

get leady For Our UPCOMING EVENTS

DEC 5 Harassment Webinar • Thursday, 12-2pm • \$59

Harassment Prevention Training — For Supervisors/Employers (Webinar) (2 CEU, Core)

Presented by California Employers Association

All supervisors/employers must have two hours of harassment prevention training before January 1, 2021. Sign up today!

DEC 13 **Annual Holiday Party** • Friday, 6–11pm \$120 per person until December 3rd, \$140 after

Silent Auction • Installation of Officers • Party!

It will be a wonderful evening of cocktails, dinner, dancing, friends & fun! There will also be a silent auction for you to bid on awesome items where the proceeds benefit the Foundation.

DEC **19** **Polar Express Train Ride •** Thursday, 6:30pm \$56 per person (this event has sold out)

Enjoy hot chocolate and yummy cookies as you ride along with many of the story's characters such as the Train Conductor, the Dancing Waiters, and a ghostly Hobo. Once you reach the North Pole, the jolly old elf — Santa himself — will come aboard to give each passenger a silver sleigh bell, the "first gift of Christmas."

JAN **14** **General Meeting** • Tuesday, 5:45pm—9pm • \$75

"SDDS Talk" Night – 10 on 10, 10 Minutes, 10 Slides, 5 Speakers (3 CEU, Core)

Presented by David Roholt, DDS; Brandon Martin, DDS, MS; Jagdev Heir, DMD, MD; Alexander Antipov, DDS; Ash Vasanthan, DDS, MS

Enjoy this evening of short form and rapid-fire pearls, quick tips, tools, warnings, complications, secrets and every day, useful knowledge. We have gathered some general dentists and specialists who will share the topics of bulk fill, dual cure composites, accelerated orthodontics, guided implant placement, advanced bone grafting vs graft-less approach in dental implant rehabilitation, and steps to reduce the risk of peri-implantitis.

JAN **22**

HR Webinar • Wednesday, 12-1pm • \$59

New Employment Laws for 2020 (Webinar) (1 CEU, 20%)

Presented by California Employers Association

2020 is here and with it comes new employment laws for California Employers. Join us to learn what's new and how to comply with the most up to date laws and requirements for employers.

JAN 22 **CPR BLS Renewal** • Thursday, 6–9:30pm • \$75

For the Healthcare Provider (4 CEU, Core)

The BLS Healthcare Provider Course includes mandatory practice and testing with a one-way valve mask.

JAN **23**

Dentists Do Broadway • Wednesday, 8pm

Dear Evan Hansen at Memorial Auditorium

A letter that was never meant to be seen, a lie that was never meant to be told, a life he never dreamed he could have. Evan Hansen is about to get the one thing he's always wanted: a chance to finally fit in. Dear Evan Hansen is the deeply personal and profoundly contemporary musical about life and the way we live it. Seats are in Orchestra Pit B-C and Main Rows A-B.

JAN **29**

SDDS Cheers on the Kings • Wednesday, 4:45 Warmup Watch Experience, 7pm Tip-off

Sacramento Kings vs. Oklahoma City Thunder

Watch the Sacramento Kings take on the Oklahoma City Thunder on January 29th at Golden One Center. Great seats in section 124, lower sideline-and only \$50 a ticket! Get up close to your favorite Kings players with early access to watch pre-game warm ups. Great for all ages! Limited tickets available so act fast!

Class registration times are 30 minutes prior to the listed time, excluding General Meetings and HR Webinars



Together we can make a difference.

Our Foundation needs you!

The Foundation is the charitable arm of your dental society. This non-profit branch of your society was created to enable us to do some wonderful things for our community.

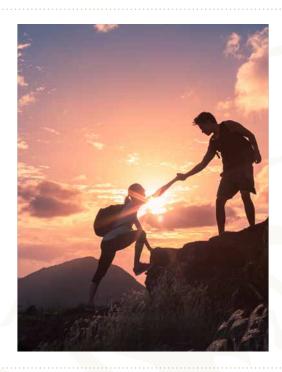
Learn about Spirit of Giving with the insert in this issue!

VOLUME 65, NUMBER 10

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Onishi, DDS; Daniel Schulze, DDS; Sylvia Urbina, DDS

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Article / series of articles of interest to the profession

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2016 • Golden Pen, honorable mention
Article / series of articles of interest to the profession

2015 • Special Citation Award, unusual concept
 2014 • Outstanding Cover, honorable mention
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MidWinter 2020 RegistrationSDDS Calendar of Events

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President's Messa



By Bryan Judd, DDS 2019 SDDS President

Thanks for a Wonderful Year!

So many good things have taken place this year. The good ship "SDDS" is still going in the right direction, and there are thank you's to go all around. As your President, this year has truly been a wonderful experience that I will cherish. I have worked with good people on the Board, at CDA, and with Cathy and her exceptional team at SDDS. I have been guided with patience and kindness from all sides.

There have been good people as President before me, and there definitely will be good people after me. Dr. Carl Hillendahl is a

capable, caring, and dedicated man who will lead us well. It has never been about me, but all about the great SDDS family who keep the ship running true and on course. I am so proud to be associated with you all. Thank you for a wonderful year.

Bryan Judd, DDS









It Has Been a Pleasure Having Dr. Judd as Our President This Past Year!

Cathy's



By Cathy B. Levering SDDS Executive Director



LEADERSHIP

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SPECIAL EVENTS

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The Nugget is an opinion and discussion magazine for SDDS membership. Opinions expressed by authors are their own, and not necessarily those of SDDS or The Nugget Editorial Board. SDDS reserves the right to edit all contributions for clarity and length, as well as reject any material submitted. The Nugget is published monthly (except bimonthly in June/July and Aug/Sept) by the SDDS, 2035 Hurley Way, Ste 200, Sacramento, CA 95825 (916) 446-1211. Acceptance of advertising in The Nugget in no way constitutes approval or endorsement by Sacramento District Dental Society of products or services advertised. SDDS reserves the right to reject any advertisement.

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Short and sweet, Really neat. My holiday ditty, I aim to be pretty.

While I love my job, Dear dentists, "our mob": You give me the cred, But our team 'butters our bread'!

This year has been great, They keep making things straight. Great events are our gig And our membership's so big.

82% market share is quite awesome... We all deserve a rose blossom! CE Programs abound And they make our budget quite round!

So, as the year nears the close, We enjoyed 'highs' (not lows!). Thanks to our volunteer peeps, Our leadership "flock of sheeps" (sic).

And to our SDDS team, Working with you all is a dream. Sofia, Meg, Rach, Jess, Noel, Anne and Jen---Thank you all, and next year let's do it AGAIN!

Happy holidays and enjoy your friends and your families!



From the Editor's



By Denise Jabusch, DDS Associate Editor

The Good in Dentistry

Commercial Building & Construction

Let's face it, dentistry is physically and mentally challenging; we have the ultimate multi-tasking profession. Our job is analogous to building an elaborate sandcastle with multiple turrets while the waves of the ocean crash and the gulls squawk above, during which we must maintain a jovial composure. It is not a job for an untalented, mono-tasker. It is tough, and our sandcastle must not only be engineered to last, it must be built on time and on budget. And yet, we, for the most part, have job satisfaction so much so that when we meet a young, undeclared

college student, we extoll the virtues of our profession. What are the stories behind the enthusiasm? Who and/or what motivates us? Admiral Robert Birtcil, a former University of California, San Francisco Clinical Professor highlights the inspirational career of the late Dr. Beverly Kodama and of the historical increase of women dental students. Captain Rebecca Ortenzio Lee chronicles the women dentists in the military and the adjustments that they made to serve their country. At a reunion of my UCSF dental alumni, I corralled my longtime friends to

share their personal stories of motivation. In light of the holiday season, this edition focuses on the "Good in Dentistry."

If you should have an inspirational story, please e-mail me at djab2020@gmail.com. We can include it in a future edition.



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YOU SHOULD KNOW

MEMBER BENEFIT

All active members will receive a free copy of the 2020 Employment Law Poster in January.

Additional posters are available for sale through SDDS for \$24.95 (member price).

Don't throw it away! Unfortunately, we will have to charge you for a replacement.



MEMBERSHIP DUES - BILLS WENT OUT MID/LATE NOVEMBER

2020 Dues deadline is January 1, 2020.

Plan accordingly, if you want to pay monthly go to cda.org to set-up EFT.

KNOW YOUR EMPLOYEE PAY REQUIREMENTS DURING A UTILITY POWER FAILURE

Reprinted with permission from CDA

With planned power shut-offs developing across California in attempt to avoid wildfires, employers are wondering how they are to compensate their nonexempt (hourly) employees when businesses are unable to be open for work due to power failures.

In general, employers are obligated to pay "reporting time pay" to hourly employees when these employees are required to report for work and aren't provided at least half of their usual hours for the day. An employer must pay the greater of half of their scheduled day (up to four hours) or, at minimum, two hours at their regular rate of pay.

However, employers are not required to pay hourly employees if any one of the following exemptions applies:

- When operations cannot begin or continue due to threats to employees or property or when civil authorities recommend that work not begin or continue.
- When public utilities fail to supply electricity, water or gas or when there is a failure in the public utilities or sewer system.
- When the interruption of work is caused by an act of God, such as an earthquake, or other cause not within the employer's control.

Should a business encounter a power failure during a workday, hourly employees should be compensated for their hours worked.

Laws concerning pay deductions for exempt (salaried) employees differ. Deductions may not be made for time when work is not available if the employee is ready, willing and able to work.

Read more in the CDA article "Managing employees in natural disasters, other unexpected events."

MEMBERSHIP DIRECTORY AND PHOTOS

Have you updated your address or photo with us?

NEW AND IMPROVED CDA JOB BANK: WWW.CDA.ORG/MEMBER-RESOURCES/CLASSIFIEDS

DENTISTS ENCOURAGED TO RESPOND TO DELTA DENTAL RECOUPMENT DEMAND

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CDA has learned that due to a Delta Dental of California system error, crown procedure claims were erroneously processed and paid for, affecting approximately 350 self-funded employer groups between Oct. 13, 2018 and Jan. 10, 2019. The system error resulted in Delta's payment of patient crowns prior to the five-year time limitation for crown replacement according to information Delta Dental shared with CDA.

Dentists and the affected Delta Dental enrollees have already received or will receive an "adjusted claims statement" that resembles a Notice of Payment or EOB explaining that Delta Dental has reprocessed crown procedure codes resulting in an overpayment. Statements were sent to approximately 1,000 California dentists beginning the week of Oct. 21 seeking recoupment for procedure codes D2750-D2752 and D279-D2792. The statements sent to Delta Dental enrollees include an explanation noting that the patient is responsible for payment of dental services received before the five-year time limit passed.

Dentists are encouraged to read the notice and pursue one of two courses of action:

- Either manually refund the overpayment to Delta Dental of California and seek payment from the patient; or
- Take action by filing a provider dispute with Delta Dental of California no later than 30 days from the date of the notice contesting the recoupment demand.

If a dentist fails to dispute the demand, Delta Dental has the right under California law to begin automatically deducting the overpaid amount from future claims payment no sooner than 45 days from the date of the notification.

Dentists needing additional CDA support or information may submit the Dental Benefit Issue Submission form available at cda.org. Just click the link to the form and follow the prompts. A Practice Support team member will reach out and offer next steps for dentists and their patients.



Beverly Kodama, DDS and Women in Dentistry

By Robert F. Birtcil, DDS

Dr. Birtcil is a former Clinical Professor at UCSF. He attended the University of California 1960-62 and graduated UCSF School of Dentistry in 1967. Following military duty as a Navy Dental Corps Officer and Triage Officer with the 3rd Marine Division in Vietnam, he accepted a 50% time Faculty appointment at UCSF in Restorative Dentistry in 1970 and entered private practice. In 1993 he was nominated for promotion to Rear Admiral in the Navy by President Bill Clinton. He retired from the Navy in 2000 as a Senior Health Care Executive (SHCE). He is the only graduate of UCSF School of Dentistry to be promoted to 2 stars from any branch of the Armed Forces Reserve.

Beverly Kodama, DDS was my student, my colleague, and my friend.

In 1977 Dr. Kodama became a freshman dental student at the University of California School of Dentistry. She was admitted as one of seven or eight women in a class of 108 students. Women traditionally had been barred, or at the very least actively discouraged from entering medicine, dentistry, or law. When I grew up in the late forties and early fifties there were few women physicians, dentists, veterinarians. Women were relegated to teaching, to nursing, or to dental hygiene. In the early 20th century, the few women that were in the professions survived a gauntlet of misogyny and sexual harassment by a male-dominated workforce. Witness the experience of Sandra Day O'Connor, who despite graduating near the top of her class at Stanford Law in 1952, had difficulty finding a paying job in either the private or public sector as an attorney.

By the early 1990s, women comprised fully fifty percent of the entering dental school class at UCSF.

Female participation in the professions started to change in the early 1960s. In 1962 the UCSF freshman dental class had two women students; my class in 1963 had one woman student. The number of women in the professions changed

rapidly in the 1970s. By the early 1990s, women comprised fully fifty percent of the entering dental school class at UCSF.

Dr. Kodama was older than the average dental student. As a member of the admissions committee, I and the other members endorsed a policy of admitting a percentage of older students in each class. The older students came from a myriad of walks of life; the trades, other professions, and the military. These older students brought maturity and dedicated perseverance to becoming a dentist.

Dr. Kodama was a second year nursing student at San Jose State College when she was in an automobile accident that nearly killed her. After months in the hospital and in rehabilitation, Dr. Kodama knew



that she would never be able to fulfill the physical demands of clinical nursing. She returned to college to complete pre-dental requirements and so Dr. Kodama was 29 years old when she was accepted at UCSF.

Our Northern Sacramento Valley origins became the genesis of a life-long friendship. Dr. Kodama grew up on a family farm in Marysville and I was from Chico. In 1970, I was a 50%-time clinical faculty member at UCSF's Department of Restorative Dentistry. Our mission was to train junior and senior dental students to provide worldclass dental care. In 1979 Dr. Kodama began her clinical training and quickly became known throughout the school. She excelled in every phase of her clinical training. Not only was she an excellent clinician, she became a class leader. I remember one day I was talking to Dean Ben Pavone in the dental clinic. Bev confidently walked by on the way to her dental chair and said: "Hello Dr. Pavone. Hello Dr. Birtcil." Dean Pavone turned to me and in a jokingly way, said, "Bob, do you know her? Is there any way you could get across to her she is not the Dean of the School?" That was alpha female Beverly Kodama!

By the end of her senior year Dr. Kodama had performed so well academically and clinically that she was invited into Omicron Kappa Upsilon (OKU), the national dental honor society. I, as secretary-treasurer of the Rho Rho Chapter of OKU, wrote the letter of invitation to membership to her and other top achievers in her class.

Our mission was to train iunior and senior dental students to provide world-class dental care.

After graduation in 1981, Dr. Kodama went back to her roots and began a private practice in Sacramento. Dr. Kodama was truly respected, admired, and loved for her opinions; everyone I knew liked Dr. Kodama! It's as though she had a magic wand, so positive was her influence on people and organizations.

In 1994 President Bill Clinton nominated me for promotion to Rear Admiral in the Navy Reserve Dental Corps. I sold my practice and applied for a leave-of-absence from my Clinical Professor position at UCSF. More than twenty of my patients had traveled from as far away as Sacramento and I felt privileged they traveled so that I could continue their care. I referred all of these patients to Dr. Kodama. Over the years, these patients expressed many times they were delighted with Dr. Kodama's care.

I was privileged, nay honored, to know Dr. Beverly Kodama. All of us are the better for our association with her. If you were her patient, you were well served. If you were her colleague, you were with a superbly accomplished professional. And if you were her friend, you had a friend for life as she always had your back.

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This is a sample of our listings.

AUBURN/FOOTHILLS AREA: Fast-growing practice, 7 Ops, 6 Equip, 30+ yrs. Goodwill. 2019 GR on track for \$1.2M+. #CA632

FAIRFIELD AREA: Great Location, 5 Ops, 4 Equip, Digital, Paperless, Strong hyg. program, 2018 GR \$840K on 4 day week. #CA655

GREATER SACRAMENTO: Desirable area, 38 yrs. Goodwill, 4 Ops, Digital, 6 days hyg/wk. 2018 GR \$1M+ on 4 days/wk. #CA656

GREATER SACRAMENTO: El Dorado Hills/Folsom Area: 3 Ops, 1,399 sf. PPO, high-end TI's, SoftDent, Digital, I/O Cam. 2017 GR \$506K on 4.25-day week. #CA543

GREATER SACRAMENTO: PPO Practice/Condo, 33 yrs. Goodwill. 1,392 sf, 4 Ops, Digital, I/O Cam. 2017 GR \$652K. #CA561

LAKE TAHOE AREA: Resort area, 6 Ops, 5 Plumbed, Digital, 42 yrs. Goodwill. 2018 GR \$711K on 22 Dr. hrs/wk. #CA608

LAKE TAHOE AREA ENDO: 3 Ops, Digital, CBCT, 28 yrs. Goodwill. #CA602

SACRAMENTO: PRICE REDUCED! Downtown/Midtown: Hi-traffic, 4 Ops, under 5% Delta Premier patients. 2018 GR \$607K on 30 Dr. hrs/wk. #CA590

SACRAMENTO AREA: GP & Specialty HMO/some PPO Practice. 9 Ops, Digital, I/O Cam, Digital Pano. 2017 GR \$1.1M, 2018 GR \$680K. 5,000 sf. bldg. for sale. #CA567

SACRAMENTO AREA: 4 Ops, 1 add'l plumbed. 47 yrs. Goodwill, 24 Dr. hrs/wk. 2018 GR \$574K. 1,403 sf. office Condo must be purchased w/ practice. #CA603

STOCKTON AREA: 6 Ops/RE, 30+ yrs. Goodwill, 6 Days hyg/wk. 2018 GR \$1M+. #CA616

VACAVILLE AREA: 5 Ops, 28 yrs. Goodwill, Dentrix, 2018 GR \$567K. #CA645

WOODLAND/DAVIS AREA: 6 Op practice/RE For Sale. Dentrix, Digital, Pano, 43 yrs. Goodwill, Strong hyg. program, 2018 GR \$1.1M+. #CA629

YUBA CITY AREA: 4 Ops, 3 Equip, Dentrix, 1,400 sf. suite. Price below appraised value. 2018 GR \$271K. #CA611



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By Rebecca Ortenzio Lee, DDS, MSD Captain, US Navy Dental Corps.

Dr. Lee is a Captain in the United States Navy Dental Corps. She graduated from the University of Michigan Dental School in 2001 and completed her orthodontic residency program in 2008 at Indiana University. She has served on active duty for the last 18 years and has been stationed all over the world. Capt. Lee currently is the Deputy Chief, Navy Dental Corps, Bureau of Medicine and Surgery.

Women in Military Dentistry: A Retrospective

Over the years women have increased their numbers in dentistry. The period between 1970 and 1980 saw a nearly 20% increase in women entering dental school and a similar increase occurred in the following decade. 1 According to the American Dental Education Association (ADEA) Snapshot of Dental Education 2018-19², women made up 49.8% of first year dental students in 2017. Not only are women increasing their numbers in the civilian sector dental community, but they are increasing their numbers in the Active Duty Military Dental Corps. According to the United States Navy's Bureau of Medicine and Surgery's Quarterly Diversity Report, June 2019, the Active Duty Dental Corps was 28.4% female. ³ Considering that only fifty years ago (July 15, 1969) the first female Dental Corps officer reported on active duty (AD) the military services are making great strides.

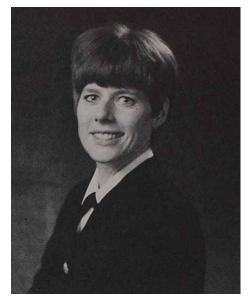
Women dentists have played roles in the military as far back as the dawn of dentistry. In 1906, Dr. Leonie von Meusebach-Zasch was contracted by the U.S. Army to support emergency relief for victims of the San Francisco earthquake. Despite her distinction, she served in this capacity as a

civilian dentist. 4 It was not until December 30, 1943, when Dr. Sara G. Krout obtained a commission as a lieutenant in the U.S. Navy Dental Corps Reserves that women dentists could serve in uniform. ⁵ The other services followed suit in the Korean War-in 1951, Dr. Helen E. Myers became the first female dentist to be commissioned in the U.S. Army 6 and in 1953, Dr. Raya Rachlin earned the distinction in the U.S. Air Force. 7

Until the 1970s, women dentists were limited to serving at shore stations. This trend was broken in May 1979, when then Lt. Carol Turner reported aboard the USS Vulcan (AR-5) making her the first female dentist to serve at sea on a non-hospital ship and deploy with that ship. In 2005, Dr. Carol Turner earned other historical distinctions—the first female dentist to achieve flag rank and the first woman in all the services to be selected as Chief of the Dental Corps. When looking back over the highlights of her career, Rear Adm. (retired) Turner stated that her tour aboard the Vulcan still held great significance. "I learned from this tour that I was a Naval Officer first and a dentist second. This was a priority I carried with me throughout my career; understanding



Admiral Shaffer being promoted by Commandant of the Marine Corps, General Nellar.



Above: LCDR Carol Turner, USS Vulcan, 1980. Right: Capt. Sheherazad (Lena) Hartzell standing in Saddam's underground hiding spot.

that concept made some of the choices easier ... As I took on more leadership roles I was asked what it was like to be a woman in a predominately male environment. Truth is I did not really focus much on gender; my goals were to concentrate on performance." 8

The Navy's current Dental Corps Chief, Rear Adm. Gayle Shaffer, recalls the first ten years of her career she was often the only female at her clinic. When she was a General Practice Resident at Naval Hospital Great Lakes, there was no female officer locker room in the oral surgery department and she found herself having to use a large walk-in closet to change from her uniform to scrubs for the day. 9

In 2005, Capt. Sheherazad (Lena) Hartzell was the first female Dental Corps officer to be awarded the Bronze Star for meritorious achievement in connection with combat operations against the enemy while serving as political adviser for Coalition Provisional Authority in Salah ad-Din, Iraq from October 13, 2003 to March 11, 2004. 10

Today, there are no limitations for a female dentist with any duty assignments. One thing that is great about the military is that there is equal pay for equal work. Pay is based on rank and years of service so women are paid equal to their male counterparts. Women get 12 weeks paid maternity leave; something you would never be able to do while owning a solo private practice. Healthcare and benefits are other factors for coming into the military.

A research study published in The Journal of Dental Education found that the "peopleoriented or caring motive" is a chief motivation for women deciding on careers in dentistry. 11



Being in the military allows you to fulfill that end-goal without the worries of whether the patient will be able to pay for their care. In fact, that is one of the main motivations for individuals applying for commission in one of the military Dental Corps. However, the same research article noted that flexibility was another factor for women going into dentistry. Unfortunately, sometimes in the military, flexibility is not possible. There are times when Dental Officers might work long days in support of contingency operations, and up to six or seven days a week during deployment. Active duty are on call 24/7 and can be recalled for any emergency that may arise. For example, if attached to a platform, such as a hospital ship, and a major disaster occurs, one can be expected to be underway in as little as 96 hours.

Now more than ever before, we are seeing an increase in female leadership in the dental community and it does not stop in the civilian sector. The Navy Dental Corps has had three female Corps Chiefs, Rear Adm. Carol Turner, Rear Adm. Elaine Wagner, and the current Chief, Rear Adm. Gayle Shaffer. Rear Adm. Shaffer was the first female to serve as Director of Health Services, Headquarters Marine Corps and The Medical Officer of the Marine Corps. In 2018, the Air Force Dental Corps appointed their first female Corps Chief, Brigadier General (BG) Sharon Bannister who continues to serve in this capacity.

Although a career in the military Dental Corps is not for every woman, it is a great place to develop your dental and leadership skills, cultivate comraderies, and give back to your nation. ■

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- 10. Ibid
- 11. Scarbecz M,Ross JA. Gender Differences in First-Year Dental Students' Motivation to Attend Dental School. Journal of Dental Education, August 2002

i. On 15 July 1969, Lt. Helen M. Paulus, El Paso, TX, became the first female dentist on active duty in the Navy. She was originally commissioned in the Navy Reserves in April 1965.

ii. Dr. Krout was followed by Lt. (j.g.) Elizabeth Tweed in

UCSF Dental Reunion

This group from the University of California, San Francisco Dental Class of 1985 and 1979 and their families has been gathering for decades. They share their life experiences on the "Good in Dentistry."

Mike Cmerson, DDS Saratoga, CA

Dentistry can change people's lives. I did an anterior veneer case for a patient and she felt so good about herself that she then decided to lose some weight. Before I knew it, she felt so good about herself that she decided she was too good for her husband and left him!

Sylvia Urbina, DDS San Mateo, CA

About UCSF dental instructors like Dr. Robert Birtcil. "He came from a military background and at first appeared a bit intimidating, but after working with him, you knew that he was a straight shooter. He would give you honest feedback. He saw what your capabilities were and would complement you. He was somewhat of a maverick in the way he treated women and people of color. I have tremendous respect for Dr Birtcil, for the way he mentored and taught. I never felt any discrimination from him. He helped my confidence and encouraged all to be the best dentist we could be."

Jim Khoe, DDS San Leandro, CA

Dentistry is multi-faceted, a combination of functional aesthetic art and of personal relations. It is gratifying to have patients refer their family and friends. Yet it's most rewarding to provide care for those underserved due to their life's circumstances. To go to remote, uncomfortable places in the world, to hear a foreign "thank you", to be asked "Why do you come here?", this is fulfilling and satisfying. It is more than any type of compensation. What a blessing to be a dentist.

Bonnie Cmerson, DDS

Dentists change lives every day with opportunities to convert a phobic personality. Sure, we put on our capes and fight decay and detect oral cancers, but firstly the patient needs to show up in our office. I gained a new patient when I was a patient myself delivering my son. It was a painful, prolonged delivery, and the skilled nurse told me "I would rather have a baby than go to the dentist." I told her that she needed to see me because I could change her world. She took me on, and I introduced her to nitrous oxide, headphones and a blanket. She became a devoted patient and friend for thirty years, and I even treated her children and grandchildren! She always said that she had all her teeth because of me. In turn, I have my healthy son because of her.

Rodney Kihara, DDS Karen Ozama-Kihara, Pharm D

Dr. Karen Azama-Kihara, the wife of Dr. Rodney Kihara shared a heart-warming story about her husband delivering anterior crowns to a patient. When he gave the patient a mirror to see her "new teeth", she became misty eyed, and cried tears of gratitude because she had a smile that she was happy to show. The patient was very grateful to

Dr. Kihara, for improving her appearance and gave him the ultimate compliment.

Auburn, Ca

Daniel Schulze, DDS Menlo Park, CA

"I should have been a fireman!", I grumbled to my wife. I was envious of high school classmates that retired with a pension at 55 years of age, but my wife, also a dentist, reminded me how fortunate I was. When I first came out of dental school, I was focused on the meticulous restoration of teeth, but I soon realized that there is more to dentistry. Along with each set of teeth came a unique individual, a person who was my teammate in the maintenance of their dental health. The most important component of dentistry was teaching and motivating patients. Through this process, I have developed relationships with my patients, relationships that have lasted many years. I have gained more from these interactions than what I may have given my patients. My patients have taught me life lessons like how to raise children and how to take care of aging parents. My patients have shared the joys and challenges in their lives. I have watched the kids in my practice grow up, go to college and start their careers. I have watched the young adults get married and start their own families. My patients are like family members that I get to catch up with every six months. I have personally grown from these relationships. My wife is right, I have nothing to complain about. I feel very fortunate to have chosen this profession.





Denise Jabusch, DDS Loomis, CA

Two of my favorite patients were a husband and wife duo. They were bravely battling physical challenges that had made their golden years seem not so golden. Dr. P. used the handicap ramp as Parkinson's Disease had made his gait unsteady even with a walker. Mrs. P.'s arthritic fingers had knurled into useless claws. But they always arrived with bright smiles and an openness that did not linger on their own problems. Dr. P. a retired physician, knew that my favorite opening line was "So what did you do yesterday?" Like a medical student who had studied for an exam, Dr. P. had a prepared answer. He enthusiastically talked about the cerebral books he had read and gave a synopsis of each. Mrs. P. a gregarious retired nurse, was at first stumped for an answer. She hemmed and hawed then exclaimed, "I know, what we did. You know, it is very hard for us to get around now. We are older now, not like you, young people. But yesterday, we got a Fishwich sandwich and went down to the railroad station and watched the trains go by." Tears welled up under my loupes. It was moments like these that I was ever so grateful of my career choice.

Kathy Onishi, DDS Mukilteo, WA

I remembered Dr. Birtcil. He helped me perfect my technique in doing gold inlays and onlays. He was one of the first instructors in a clinical setting that showed me that there was a method to doing inlays and onlays. From prepping to fine finishing, he patiently showed us how to efficiently accomplish the procedure. I, to this day, fall back on what he taught me. His positive affirmation helped me gain confidence and to feel that I was capable of being a good dentist. He made me feel like I was competent, and he treated me like an equal. He didn't discriminate against me because I was young and a woman.

Martin Chan, DDS Sacramento, CA

The best part of dentistry is making a difference in peoples lives and developing professional and personal friendships with your colleagues.

Dick Koo, DDS San Jose, CA

I committed myself to the United States Navy Dental Corp while as a freshman at the University of California, San Francisco. I had no plans for after school, but I had always wanted to serve in the military for my country. So...why not!? Surprisingly, my parents were okay about my enlistment. But being a dentist in the navy boot camp was everything I needed to sharpen my skills and make me aware of how much more there was to learn. I started in operative dentistry doing quadrant after quadrant of amalgam fillings and seeing the horrible dental health of the 17-18-year old recruits from the Midwest. The need for dental care in our country was represented. For many of them, part of joining the military was to get the medical and dental care they so desperately needed. There were five to seven dentists rotating through the disciplines of operative, endodontics, prosthodontics, oral surgery, and diagnosis and treatment planning. We would be in each discipline and the hallways were always full. To lighten the mood, I would play a tape of Bill Cosby's comedy skit of a visit to the dentist. The experience that I got from my service was amazing.



Volki Felahy, DDS Secretary

November 5, 2019

Highlights of the Board Meeting

President Call to Order and Welcome

Dr. Bryan Judd called his last meeting to order at 6:05PM.

Attending as our guests for their Training Meeting for next year's Board: Drs. Craig Alpha and Lisa Dobak as well as incoming Trustee, Dr. Wallace Bellamy.

Also in attendance is CDA Executive Committee Member, Dr. Steve Kend. CDA Treasurer.

President Judd thanked Drs. Matt Korn and Greg Heise for serving on the Board the last four years - their terms will end in 2019. He also thanked Dr. Terry Jones for serving as our SDDS Trustee for the past six years. Dr. Jones expressed gratitude for the opportunity to have served as Trustee for SDDS. Dr. Jones was graciously thanked Dr. Jones for the quality of his service to SDDS and CDA.

CDA Update:

Dr. Kend provided a short bio. He is a general dentist from Torrance, CA. He worked his way through various leadership positions in West LA Dental Society and CDA to present now as CDA Treasurer. Married 48 years with two sons, he collects Chinese Porcelain and British Modern Art. He acknowledged the excellence of the SDDS organization. Dr. Kend updated the Board about CDA, TDSC, TDIC, and CDA Foundation.

Consent Agenda was Approved.

- A. Minutes of September 2019 Board Meeting
- B. Updated Dates and details, 2020
- C. To date Month End Financials
- D. Membership report

President's Report

Dr. Judd acknowledged that this is his last Board meeting to preside over and thanked everyone for the great experience. He also commented about the great time he had at the GALA and thanked all on the Board who attended.

Secretary's Report

Dr. Hillendahl referred to the CDA membership report pointing out the abundance of demographic data. Dr. Judd added that of all the large components, SDDS has the highest market share at 81.9%. He attributed this success to the work of our Executive Director.

Treasurer's Report

Dr. Hillendahl reported that the Society's financial status is still strong. It has been a good year for equity appreciation. One Board member asked about the investment portfolio. It was reported that SDDS investment policy is conservative with laddered CD's and some equity funds.

Old Business

Dr. Bains reflected on his tenure as Guest Board Member. He appreciated the opportunity to observe the functioning of the Board and thought that the position should be maintained.

New Business... New Ideas

- HOD President Judd discussed his position on Resolution 5 for the HOD.. It will be very important to attend the reference committees.
- 2020 Committee Chairs and Task Forces - Dr. Hillendahl reviewed the chair selection for 2020 - all were approved. Dr. Nancy Archibald spoke about the Ethics Task Force and the goals of the work for next week.

It was M/C to approve both the Committee Chairs and Task Forces for 2020.

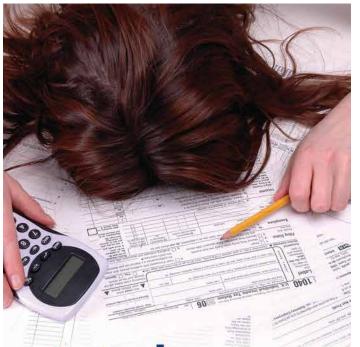
Trustee Report

Dr. Terry Jones reported this to be his last Trustee Report and was thanked unanimously for the great job he did as Trustee. He mentioned there will be no CDA dues increase next year. He also acknowledged the great job Dr. Patel performed on the Dental Benefits and Economics Task Force, to be presented at the HOD.

Adiournment

The meeting was adjourned at 7:45pm.

Next Board Meeting: January 7, 2020 at 6pm



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Trustee Report





Adrian Carrington, DDS & Terry Jones, DDS SDDS Trustees

October 11-12, 2019

Highlights of the CDA Board of Trustees Meeting

In October, the CDA Board of Trustees (board) discussed a number of items. Highlights of the meeting included:

• Board Composition Task Force Recommendations: The board composition task force was established in 2018 to evaluate the board structure and make recommendations to assure board members possess the necessary skills, and reflect the diverse experiences and perspectives required to achieve organizational goals.

Over the past two years, the task force has worked closely with the board, providing potential options for consideration. The Board provided valuable feedback to the Task Force based on their Board experience and component needs, which helped shape the final recommendation; the creation of a 32-member component relations board of advisors and establishment of a 16-member board of directors, which was approved by the board in October, for further consideration by the House of Delegates (house).

Trustees were urged to speak with their Delegates regarding this recommendation and encourage them to attend one of the upcoming prehouse educational sessions, which will provide an overview of the recommendations and allow Delegates to ask any questions they may have in advance of the meeting.

• Dental Benefits and Economics Task Force Recommendations: In fulfillment of the 2017/2018 house directives, the Dental Benefits and Economics Task Force conducted

work, addressing dental insurance and practice economic issues in order to make recommendations as to how CDA can assist members in responding to an ever-changing dental environment. The Board approved the proposed recommendations, which have been incorporated in the Task Force report. Dr. Viren Patel (Task Force Chair) will present the report during the educational house sessions on Friday morning, after which the House will be asked to file the report.

• Medicare Task Force Report: In 2018, the House directed CDA to form a Task Force to explore issues relevant to the inclusion of dental benefits in the Medicare program, including implications in California on the aging population and the delivery of care.

Over the past year, the Medicare task force gathered information from several sources and experts; received background information on national and California health care environments, and Medicaid and Medicare programs; obtained data on aging Californians and other relevant materials as identified; and engaged in a detailed analysis of potential benefit approaches and multiple considerations.

The Board received an overview of the Task Force findings, which Dr. Gary Herman (Task Force Chair) and Dr. Marko Vujicic (Chief Economist, ADA) will present during the Educational House sessions. Following, that the House will be asked to file the Task Force report.

• 2020 CDA Budget: The Board approved the 2020 budget, which will be included in the financial overview during the House.

- CDA Post Graduate Discount: The board adopted the council on membership recommendation to change the post graduate discount, providing a 100% discount to new graduates.
- Executive Director Management Objectives: The Board approved revisions to the Executive Director's 2019 management objectives and established the 2020 management objectives.
- Editor Evaluation and Objectives: The Board approved the Editor's 2019 evaluation and 2020 objectives, retaining Dr. Kerry Carney as Editor for 2020.
- Establishment of Editorial Board: One of the Editor's 2019 goals was to explore and evaluate opportunities to update CDA publications. Through this work, it was identified that an Editorial Board was an effective and expedient mechanism for continuing to improve publications for our members. As such, the Board approved the proposed Editorial Board, as recommended by Dr. Kerry Carney.
- CDA 150th Anniversary Program Funding: Next year marks CDA's 150th anniversary, setting the stage for a renewed way to increase brand awareness, promote the mission and purpose of the organization, honor its history of innovation, celebrate tradition and articulate the vision of the future. The Board received a presentation on how CDA plans

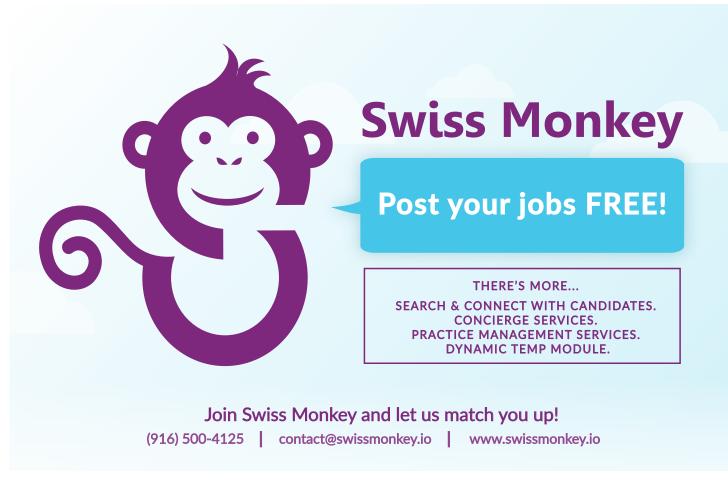
to commemorate this anniversary, engaging CDA members in a unique way. Following the presentation, the Board approved funding for the anniversary program.

- CDA Website Redesign: The Board also received an overview of the newly designed cda.org, which will be released via a soft launch in November 2019.
- TDSC Update: The board received an update regarding the TDSC.com outof-state expansion. This discussion was held in closed session as it contained proprietary information that is not appropriate to discuss externally due to the competitive nature of TDSC's market. However, the board is welcome to share that TDSC will be national, across all 50 states by year end. TDSC has affiliation agreements with 37 states, with five more expected within the next 15 weeks. Additionally, TDSC will be

closing the Lynwood distribution center effective November 30th, at which time all orders will be fulfilled through the Reno center or through our distribution partners.

In addition to these discussions, the Board received a number of emerging issues. Presentations focused on the potential MICRA initiative, federal healthcare landscape in Washington and expansion of oral health care in dentistry. The board also approved funding to support CDA's participation in state and federal healthcare issues through 2020, including federal advocacy and policy support.

The Board took additional actions of an operational nature, which are reflected on the meeting agenda, and will be recorded in the official minutes of the meeting.



SDDS Has So Many Unique Courses and Events!

Each year the Continuing Education Committee at SDDS works to create a course year that appeals to all of our members! There are clinical courses, updates on new types of technology, licensure renewal couses, employee handbook updates, and more practice management courses, like tax management or team collaboration.

The CE year is designed with you in mind! Maybe you've attended one of our Friday morning continuing education classes or our monthy General Meetings on the second Tuesday of each month, but we offer so many more types of courses! Below is a run down on all the different types of courses SDDS offers and what sets them apart from one another!



General Meetings are our monthly meeting on the second Tuesday of each month. These meetings take place at the Hilton Sacramento Arden West. These are night meetings that take place from 5:45-9pm. You receive an hour of CE credit for mingling with our attending vendors and learning about new products and resources available for your practice. Then you head into the ballroom for dinner and the speaker's presentation. Most times the General Meetings provide 3 units of CE credit.

licensure renewal

Our Licensure Renewal courses are important and very popular classes. These all-in-one courses cover: two hours of the California Dental Pratice Act, two hours of Infection Control, and two hours of an OSHA refresher to include bloodborne pathogens, hazard communication, general office safety and all the required elements of your compliance in the office for all those classified as being exposed to pathogens. This class is typically offered twice during the program year, once in the spring and once in the fall.



continuing education

Continuing education classes take place on Fridays at the SDDS Office. They cover a broad variety of topics from clinical things like implants, hands-on techniques, and more to informative things like Denti-Cal billing, HR Topics, and how to set up your employee manual. Nearly all of these classes provide CE units, ranging from 2-6 units depending on the length of the class. They are a great way to amass some CE units and learn more about a topic that you are interested in!

cpr bls course

SDDS offers four CPR classes throughout our program year! There are two Friday morning classes, one Wednesday evening class, and a Saturday morning class available. We try to make sure there is a CPR class that you will be able to attend with your busy schedule! This class will provide you with 4 CEU units as well as your CPR certification: It's a great way to get your CPR certification locally!

lunch & learns

The Lunch & Learns that SDDS offers take place, just as you would expect, during lunchtime! These events are from 11:30am-1:30pm and lunch is provided during the class. It's a great way to get some CE units during your extended lunch break!





business forums

Business Forums are SDDS' evening classes. They take place from 6:30-8:30pm typically on Wednesday or Thursday evenings. The Business Forums are our primarily nonclinical classes, covering topics like practice management, tax prep, the dos and don'ts of social media, working with insurance and more! The great thing about Business Forums is that we even provide dinner, so you can head here right after work without worry!

hr webinars

HR Webinars are one-hour online and audio seminars you can participate in while you have your lunch or while you are on the road. You will only need a telephone, cell phone and/or computer (computer not required). All you need to do is dial, listen and ask questions if you desire. This webinar has been designed with dentist employers in mind!

special events

SDDS has multiple types of special events throughout the year! These events include our Shred Day, Holiday Party, Golf Tournament, Dentists Do Broadway series and get-togethers like dinner at The Kitchen, a Kings game, Rivercats game and more! To learn more about upcoming special events head to page 28!



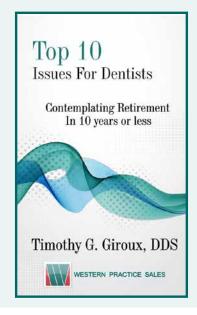
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Top Ten Issues for **Dentists Contemplating** Retirement in Ten Years or Less

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ASK THE BROKER

How do you determine the listing price of my practice?

The single-most important factor in determining the practice sales price is the collection total of the previous calendar year. Lenders and Buyers like to see stability without large variances from year to year. It should be obvious that steady, slight increases in revenues are always better than even the slightest of decreases. Poor performance of one of three years should not affect pricing, unless it is the last calendar year that shows a significant drop. Therefore, try to maintain a stable practice, make sure you finish strong and make all your December deposits for that last year you will be filing!

Practices are priced based heavily on gross receipts.

Let's work through some scenarios and options. If you plan to practice 2-3 more years, it is not worth investing extra money in the practice. In this case, I would just advise finishing strong, especially to reflect your last tax return which will be filed. If you plan to practice approximately 5 years, spending large amounts of money for new technology may not necessarily return the investment unless it helps to increase your production. However, this being said, purchasing new equipment may increase your enjoyment of practicing dentistry and therefore be a worthwhile investment.

With 8-10 years remaining to practice, modernizing the practice with the latest and greatest is generally a great idea. Leasehold improvements typically last 5-8 years, so making the investment at this time to spruce up the office will enhance the desirability of the sale. It may also give you greater satisfaction of working in a first-rate environment for the entire duration of the leasehold improvements. Most importantly, since practice values are based on gross receipts, keep up the good work!

With factors affecting the current practice market such as a large number of "Baby Boomers" choosing to retire coupled with a lower percentages of Millennials wanting to own dental practices, it is important to make decisions now that will help your practice stand out from the rest when you decide to sell! Call or email us today for a free copy of Dr Giroux's book "Top Ten Issues for Dentists Contemplating Retirement in Ten Years or Less".

Timothy G. Giroux, DDS is currently the Owner & Broker at Western Practice Sales and a member of the nationally recognized dental organization, ADS Transitions. You may contact Dr Giroux at: wps@succeed.net or 800.641.4179 Paid advertisement



When Smartphones, Side Gigs and Odors Disrupt the Office

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Have you ever considered how you should address unusual or troublesome employee conduct in your practice? With so much emphasis on employers establishing required written policies mandated by federal, state and local laws, it's easy to overlook the important day-to-day employee management policies on everything from hygiene and smoking to use of personal electronic devices.

Employees often look for loopholes when they try to justify behavior outside your expectations, and they look to your employee policies to find them. Your employee policies should provide guidance to reinforce your expectations.

Employers will find it easier to enforce the "rules" and address inappropriate employee conduct when rules are in place. When employers do not have written policies that define conduct expectations or their policies are not consistently applied from employee to employee, confusion and potential claims of discriminatory treatment can arise.

Following are four areas of employee conduct and attire expectations that you might consider addressing through a workplace policy, if you don't already have one in place.

Excessive Device Usage

Smartphones, tablets and wearable technologies have become an integral part of employees' everyday lives. While many dentists are voicing their concerns over employees' excessive use of cellphones and watches, very few have an office policy in place to address this issue. Those who have a policy often have difficulty enforcing it

because employees argue that they need to have their cellphones on them during work hours in case of "emergencies."

When used excessively, these devices may cause problems such as distracting employees from work, disturbing patients and other employees, posing security or HIPAA risks and, lastly, creating potential infection control problems.

Employers may establish policies that direct all employees to keep these devices (powered off or in silent mode) with their personal belongings and limit usage to rest and meal breaks. When eliminating all calls or restricting use, you will want to address how your employees' family members will reach them during working hours in case of a true emergency.

If you choose to implement a policy, be sure you are willing to enforce it with all staff, not just the individual who may be abusing their phone. Also, remember that any office policy you implement will only work if you follow the policy as well. If you use your phone between patients, the rest of your staff will start to think it is OK to use theirs.

Fragrance, Grooming and **Personal Hygiene**

Because employees of dental practices generally work in close proximity to one another, it is easy for excessive or offensive odors to become an issue. Employees who are heavy-handed when applying fragrances, smoke on breaks or don't tend to their personal hygiene may not be mindful of how body odor can cause a disruption in the office. Other employees may feel uncomfortable and, in extreme cases, be unable to perform

YOU ARE A DENTIST. You are also an employer. Employee evaluations, hiring and firing, labor laws and personnel files are an important part of that. This monthly column, will offer current employment law information pertinent to you the dentist, the employer.

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their jobs. Employees may also begin to talk about the problem in the workplace, which disrupts work even more.

Employers should have a policy in place that outlines the practice's expectations for professionalism and grooming. This can include or exclude the use of accessories, perfumes, gum, deodorants and soaps, etc. As a representative of your office, you can clearly communicate in detail what you expect.

However, employers need to be cautious when addressing grooming standards. "Neat and clean" is fair, and it leaves the employer free to address individual cases that arise as opposed to having a standard that is discriminatory. However, be mindful of certain grooming practices that are based on race, culture or religion, such as dreadlocks, which typically are protected by law.

Employers should address these topics privately and with sensitivity. Body odor may be caused by a medical condition, poor hygiene or a specific diet, to name a few possibilities. If the issue is not addressed appropriately, it may run afoul of disability laws.

Attire and Personal Expression

Creating different policies for different job titles or departments can be an acceptable practice in some circumstances. Establishing a different dress code for front-office versus clinical employees could be based on a legitimate business justification maintaining a professional appearance in a front-office environment, where patients interact with employees on business matters, versus a clinical dress code where employees will be working chairside.

Discrimination laws generally do not inhibit your right to determine appropriate workplace dress. In fact, you have a lot of discretion in setting appearance standards. Employers often have a "maintain a professional appearance" dress code, which can be challenging when the weather is hot. It is permissible to ban flip-flops, opentoed shoes, shorts, tank tops and other unacceptable clothing. Because the different dress codes are based on a legitimate business necessity rather than any protected class (e.g., race, gender or national origin), they would not be considered discriminatory.

Employers should be cautious not to impose different standards on men versus women because such different treatment could be viewed as sex or gender discrimination or could violate gender identity or gender expression protections. Employees must be allowed to dress consistent with their gender identity or gender expression.

Employee 'Side Gigs'

Side businesses are a great way for employees to supplement their income. However, if a

patient complains that they felt pressured by an employee to purchase products, supplements, personal training or skin care, how will you respond? Or maybe you discovered that an employee is using practice time, patient information or property to conduct business. Not only do you have an issue of patient care and patient information confidentiality, but also potential time theft.

Your practice policies can include statements that indicate employees are not to use their work time or office contacts to advance their private business or personal interests, as these practices can place patients and staff in an uncomfortable position when propositioned to purchase goods unrelated to their dental care.

Have Controls in Place

Whatever you decide, it is important be consistent when holding your employees accountable to the standards you set. It's much easier to discuss and thoroughly document an issue with employees who fail to adhere to standards when standards have been set.

As a best practice, employers are encouraged to review policies annually and to discuss with employees any areas and expectations that need addressing. If you need to develop new policies or update your current ones, post any changes and their effective date so the employees are aware. All staff should sign an acknowledgement and you want to place this acknowledgement in each of their employee files. Keeping policies in mind ensures not only that employees are keenly aware of employers' expectations but that employers are seeking to comply with mandatory policies.

• Reference the CDA Practice Support resources "Sample Employee Manual," "Practice Policy Revision Employee Acknowledgement Template" and "Employee Discipline" at cda.org/ practicesupport.



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Upcoming Member Events

SDDS has some awesome Member Events coming up soon! Get to know your fellow SDDS Members and attend some of these upcoming events:

SDDS Does Broadway

Don't miss your chance to see these great Broadway shows and support the Foundation! All proceeds benefit Sacramento District Dental Foundation. For show details and more information, be sure to visit the Dentists Do Broadway page on the Foundation website.

Dear Evan Hansen • January 23 A Bronx Tale • March 5

Bandstand • April 9

Come From Away • May 21



Holiday Party and Installation of 2020 Officers

Come enjoy a night of cocktails, hors d'oeuvres, dinner and dancing to the Jay Rolerz Band. We will also be installing our 2020 Officers.

Friday • December 13 • \$120 each



Polar Express Train Ride

Enjoy hot chocolate and yummy cookies as you ride along with many of the story's characters such as the Train Conductor, the Dancing Waiters, and a ghostly Hobo. Once you reach the North Pole, the jolly old elf – Santa himself — will come on board to give each passenger a silver sleigh bell, the "first gift of Christmas."

Thursday • December 19 • SOLD OUT



SDDS Cheers on the Kings

Watch the Sacramento Kings take on the Oklahoma City Thunder on January 29th at Golden One Center. Great seats in section 124, lower sideline-and only \$50 a ticket! Get up close to your favorite Kings players with early access to watch pre-game warm ups. Great for all ages! Limited tickets available so act fast!

Wednesday • January 29 • \$50 each



The Kitchen

Experience a one-of-a kind "Farm-to-Fork" meal at this landmark Sacramento restaurant. Owned and operated by Randall Selland for over 20 years, The Kitchen has earned local, regional, and national accolades. Join SDDS for a private five-course meal that's sure to impress.

Thursday • April 16 • \$225 (alcohol not included) (benefitting the Foundation)



Swing for Smiles **Golf Tournament**

Support the Foundation through our annual Swing for Smiles Golf Tournament. Join us for golf, contests, drinks, raffles and more! Gather a FOREsome for a fun day on the green with your fellow golfers at Empire Ranch!

Friday • May 8



Take Me Out to the Ball Game

What better way to kick off the start of summer than with baseball! Join us at Raley Field to watch the Sacramento RiverCats play the Oklahoma City Dodgers Great for family, friends, and staff! Tickets just \$25. You won't want to miss SDDS throwing out the first pitch!

Thursday • June 18 • \$25 each





SDDS Foundation

Smiles For Kids Screening Completed For This Year-

By December we will have completed our school screenings for kids in the needier areas of our 5 counties. As you can see by the numbers BY COUNTY below, our screening numbers continue to decrease. This is a GOOD thing! We are working with partners who are funded by Prop 56 funding (Amador, Yolo, El Dorado and Placer Counties) as well as Sacramento County's Dental Transformation Initiative (DTI). Last year the Early Smiles Program screened 21,000 kids and we, again, hope those numbers will be true this year as well. (These are schools that we used to screen - now Early Smiles is doing it and also providing FL treatment as well.)

This is a great improvement in outreach! We continue to work with partners in all 5 counties to help them with the screening, navigation and emergency treatment needed. Thanks to all the dentists who screen and adopt kids in need.

THANK YOU FOR SAYING YES! •

Text-To-Donate



Did you know our Foundation has a text-to-donate number? Donations help us fund our Smiles for Kids, Smiles for Big Kids programs and more!

Text "GIVE2SDDF" to 44321 to instantly receive a link to our Foundation fundraising page!



Thank you to all involved in our Smiles for Kids Program!

Screening Stats

This year is estimated to have 8,000+ kids screened with a total of 64 participating schools! Numbers will continue to be updated in the following months.

Counties:

Sac County

16 schools registered with 9 currently reporting 3,097 screened. There are 7 schools still to report. Early Smiles has screened 11,000 already (our former schools).

Placer County

45 schools registered with 30 currently reporting 881 screened. There are 15 schools still to report.

Yolo County

Migrant Education Office screened 10 kids, there are still 2 schools left to report.

El Dorado and Amador Counties' screenings were done by the County (no results reported)

Screening Doctors:

Dr. Jason Baldwin Dr. Rob Berrin Dr. Michael Boyce

Screening Doctors (Continued):

Dr. Wai Chan

Dr. Melissa Fong

Dr. Eman Ghoneim

Dr. Matthew Gustafsson

Dr. Kerry Hanson

Dr. Sean Khodai

Dr. Michelle Kucera

Dr. Mark Kujiraoka

Dr. Yen Lieu

Dr. Kristen Morgan

Dr. John Noe

Dr. Kayla Nuyen-Dringenberg

Dr. Donald Orme

Dr. Justin Pfaffinger

Dr. Jordan Priestley

Dr. Lindsey Robinson

Dr. Jennifer Ryan

Dr. Tetsuya Shirasuka

Dr. Archana Wakode

Dr. Michael Young

Danielle Anderson, RDHAP

Christina Cox, RDH

Carrington College

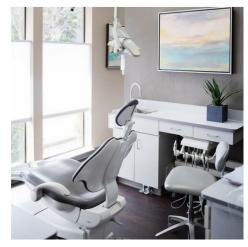
Chapa De Indian Health Center

Hansen Clinic Woodland















The Studio

Parc Studio is a full-service, boutique interior design firm operating in Northern California specializing in private-practice medical, dental and boutique hospitality.

www.parc-studio.com



YOU ARE A DENTIST. You've been to school, taken your Boards and settled into practice. End of story?

Not quite. Are you up to speed on tax laws, potential deductions and other important business issues?

In this monthly column, we will offer information pertinent to you, the dentist as the business owner.

5 Things

Social Media Managers Want Dentists to Know

By Lindsey Kennedy, Social Media Strategist at Rita Zamora Connections (RitaZamora.com)

Everyone has a different level of familiarity with social media and how to use it. You may have a personal Facebook page and post to Instagram occasionally, but that only covers the surface of what these platforms can offer. There is quite a bit more that goes into social media management for business. Whether you manage your own social media for your practice or you work with an outside company... here are some things you need to know:

1. More Does Not Equal Better

I'm not sure where this idea came from. Many people believe that you need to post every single day or multiple times a day for your social media platforms to be successful. This is absolutely not true, and in some cases, can actually hurt your performance. We love our dentists, dental consultants, and other healthcare providers, but we don't necessarily need to see them on our newsfeed every single day. However, it is important to stay active to help with SEO performance. Post when you've got good content to share, share articles and information that really speak to you, interact and engage with your followers, but don't post just for the sake of posting.

2. You Attract What You Project

This may sound more like a life mantra than a social media tip, but it works for both! If you're an oral surgeon who truly loves educating patients and sharing important research with other dentists, it wouldn't make sense for you to regularly post cartoons and memes. If you're sharing a comic just because it's dental-related, but you don't really find it funny or relate to it, you are putting a false message out to potential patients or customers. Your personality and practice atmosphere should come across to those who visit your social media. If you are that oral surgeon who values education, share articles that interest you, show photos of the continuing education events you attend, and let patients know you are always striving to stay on top of the latest trends to better serve them. If you are an orthodontist who loves to have fun at work, go ahead and share those comics and memes or take funny photos with your patients, because that shows who you are.

If your social media doesn't give an insight into who you are, patients may visit with false expectations and have a greater chance of being unhappy. But if you show them who you are from the get-go, you are likely to attract patients who share the same values.

3. Results Don't Happen Overnight

Okay. You finally posted to social media so now your page should be flooded with likes and comments, right? Wrong. Building your social media takes time and it is different for each and every practice. It takes consistency, good content, and time to reach milestones. Don't worry that things aren't happening at the snap of a finger; that is completely normal.

4. Social Media Is a Pay-To-Play Game

This goes hand in hand with results. There are thousands of posts fighting for the opportunity to be in your newsfeed every day, and quite often, in order for your content to be seen by many, you'll have to pay. This may sound overwhelming and scary, but that is why there are social media managers out there. We help you by coaching, or sometimes completely taking over the process of placing ads. This also ensures that the right people

What do you want patients to say about your practice? Take some time to think about that. Going forward, make your social media reflect your answer.

are seeing your content. Anyone can place an ad, but targeting is essential. If you're a dentist in Wisconsin, you don't want your ads to be shown to people in Texas or Europe... that won't help you gain patients. You can go ahead and post to social media without placing ads, but your page will not reach its full potential unless you're willing to place ads.

5. Real Always Beats Generic

The last piece of advice I'm going to share is probably THE most important. Be yourself. Be authentic. Be real. Your audience will appreciate it and be more likely to engage with your content. I have seen this firsthand. We've got a client who sends us real photos of patients and people from their team for nearly every single post we propose for them. Their audience loves it and you can see a tremendous difference in the amount of interaction on their page versus those who consistently use stock photos. I'm not saying you should never use stock photos, but I am saying you should use real photos of your team at every opportunity you can. If you feel comfortable, you can even go beyond this and share photos of what you've done over the weekend. You can share videos of



fun activities that the team has done. You can even share a short video explaining one of your services to patients and potential patients. The possibilities really are endless as long as you are being authentic.

If you remember these things, whether you're posting to social media yourself, or having someone post for you... your experience will be much better. What do you want patients

to say about your practice? Take some time to think about that. Going forward, make your social media reflect your answer. That, coupled with targeted ads, will help you attract the kind of patients you're hoping to see. YOU and your team are awesome! Remember that!



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SMILES FOR KIDS

VOLUNTEERS NEEDED: Doctors to "adopt" patients for Smiles for Kids for follow-up care



TO VOLUNTEER, CONTACT:

SDDS office (916.446.1227 • smilesforkids@sdds.org)

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July 17-18, 2020 • Long Beach

TO VOLUNTEER: www.cdafoundation.org/cda-cares

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VOLUNTEERS NEEDED: General dentists, specialists, dental assistants and hygienists.

TO VOLUNTEER, CONTACT:

Dr. Steve Holm (916.425.6766 • sholm@goldrush.com)

THE GATHERING INN

VOLUNTEERS NEEDED: Dentists, dental assistants, hygienists and lab participants for onsite clinic.

TO VOLUNTEER, CONTACT:

Kathi Webb (916.743.5351 • kwebbft@aol.com)

CCMP (COALITION FOR CONCERNED MEDICAL PROFESSIONALS)

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TO VOLUNTEER, CONTACT:

CALL: (916.925.9379 • CCMP.PA@JUNO.COM)

EVERYONE FOR VETERANS

SDDS is partnering with the national program, Everyone for Veterans, to provide care for combat veterans and their families who cannot afford, nor have military coverage, dental care. Can you adopt a vet? Hope so! Call SDDS (916.446.1227), or email us (sdds@sdds.org), to help us with this wonderful program.

For More Information: everyoneforveterans.org/for-dentists.html

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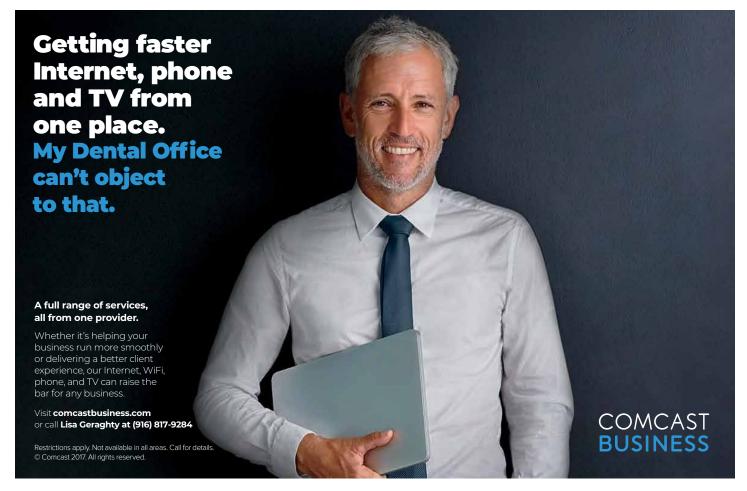
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TOTAL MEMBERSHIP

(as of 11/14/19:)

1,781

MARKET SHARE: 81.9%

RETENTION RATE: 96.2% ENGAGEMENT RATE: 84%

TOTAL ACTIVE MEMBERS: 1,401

TOTAL RETIRED MEMBERS: 294

TOTAL DUAL MEMBERS: 8

TOTAL AFFILIATE MEMBERS: 14

TOTAL STUDENT MEMBERS: 9

TOTAL CURRENT APPLICANTS: 2

TOTAL DHP MEMBERS: 47

TOTAL NEW MEMBERS FOR 2019: 107

New Members

2019

LINDA ANGIN, DDS

General Practice-Retired



Dr. Angin is retired and teaches part time in San Francisco. She lives in Roseville.

JASON BALDWIN, DDS

General Practice

Dr. Baldwin earned his dental degree from UOP Arthur A. Dugoni School of Dentistry in 2004. He owns a practice in Truckee.

RAJESH CHUNDURI, DMD

General Practice

Loturning Member!

Dr. Chunduri earned his dental degree from Boston University in 2012. He is currently working at Star Dental Group in Sacramento.

PARSHAN NAMIRANIAN, DDS

General Practice

Dr. Namiranian earned his dental degree in 2010 from UCLA School of Dentistry. He currently practices at Clear Choice in Roseville.

AMANDEEP SANDHAR, DDS

General Practice

Returning Member!

Dr. Sandhar earned her dental degree from UOP Arthur A. Dugoni School of Dentistry in 2012. She currently practices at Alta Vista Dental in Auburn.

JOANNA MARIE SANTOS, DDS

General Practice

Dr. Santos earned her dental degree from UCLA School of Dentistry in 2019. She currently practices at Blue Hills Dental in Sacramento.

ANNA UPPAL, DDS

General Practice

Dr. Uppal earned her dental degree from New York University in 2014. She currently practices in Folsom.

SARAH TAM, DDS

General Practice

Dr. Tam earned her dental degree from UCSF School of Dentistry in 2019. She is currently practicing at Serenity Dental in Sacramento.

Pending Applicants:

Jennifer Norris, DMD Reza Rajabian, DDS

IMPORTANT NUMBERS:

SDDS (doctor's line) (916) 446-1227 ADA (800) 621-8099 CDA (800) 736-8702 CDA Practice Support . . (866) CDA-MEMBER

(866-232-6362)

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Denti-Cal Referral. (800) 322-6384

Central Valley

Well Being Committee . . . (559) 359-5631

In Memoriam



Dr. Clark Nary passed away in October 2019. He graduated in 1964 from Howard University College of Dentistry. Dr. Nary joined SDDS in 1966 and was a Retired Life Member when he passed away.

Member Get A Member

Recent Month's Winners!

January 2019 - Dr. Jagdev Heir

February 2019 - Dr. Karthic Raghuraman

March 2019 - No Referrals

April 2019 - No Referrals

May 2019 - No Referrals

June 2019 - Dr. Anh Pham

July 2019 - Dr. Julie Hernandez

August 2019 - Dr. Wallace Bellamy

September 2019 - Dr. Dave Seman

October 2019 - Dr. April Westfall

November 2019 - TBA



Grand prize drawing winner will be announced soon!

welcome to SDDS's new members, transfers and

applicants.

JANUARY GENERAL MEETING!

"SDDS Talk" Night – 10 on 10 10 Minutes, 10 Slides, 5 Speakers Tuesday, January 14, 2020 • 3 CEU, Core • \$75

5:45-6:45pm • Registration & Vendors 6:50-7:15pm • Announcements & Dinner

7:30-9:00pm • Speakers

Hilton Sacramento Arden West 2200 Harvard St • Sacramento

Speakers:

Dr. Roholt graduated from UCSF School of Dentistry in 1989 and obtained his Masters with ICOI in 2011. He practices dentistry in Auburn, CA.

Dr. Martin practices at Alexander & Martin Orthodontics with offices in Rocklin, Roseville, and Sacramento.

Dr. Heir has been a practicing Oral & Maxillofacial Surgeon since 2006.

Dr. Antipov is an Oral & Maxillofacial Surgeon, practicing in Roseville, CA.

Dr. Vasanthan has a practice limited to Periodontics and Dental Implants in Roseville and Citrus Heights. He is board certified by "American Board of Periodontology" and the "American Board of Oral Implantology."

Enjoy this evening of short form and rapid-fire pearls. quick tips, tools, warnings, complications, secrets and every day, useful knowledge. We have gathered some general dentists and specialists who will share the topics of: bulk fill, dual cure composites. accelerated orthodontics, guided implant placement, advanced bone grafting vs graft-less approach in dental implant rehabilitation, and steps to reduce the risk of peri-implantitis.



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ob Ban

The SDDS Job Bank is a service offered only to SDDS Members. It is published on the SDDS website and provides a forum for job seekers to reach other Society members who are looking for dentists to round out their practice, and vice versa. If you are a job seeker, associate seeker, selling or buying a practice, contact SDDS at (916) 446-1227. For contact information of any of the job bankers please visit www.sdds.org.

ASSOCIATE POSITIONS AVAILABLE

Upendra Patel, DDS • Sacramento • GP

Kelvin Tse, DDS • Sacramento • PT/FT • GP/Peds/Ortho

Steven Tsuchida, DDS • Sacramento • PT/FT • GP

Jonathan Chan, DDS • Sacramento • PT • GP

Christopher Chan, DDS • Sacramento • PT • GP

Nina Tecson, DDS • Sacramento • FT • GP

James Childress, DDS • Davis • FT • GP

Mignon Mapanao, DDS • Sacramento • PT/FT • GP

Sunny Badyal, DDS • Sacramento • FT • GP

Bryan Judd, DDS • Roseville • PT • GP

Kids Care Dental • Sac/Stockton • PT/FT • Oral Surgeon

Steven Tsuchida, DDS • Elk Grove • FT, Buy-Out • GP

Capitol Periodontal Group • Sacramento • FT • Perio

Brian Crawford, DDS • Antelope • PT/FT • Ortho

Childrens Choice Pediatrics • Sacramento • PT/FT • Pedo

Mark Redford, DMD • Roseville/Granite Bay • PT • GP

Kevin Chang, DDS • Roseville • PT • GP

Michael Hinh, DDS • Sacramento • PT • GP

Ricky Tin, DDS • Elk Grove • PT • GP

R. Bruce Thomas, DDS • Davis • PT/FT • GP

Amy Woo, DDS • Sacramento • 1 day/wk • Endo

Make A Smile • Sacramento • PT/FT • Pedo/Ortho/Endo/OS

SmileTime • Sacramento • PT/FT • GP

Jacqueline Delaney, DMD • Truckee • FT • GP

Paul Raskin, DDS • Sacramento • FT/PT • Prosth

Weideman Pediatric & Orthodontics • Citrus Heights • FT (4-5 days) • Ortho

Kids Care Dental • Bay Area • Ortho

Sean Avera, DDS • Auburn • Perio

Ana Maria Antoniu. DMD • Sacramento • FT/PT • GP

Amy Woo, DDS • Sacramento • PT • GP

Matt Comfort, DDS • Roseville • FT/PT • GP

Christopher Schiappa, DDS • Pioneer • PT • GP

Eloisa Espiritu, DDS • Lincoln • FT/PT • GP

David Park, DDS • FT/PT • GP

Gilbert Limhengco, DDS • Natomas/Citrus Heights • PT • Endo

Kids Care Dental & Ortho • Calvine/Elk Grove • FT • GP, Ortho

Elizabeth Johnson, DDS • various Wellspace locations • FT/PT/Fill-In • GP

DOCS SEEKING EMPLOYMENT

James Mucci, DDS • P/T • GP

Adnan Anwar, DDS • P/T • GP

Blake Moore, DDS

Elias Khoury, DMD • PT • GP

Samuel Karavan, DDS • PT/FT • GP

Erica Hsiao. DDS • PT • Perio

Shavan Baig, DDS • FT • GP

Behdad Javdan, DDS • PT • Perio

Devon Lowry, DDS • FT • GP

Sarah Mathai, DDS • PT/FT • GP

Robert Nisson, DDS, MSD • PT • Ortho

Bruce Taber, DDS • Fill-In • GP

Steve Murphy, DMD • FT/PT • Endo

We're Blowing



Congratulations to...

Dean Ahmad, DDS, FICOI, DABP, on opening a new location of Innova Periodontics and Implant Dentistry! Their newest location is on Sunrise Avenue in Roseville! (1)

Jefferson Clark, DDS, MS, on receiving his pin from the American College of Prosthodontics! Being certified by the American College of Prosthodontics demonstrates his dedication to dentistry and the patients he treats! (2)

Margaret Delmore, MD, DDS; Jennifer Drew-Mathisen, DDS, MSD; and Don Rollofson, DMD, on being voted Top Dentists in Sacramento by their fellow dentists! They are proud to be dentists of our Vendor Member, Kids Care Dental and Orthodontics as well! Congratulations to them all! (3)

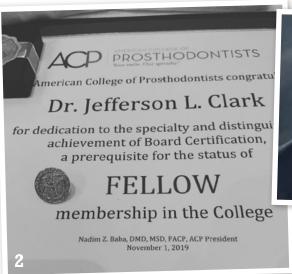
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We currently have 35 Vendor Members. They pay \$3,900 per year; that includes a booth at Midwinter, three tables at General Meetings, advertising in The Nugget, and much more. Our goal is to provide Vendor Members with the opportunity to connect with and serve our members. We realize that you have a choice for vendors and services; we only hope that you give our Vendor Members first consideration. The Vendor Members program and the income SDDS receives from this program helps to keep your dues low. It is a wonderful source of non-dues revenue and allows us to provide yet another member benefit. Additionally, we reach out to our Vendor Members for articles for The Nugget (nonadvertising!).

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EMPLOYMENT OPPORTUNITIES

Are you ready to step towards a private practice of your own? We are looking for a compassionate, devoted dentist to care for our wonderful patients as Doctor transitions into retirement. We have an established general practice with long-term patients and staff in Sacramento's Arden Area. You will work out of a newly remodeled building with 6 operatories. Chartless records with digital X-rays & Pano. Technology includes Cerec crown system, Waterlase & Diode Lasers. Please call 916-952-0269 for more details.

Established private practice in Davis, CA is seeking a talented associate dentist to join our team. We are a state-of-the-art general dental office that also specializes in implant and cosmetic dentistry. The goal of our team is to provide quality dentistry to every patient and establish long lasting relationships. Strictly a fee for service practice. Full time position with potential to transition to practice ownership. Candidates should be passionate about continuing education in dentistry and motivated to provide the highest quality of care. Candidates with GPR's or other advanced training are greatly preferred. Candidates can expect a skills assessment evaluation. Please send resume to office@childressdental.com.

Kids Care Dental & Orthodontics seeks Orthodontists to join our teams in the greater Sacramento and greater Stockton areas. We believe when kids grow up enjoying the dentist, healthy teeth and gums will follow. As the key drivers of our mission—to give every kid a healthy smile—our dentists, orthodontists and oral surgeons exhibit a genuine love of children and teeth. A good fit for our culture means you are also honest, playful, lighthearted, approachable, hardworking, and compassionate. Patients love us...come find out why! Send your resume to talent@kidscaredental.com.

WELLSPACE HEALTH ORGANIZATION (an FQHC) is taking applications for fill-in/part-time/full-time dentists. Send your resume/CV to eliohnson@wellspacehealth.org. 01/15

EMPLOYMENT OPPORTUNITIES

Kids Care Dental & Orthodontics seeks Dentists to join our teams in the greater Sacramento and greater Stockton areas. We believe when kids grow up enjoying the dentist, healthy teeth and gums will follow. As the key drivers of our mission—to give every kid a healthy smile—our dentists, orthodontists and oral surgeons exhibit a genuine love of children and teeth. A good fit for our culture means you are also honest, playful, lighthearted, approachable, hardworking, and compassionate. Patients love us...come find out why! Send your resume to talent@kidscaredental.com.

FOR LEASE

Design your suite in a state-of-the-art building near Watt & El Camino Avenue. FULL FINANCING AVAILABLE. Generous T.I. allowance. 1758 sf. Come see! Contact Dr. Favero 916-487-9100.

Dental office for lease in El Dorado Hills. 2 operatories fully equipped and 3rd plumbed. 1300 sq feet, modern furnished private office with full bath, plus employee lounge. All utilities and janitorial included. Call 916-230-5195 and leave a message for appointment.

Rocklin dental office sublease 1,300 sf, 3 operatories, perfect for a startup; Roseville dental office lease 1,386 sf, 5 operatories, Fully improved move-in ready suites; Ranga Pathak 916-201-9247, Broker Associate, RE/MAX Gold, BRE01364897

Beautiful new building just completed in Auburn with optimal visibilty, ideal location and ample ADA parking. We will help design, finance, build and market your relocation! Lease with future purchase option. 2-11,000 sqft spaces available for your dream office! www.3130ProfessionalDrive.com

SACRAMENTO DENTAL COMPLEX has one 3 unit suite which is equipped for immediate occupancy. Two other suites total 1630 sq. ft which can be remodeled to your personal office design with generous tenant improvements. 2525 K Street. Please call for details: 916-448-5702.

EQUIPMENT FOR SALE

For sale: dental units, chairs, equipmt, xrays, etc (2 ops), office furnishings from low key office — all well maintained. Email ASAP reg2thdds@gmail.com. 12/19c

Cerec omnicam 4.6 with ortho software available. MC X milling de vice and Ivoclar oven, plus supplies. Purchased in late 12/13 and in very good condition. Contact: Alan Rabe 916-505-9270.

Nupro RDH Handpieces for Disposable Angles, 3 handpieces in box REF 740010 unopened \$1200. Salvin Centrifuge 1310 (for PRP), Like New \$500. SurgimasterII LED for Ultrasonic bone surgery with two handpieces and many tips, new in original aluminum case. \$3200. Contact jcopedds@gmail.com.

Ivoclar Progamat C5 Porcelain Oven \$1,800. E4D Milling Unit and Acquisition Scanner and Laptop \$4,500. Both in excellent condition and fully maintained by Schein technicians. Leave your name and number at 916-789-2552 or email office@myartofdentistry.com and we will contact you to discuss.

PROFESSIONAL SERVICES

MONEY IS WALKING OUT THE DOOR. Have implants placed in your office and keep the profits. Text name and address 916-769-1098. 12/14

LEARN HOW TO PLACE IMPLANTS IN YOUR OFFICE OR MINE. Mentoring you at your own pace and skill level. Incredible practice growth. Text name and address to 916-952-1459.

To place an ad in *The Nugget* Classifieds, visit www.sdds.org/NUGGET.html

SDDS member dentists can place one classified ad **MEMBER FOR FREE!**MEMBER

MEMBER

Pack your bags and join us! 2020 SDDS MIDWINI

To submit, either scan/email sdds@sdds.org OR fax (916.447.3818) OR mail your registration form OR register online at www.sdds.org. ONE REGISTRATION FORM PER ATTENDEE Please print clearly. This information will be used to print name badges.

Attendee Name:	Title/Degree:
Member Dentist's Name:	ADA #:
Address:	
City:	State: Zip:
Phone:	Email: *Attendee's email required - handout link will be sent to this email (not main office email)

SIGN UP 5 STAFF, GET THE 6TH FREE! • COURSE INFORMATION AND OTHER CONVENTION CORRESPONDENCE WILL BE SENT VIA EMAIL

FEES (circle the rate for the above attendee)	EARLY	REGULAR	LATE/ONSITE
INCLUDES FOOD!	(on or before NOV. 1)	(on or before JAN. 10)	(after JAN. 10)
Dentists (ADA Members)	\$375	\$425	\$450
Dentists (ADA Members) — ONE DAY ONLY ☐ <i>Thursday ONLY</i> ☐ <i>Friday ONLY</i>	\$300	\$325	\$350
SDDS DHP Members	\$209	\$219	\$239
Auxiliary/Spouse (ADA Member*) * if doctor is attending	\$230	\$260	\$280
Auxiliary/Spouse (ADA Member**) ** if doctor is NOT attending	\$76)	\$285	\$300
Dentist (Non-ADA Members)	\$ 30	\$850	\$900
Auxiliary/Spouse (of Non-ADA Member)	\$350	\$399	\$399
Lab Technicians	\$375	\$399	\$425
Expo Only (No Meals) Limited Hours for Expo Only Registrants Th 1:30-5:00pm • Fr 9:00-10:45am	cc iplimenta y	complimentary	complimentary
Expo Only (No Meals) (Non-ADA Members)	\$100/day	\$150/day	\$199/day

Full Convention Registration Includes:

All Food and Refreshments All Courses • Free Parking

Expo Floor Full Access

REFUND/CANCELLATION POLICY: Cancellations received in writing by January 3, 2020 will receive a full refund less \$25 per registrant processing fee. Cancellations received after this date are nonrefundable, but substitutions will be allowed. There will be no refund for "No Shows" or for registrations made after this date.

PAYMENT METHOD: Check Enclose	ed Bill Me (SDDS Members only) Credit Card	TOTAL: \$
Card #:		Exp. Date:
Cardholder Name:		3-digit Security Code:
Billing Address:		

Please make checks payable to Sacramento District Dental Society (SDDS) 2035 Hurley Way, Ste 200 • Sacramento, CA 95825 • 916.446.1227 ph • 916.447.3818 fx • www.sdds.org



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SDDS CALENDAR OF EVENTS

DECEMBER

- 5 Webinar
 Harassment Prevention
 for Supervisors
 California Employers Association
 12–2:00pm / Telecom
- 6 ExComm Meeting 7am / Offsite
- Holiday Party and Silent Auction6-11pm / Del Paso Country Club
- 19 Member Event Polar Express Train Ride

JANUARY

- 7 Board Meeting 6pm / SDDS Office
- General Membership Meeting
 "SDDS TALK" Night –
 10 Slides in 10 Minutes
 David Roholt, DDS; Brandon Martin, DDS, MS; Jagdev Heir, DMD, MD; Alexander Antipov, DDS; Ash Vasanthan, DDS, MS
 Hilton Sacramento Arden West
 5:45pm Social / 6:45pm
 Dinner & Program
- 22 CPR BLS Renewal 6:30pm / SDDS Office

22 HR Webinar

New employment laws for 2020 California Employers Association 12–1:00pm / Telecom

- 23 Dentists Do Broadway Dear Evan Hansen
- 29 Member Event SDDS Cheers on the Kings!

For more calendar info and to sign up for courses ONLINE, visit: www.sdds.org



The 40th Annual MidWinter Convention & Expo

FEBRUARY 6-7, 2020



JAN **14** General Meeting 3 CEU, CORE • \$75

"SDDS Talk" Night – 10 on 10, 10 Minutes, 10 Slides, 5 Speakers

Presented by David Roholt, DDS, Brandon Martin, DDS, MS, Jagdev Heir, DMD, MD, Alexander Antipov, DDS and Ash Vasanthan, DDS, MS

Enjoy this evening of short form and rapid-fire pearls, quick tips, tools, warnings, complications, secrets and every day, useful knowledge. We have gathered some general dentists and specialists who will share the topics of:

- Bulk Fill, Dual Cure Composites. Proven to be Better, Faster and Longer Lasting!
- Accelerated Orthodontics
- Guided Implant Placement
- Advanced Bone Grafting vs Graft-Less Approach in Dental Implant Rehabilitation
- Steps to Reduce the Risk of Peri-Implantitis

Bring your staff – it's always a fun meeting!

5:45pm: Social & Table Clinics 6:45pm: Dinner & Program

Hilton Sacramento Arden West (2200 Harvard Street, Sac)

TUESDAY 5:45PM-9PM