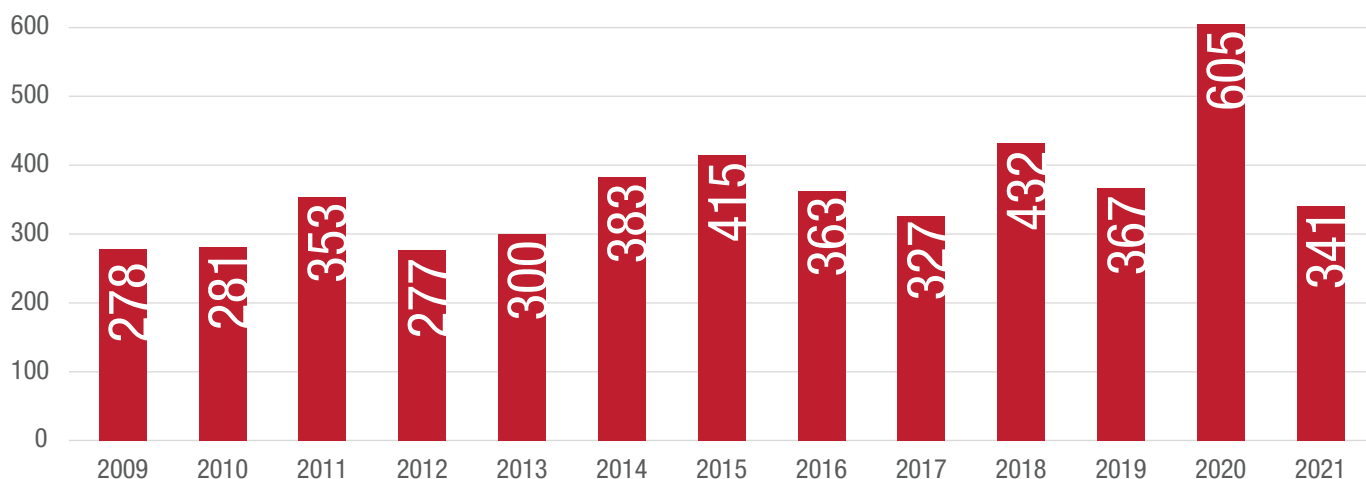
What are people calling about?

SO many topics are causing employers sleepless nights – here’s a sample of just a few...

- California’s new paid sick leave program and handbook policies
- Leave of absence issues
- Wage and hour/EDD issues
- Hiring and Firing issues
- Return to work issues with employees

Your calls are confidential and the hotline staff is here to help YOU, the employer. They give you sound, customized HR advice so you can make the decisions that make the most sense to you and your business.

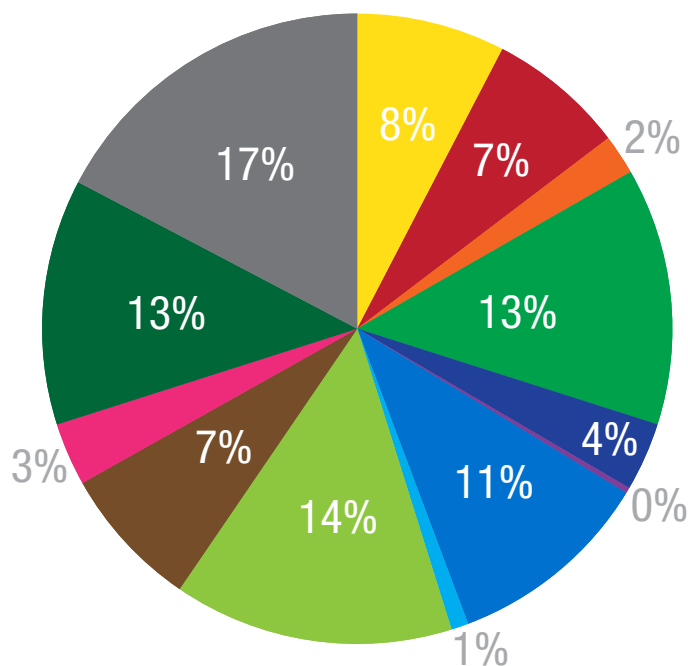
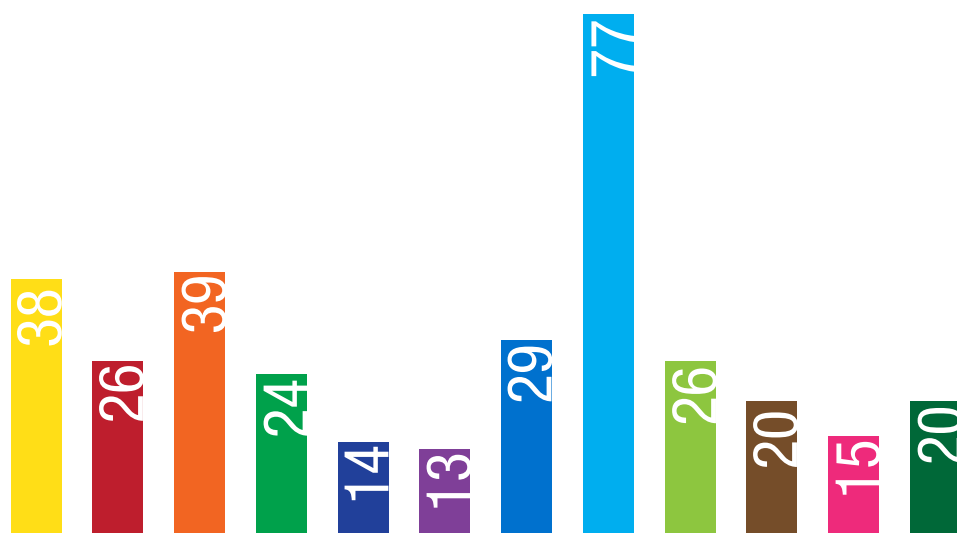
So don’t stress! Give us a call today or send us an email and we can help you with your HR questions and you can focus on doing what you are great at doing – being a dentist! Simply call the HR Hotline at 888.784.4031 and identify yourself as a member of the SDDS. Give us a call so we can start making your life easier, today! ■



YEAR TO YEAR COMPARISON

341

Calls received in 2021
from Our SDDS Members



Calls Received About These Issues

- | | |
|--------------------|----------------------|
| Benefits | Poster/Records/Forms |
| Employee Relations | Surveys/Outreach |
| EDD/UI/DLSE | Termination |
| Handbooks/Policies | Training |
| Hiring | Wage & Hour |
| Investigation | Work Comp/OSHA |
| ADA/Leave Laws | |

Upcoming HR Webinars Presented by CEA

One hour online and audio seminar, you will only need a telephone, cell phone and/or computer (computer not required). All you need to do is dial, listen and ask questions if you desire. Sign up online at sdds.org.

Hire Slow/Fire Fast

Wednesday, April 27th • 12-1:30pm
1.5 CEU, 20%

Conflict Management: Fierce & Crucial Conversations

Wednesday, May 25th • 12-1:30pm
1.5 CEU, 20%

Leave Laws for Dental Offices

Wednesday, June 15th • 12-1pm
1 CEU, 20%

Upcoming Harassment Prevention Training Webinars

August 4, 2022

For Supervisors 9:30–11:30am
For Employees 12–1pm

December 1, 2022

For Supervisors 9:30–11:30am
For Employees 12–1pm

TOTAL MEMBERSHIP

(as of 3/16/22:)

1,862

MARKET
SHARE:
81.1%

RETENTION RATE: 99.5%
ENGAGEMENT RATE: 76%

TOTAL ACTIVE MEMBERS:
1,382

TOTAL RETIRED
MEMBERS: 347

TOTAL DUAL
MEMBERS: 6

TOTAL AFFILIATE
MEMBERS: 12

TOTAL STUDENT
MEMBERS: 47

TOTAL CURRENT
APPLICANTS: 6

TOTAL DHP
MEMBERS: 62

TOTAL NEW
MEMBERS FOR 2022: 16

New Members

April
2022

CHRISTOPHER JACOBSEN, DMD *Welcome Back!* General Practice

Dr. Jacobsen earned his dental degree in 2018 from Roseman University of Health Sciences. His current practice location is pending.

DURWOOD SPENCER, DDS *Transfer!* General Practice

Dr. Spencer earned his dental degree in 1989 from UOP Arthur A. Dugoni School of Dentistry. He currently practices at Warm and Gentle Dental in Auburn.

Pending Applicants:

Daniel Loveland, DDS
Omar Al Ameen, DDS
Amy Kiesselbach, DDS—Returning
Don Phipps, DDS—Returning
Ramona Rivera, DDS—Returning
Nicole Shanklin, DDS—Returning

Student Members:

Nazanin Abdehoo
Zahraa Abdullabas
Hamid Ahmed
Behnaz Almasi Naghash
Ranna Alrabadi
Hessam Alsharifi
Antonina Borisov
Ilbert Bourang
Nathan Chan
Owen Chen
Tai Dang
Abigail Daniluc
Dikran Diarian
Sukhpreet Dosanjh
Neda Emami

Student Members con't:

Rakan Fawakhiri
Andrew Galang
Aron Glodowski
Jalmeen Jhaj
Simranjit Kaur
Aleena Khan
Sarah Ko
Conrad Lemon
Olivia McDowell
Mahgol Mehranpour
Jaskiran Nat
Ryan Ngo
Jerry Nguyen
Sang Park
Jasraj Sandhu
Ali Shahcheragi
Navdit Sidhu
Justin Sue
Bohkyeong Suh
Dara Taghvaei
Kevin Tang
Ethan Teng
Marcus Tran
Sarah Valentine

Congratulations to Our New Retired Members!

Mark Abel, DDS
George Kingsley, DDS
David Lehman, DDS
Jennifer Goss, DDS
Anthony Digiorno, DDS
Steve Casagrande, DDS
Jennifer Mathisen, DDS, MSD



In Memoriam

Dr. Robert Dorian passed away in February 2022 at age 94. He was a member of SDDS since 1951 practicing on Elvas Avenue.

He loved the Sacramento District Dental Society and we will miss him stopping in to say “hi” while on his way to the Bridge Center to play bridge – across the hall.

WELCOME

to SDDS's
new members,
transfers and
applicants.

IMPORTANT NUMBERS:

SDDS (doctor's line) (916) 446-1227
ADA (800) 621-8099
CDA (800) 736-8702
CDA Practice Support . . (866) CDA-MEMBER
(866-232-6362)

TDIC Insurance Solutions . (800) 733-0633
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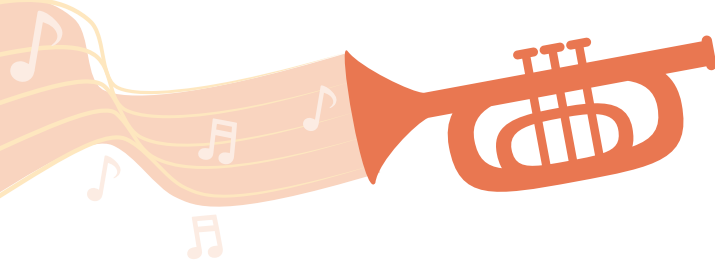
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Congratulations to...

Wallace Bellamy, DMD, on being elected to serve as a Director on the CDA Board. He also serves on the National Dental Association.

California Northstate University College of Dental Medicine Staff and Students on being introduced at our March General Meeting! These students are the inaugural class at the school! **(1)**

Dr. Don Liberty on recently being promoted to Colonel in the US Army Reserve!

LET US KNOW YOUR NEWS!

Send us your news to sdds@sdds.org to let everyone know about the great things that are happening!



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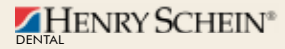
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Since 2021

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N&R Publications
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Since 2020

Advertiser INDEX

Dental Supplies, Equipment, Repair

Vendor Member	Analgesic Services Inc.	36
Vendor Member	Anutra Medical	36
Vendor Member	Desco Dental Equipment	29, 36
Vendor Member	Henry Schein Dental	36
Vendor Member	Hiossen	27, 36
Vendor Member	Patterson Dental	36
Vendor Member	Straumann US, LLC	36
Vendor Member	Zest Dental Solutions	36

Dental Laboratory

Vendor Member	Dental Masters Laboratory	36
Vendor Member	NEO Dental Laboratory	36

Dental Plans/Programs

Vendor Member	Access Dental Plan	37
Vendor Member	Health Net of California	37
Vendor Member	LIBERTY Dental Plan	37
Vendor Member	Medi-Cal Dental Program	37

Dental Practice

Vendor Member	Kids Care Dental and Orthodontics	36
---------------	-----------------------------------	----

Education

Vendor Member	The Foundation for Allied Dental Education	36
Vendor Member	IBS Implant & Academy of Minimally Invasive Implantology	36

Financial Services

Vendor Member	Banner Bank	34, 37
Vendor Member	Fechter & Company	37
Vendor Member	First Citizens Bank	37
Vendor Member	First US Community Credit Union	37
Vendor Member	Merrill Lynch a bank of America Company	37
Vendor Member	MUN CPAs	37
Vendor Member	Thomas Doll	37
Vendor Member	Sierra Ridge Wealth Management	37
Vendor Member	Trek Financial	37
Vendor Member	US Bank	37

Human Resources & Legal

Vendor Member	BPE Law Group	36
Vendor Member	California Employers Association (CEA)	36

Insurance Services

Vendor Member	TDIC & TDIC Insurance Services	23, 36
---------------	--------------------------------	--------

IT & Dental Billing

Vendor Member	SD Reliance Management	4, 37
---------------	------------------------	-------

Office Design & Construction

Vendor Member	GP Development Inc.	10, 36
Vendor Member	Olson Construction	36

Practice Sales

Vendor Member	DDSmatch	36
Vendor Member	Henry Schein Financial	4
Vendor Member	Integrity Practice Sales	36
Vendor Member	Professional Practice Sales	36

Practice Management

Vendor Member	Adams Dental Consulting	10, 37
Vendor Member	B & W Compliance, Inc.	29, 37
Vendor Member	PCIHIPAA	37

Retirement Planning

Vendor Member	California Dentists' Guild	37
---------------	----------------------------	----

Technology Services

Vendor Member	Comcast Business	19, 36
Vendor Member	TEKagogo	25, 36

Publications

Vendor Member	N&R Publications	37
---------------	------------------	----

Staffing

Vendor Member	Resource Staffing Group	33, 37
Vendor Member	Swiss Monkey	37

Waste Management Services

Vendor Member	Star Refining	36
---------------	---------------	----

Volunteer opportunities

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VOLUNTEERS NEEDED: Doctors to "adopt" patients for Smiles for Kids for follow-up care.



TO VOLUNTEER, CONTACT:

SDDS office (916.446.1227 • smilesforkids@sdds.org)

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TO VOLUNTEER, CONTACT:

SDDS office (916.446.1227 • sdds@sdds.org)

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TO VOLUNTEER, CONTACT:

Dr. Steve Holm (916.425.6766 • sholm@goldrush.com)

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TO VOLUNTEER, CONTACT:

Kathi Webb (916.743.5351 • kwebbft@aol.com)

CCMP (COALITION FOR CONCERNED MEDICAL PROFESSIONALS)

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TO VOLUNTEER, CONTACT:

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For More Information: everyoneforveterans.org/for-dentists.html

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Kids Care Dental & Orthodontics seeks orthodontists to join our teams in the greater Sacramento and greater Stockton areas. We believe when kids grow up enjoying the dentist, healthy teeth and gums will follow. As the key drivers of our mission—to give every kid a healthy smile—our dentists, orthodontists and oral surgeons exhibit a genuine love of children and teeth. A good fit for our culture means you are also honest, playful, lighthearted, approachable, hardworking, and compassionate. Patients love us...come find out why! Send your resume to talent@kidscaredental.com. 06-7/17

WELLSPACE HEALTH ORGANIZATION (an FQHC) is taking applications for fill-in/part-time/full-time dentists. Send your resume/CV to eljohnson@wellspacehealth.org. 01/15

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PRACTICES FOR SALE



South Sacramento 3-op fully equipped facility for sale. Doctor's office, waiting room, bathroom and sterilization area. Mounted X-rays, built-in cabinetry, and sink in each op. The building is all medical/dental. Sacramentodmd@gmail.com 4/22c

Unique Partnership opportunity in a Sacramento Pacific Dental Service General Practice. Ten operatories, Oral Surgeon, Periodontist and Endodontist on premises. Eight hygiene days/week. 2.6 million collected in 2021. Contact: bennett.tim51@gmail.com 4/22c

Omni Practice Group has several listings in the Sacramento area:

Amazing south Sacramento County growth opportunity practice. High visibility location. Underserved community and 6 operatories. (CAD125).

Elk Grove practice with a great reputation, 4 fully equipped ops, growing collections, and customer base. Highly desirable medical building, over \$800k in annual collections. (CAD124).

For more information, contact Chris Barbour (#2135925) at chris@omni-pg.com or call (916) 792-5038. 4/22

Selling your practice? Need an associate? Have office space to lease? SDDS member dentists get one complimentary, professionally related classified ad per year (30 word maximum).

For more information on placing a classified ad, please call the SDDS office at 916.446.1227 or visit <http://www.sdds.org/publications-media/advertise/>

FOR LEASE



Pocket area of Sacramento, (Greenhaven). 1550 square feet for rent in 12,000 square foot professional building with other dentists. 4 operatories plumbed and ready, all with great outdoor views. Rent of \$2,500 per month includes all utilities, and use of common area suction and compressor systems. Please call (916) 421-3821. 4/22

Leasehold improvements and equipment. NEW LISTING: Carmichael, CA. Park Professional Center. High quality, built-out, 3 exam room suite. Current dentist is relocating to a larger suite. Reasonable rent. (510) 332-8442. 12/21

Move-in ready dental suites in Citrus Heights, Sacramento & Lincoln; Roseville dental/orthodontist space; Purchase Opportunities available; Ranga Pathak (916) 201-9247; Email: ranga.pathak@norcalgold.com; Broker Associate, RE/MAX Gold, DRE01364897. 08-9/21

Greenhaven Dental Office For Lease. Professional Dental Building 930 Florin Road Ste 100. 1,396 S.F. \$1.85 PSF Plus Utilities. Contact agent (916) 443-1500 CA DRE Lic. #01413910 11/20

SACRAMENTO DENTAL COMPLEX has one 3 unit suite which is equipped for immediate occupancy. Two other suites total 1630 sq. ft which can be remodeled to your personal office design with generous tenant improvements. 2525 K Street. Please call for details: (916) 448-5702. 10/11

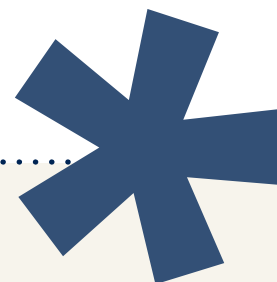
SDDS member dentists can place one classified ad

FOR FREE!

MEMBER BENEFIT!

ADDRESS SERVICE REQUESTED

SDDS CALENDAR OF EVENTS



APRIL

- | | | |
|--|--|---|
| <p>6 CPR—AHA BLS Blended Learning Skills Testing, 3 Time Sessions
4 CEU, Core / 6–6:45pm,
7–7:45pm, 8–8:45pm
SDDS Office</p> <p>12 General Membership Meeting
The State of the Dental Practice
<i>Anders Bjork, Vice President, Strategic Intelligence and Analytics; CDA</i>
Hilton Sacramento Arden West
3 CEU, 20% / 5:45pm Social /
6:45pm Dinner & Program / In-person</p> | <p>14 Dentists Do Broadway
Wicked</p> <p>20 Continuing Education Course
Forensic Odontology for the Dental Professional: It's Not Always a "Grave" Situation
<i>Mark Porco, DDS</i>
2 CEU, Core / 6:30–8:30pm / In-person</p> <p>26 Business/Practice Management Forum
Own Your Practice VS Your Practice Owning You
<i>Melinda Heryford, MBA</i>
2 CEU, 20% / 6:30–8:30pm / In-person</p> | <p>27 HR Webinar
Hire Slow/Fire Fast
<i>California Employers Association (SDDS Vendor Member)</i>
1.5 CEU, 20% / 12–1:30pm / Webinar</p> <p>29 Continuing Education Course
String of Dental Pearls
<i>Richard Jackson, DDS; Jenny Apekian, DDS; Aneel Nath, DDS; Inderpal Sappal, DDS; and Greg Adams, DDS, MS</i>
6 CEU, Core / 8:30am–3pm / In-person</p> |
|--|--|---|

For more calendar info and to sign up for courses online, visit: www.sdds.org



Swing for Smiles 2022 Is at a New Location!

Come support the Foundation at the annual Golf Tournament on May 6th at Ancil Hoffman Golf Course!



APR
12

General Meeting

3 CEU, 20% • \$75

COVID's Impact on the State of the Dental Practice - In-person

Presented by Anders Bjork; CDA

COVID-19 has impacted virtually every aspect of our lives. Dental practices were hit hard, but have survived numerous impacts to the clinical and business aspects of operating through a global pandemic. This session looks at various trends nationally and in California as dentists responded to the rapidly-changing information through the past 2 years.

5:45pm: Social & Table Clinics
6:45pm: Dinner & Program
Hilton Sacramento Arden West
(2200 Harvard Street, Sac)

TUESDAY
5:45-9PM

ARE YOU REGISTERED FOR THE GENERAL MEETING?