Periodontal Staging & Grading - Why'd they change it again?!

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The latest diagnostic guidelines from the American Academy of Periodontology have been available since 2017. Many of us continue to fall back on older classification systems and yet there may be some value in the new system if we could just get our head around it! This course is focused on demystifying staging and grading of periodontal disease.

Learning Objectives:

At the conclusion of this course participants will be able to:

- explain the significance of staging and grading in periodontal classification.
- relate prior classifications to the new system for continuity.
- explain to a patient the meaning of a periodontal diagnosis that utilizes staging and grading and its relevant to treatment.

AAP Periodontal Classification Systems

Year	1977	1986	1989	1999	2017
Disease	2	4	5	8	4 + 3 grades
categories					related to
					progression
		Better	Includes	Adds clinical	Adopts
		defined	population,	parameters	medical
Major		juvenile &	severity,	and etiology	language,
Pertinent		differentiated	extent of	to 1989	includes
Updates		diseases	disease	inclusions	implants &
		within adult			includes both
					individualized
					risk factors,
					and
					progression

So, what is meant by "adopts medical language"? Grading of disease severity is common in medicine and assists patients in understanding where they are in the continuum of disease. Further, including the staging that is based on individual risk factors that relate to expected progression gives a far more personalized prognosis than possible prior. It can be said that the 2017 update brings the context within which the patient exists into the equation.

Ultimately what we want to determine and share with the patient is information about the severity of the disease and the expected rate of progression.

Staging is similar to how periodontitis was described and assessed in prior classification systems. It's the grading that is new and allows for individual variables to be included when determining likely progression.

Staging and Grading Periodontitis



The 2017 World Workshop on the Classification of Periodontal and Peri-Implant Diseases and Conditions resulted in a new classification of periodontitis characterized by a multidimensional staging and grading system. The charts below provide an overview. Please visit perio.org/2017wwdc for the complete suite of reviews, case definition papers, and consensus reports.

PERIODONTITIS: STAGING

Staging intends to classify the severity and extent of a patient's disease based on the measurable amount of destroyed and/or damaged tissue as a result of periodontitis and to assess the specific factors that may attribute to the complexity of long-term case management.

Initial stage should be determined using clinical attachment loss (CAL). If CAL is not available, radiographic bone loss (RBL) should be used. Tooth loss due to periodontitis may modify stage definition. One or more complexity factors may shift the stage to a higher level. See **perio.org/2017wwdc** for additional information.

	Periodontitis	Stage I	Stage II	Stage III	Stage IV
	Interdental CAL (at site of greatest loss)	1 – 2 mm	3 – 4 mm	≥5 mm	≥5 mm
Severity	RBL	Coronal third (<15%)	Coronal third (15% - 33%)	Extending to middle third of root and beyond	Extending to middle third of root and beyond
	Tooth loss (due to periodontitis)	No tooth loss		≤4 teeth	≥5 teeth
Complexity	Local	Max. probing depth ≤4 mm Mostly horizontal bone loss	Max. probing depth ≤5 mm Mostly horizontal bone loss	In addition to Stage II complexity: Probing depths ≥6 mm Vertical bone loss ≥3 mm Furcation involvement Class II or III Moderate ridge defects	In addition to Stage III complexity: Need for complex rehabilitation due to: - Masticatory dysfunction - Secondary occlusal trauma (tooth mobility degree ≥2) - Severe ridge defects - Bite collapse, drifting, flaring - <20 remaining teeth (10 opposing pairs)
Extent and distribution	Add to stage as descriptor	For each stage, describe (Localized (<30% of teetl Generalized; or Molar/incisor pattern			

PERIODONTITIS: GRADING

Grading aims to indicate the rate of periodontitis progression, responsiveness to standard therapy, and potential impact on systemic health.

 $Clinicians should initially assume grade\ B\ disease\ and\ seek\ specific\ evidence\ to\ shift\ to\ grade\ A\ or\ C.$ See $\textbf{perio.org/2017wwdc}\ for\ additional\ information.$

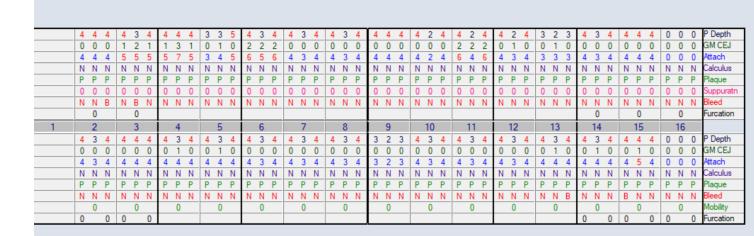
	Progression		Grade A: Slow rate	Grade B: Moderate rate	Grade C: Rapid rate
Primary criteria	Direct evidence of progression	Radiographic bone loss or CAL	No loss over 5 years	<2 mm over 5 years	≥2 mm over 5 years
Whenever available,	Indirect evidence of progression	% bone loss / age	<0.25	0.25 to 1.0	>1.0
direct evidence should be used.		Case phenotype	Heavy biofilm deposits with low levels of destruction	Destruction commensurate with biofilm deposits	Destruction exceeds expectations given biofilm deposits; specific clinical patterns suggestive of periods of rapid progression and/or early onset disease
Grade modifiers	Risk factors	Smoking	Non-smoker	<10 cigarettes/day	≥10 cigarettes/day
		Diabetes	Normoglycemic/no diagnosis of diabetes	HbA1c <7.0% in patients with diabetes	HbA1c ≥7.0% in patients with diabetes

Let's practice!

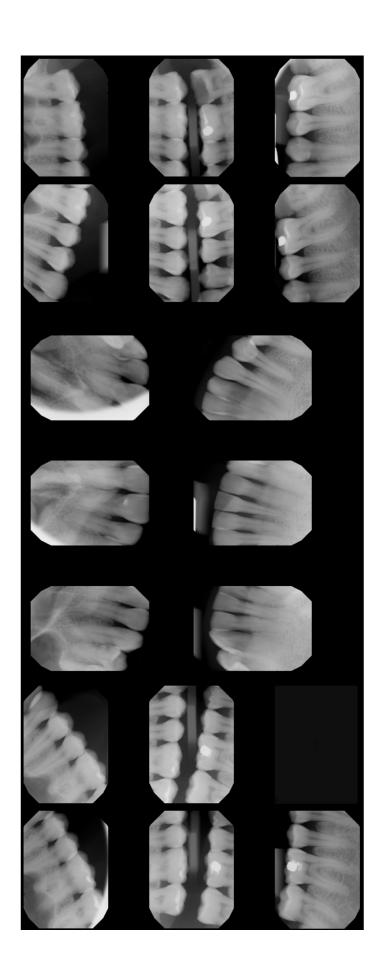
Patient A

50 yo Female

- No systemic disease
- No medications
- No tobacco
- No tooth loss to periodontal disease



	0	0											0	0		Furcation
	0	0	0	0	0	0	0	0	0	0	0	0	0	0		Mobility
	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N		Bleed
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP		Plaque
	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N		Calculus
	6 5 5	4 3 4	5 4 5	5 4 5	1 2 1	4 6 4	4 6 4	4 4 4	4 3 4	4 3 4	4 3 4	4 3 4	3 4 3	4 4 4		Attach
	2 2 2	1 1 1	1 1 1	1 1 1	0 0 0	1 2 1	1 4 1	1 2 1	1 1 1	1 1 1	1 1 1	1 1 1	0 0 0	0 0 0		GM CEJ
	4 3 3	3 2 3	4 3 4	4 3 4	1 2 1	3 4 3	3 2 3	3 2 3	3 2 3	3 2 3	3 2 3	3 2 3	3 4 3	4 4 4		P Depth
32	31	30	29	28	27	26	25	24	23	22	21	20	19	18	17	
	0	0											0	0		Furcation
	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N		Bleed
	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0		Suppuratn
	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP		Plaque
	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N		Calculus
	5 4 5	5 3 5	3 4 3	3 4 3	5 2 5	4 4 4	3 3 3	2 5 2	4 3 4	2 6 2	4 4 4	3 4 3	4 3 4	4 3 4		Attach
	1 1 1	2 2 2	1 3 1	1 3 1	1 1 1	1 3 1	1 2 1	1 3 1	0 1 0	1 4 1	1 2 1	0 2 0	0 0 0	0 0 0		GM CEJ
	4 3 4	3 1 3	2 1 2	2 1 2	4 1 4	3 1 3	2 1 2	1 2 1	4 2 4	1 2 1	3 2 3	3 2 3	4 3 4	4 3 4		P Depth



Patient B

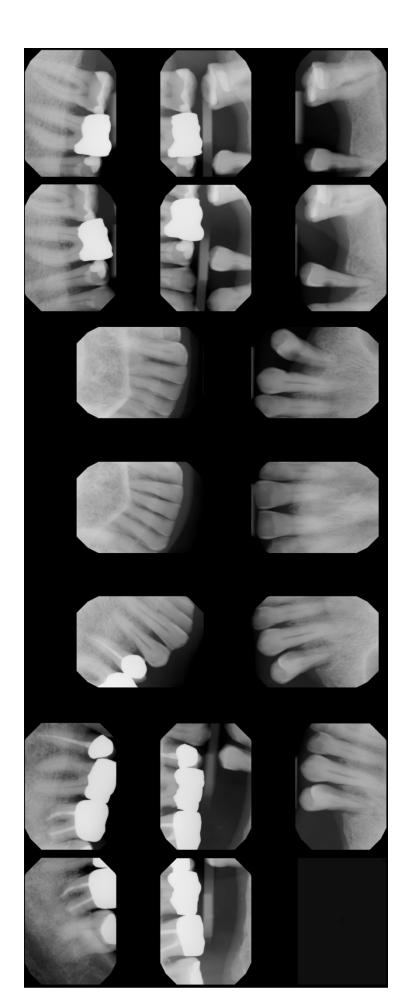
60 yo male

- No systemic disease
- No medications

- No tobacco
- Five teeth lost due to periodontal disease

	2 3 2		3 3 4		3 3 3	3 2 3	2 2 3	3 2 3	2 1 3	3 2 2	5 2 3			P Depth
														GM CEJ
	2 3 2		3 3 4		3 3 3	3 2 3	2 2 3	3 2 3	2 1 3	3 2 2	5 2 3			Attach
	N N N		N N N		N N N	N N N	N N N	N N N	N N N	N N N	N N N			Calculus
	PPP		PPP		PPP			Plaque						
	0 0 0		0 0 0		0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0			Suppuratn
	N N N		N N B		N N N	N N N	N N N	N N N	N N N	N N N	N N N			Bleed
	0													Furcation
1	2	3	4	5	6	7	8	9	10	11	12	13 14	15 16	
	2 2 3		5 9 9		3 2 3	3 2 3	2 2 5	3 2 2	2 1 2	2 1 2	7 8 7			P Depth
														GM CEJ
	2 2 3		5 9 9		3 2 3	3 2 3	2 2 5	3 2 2	2 1 2	2 1 2	7 8 7			Attach
	N N N		N N N		N N N	N N N	N N N	N N N	N N N	N N N	N N N			Calculus
	PPP		PPP		PPP			Plaque						
	N N N		B N N		N N N	N N N	N N N	N N N	B N N	N N N	N N N			Bleed
	0		2		0	0	0	0	0	0	2			Mobility
	0 0													Furcation





Patient C

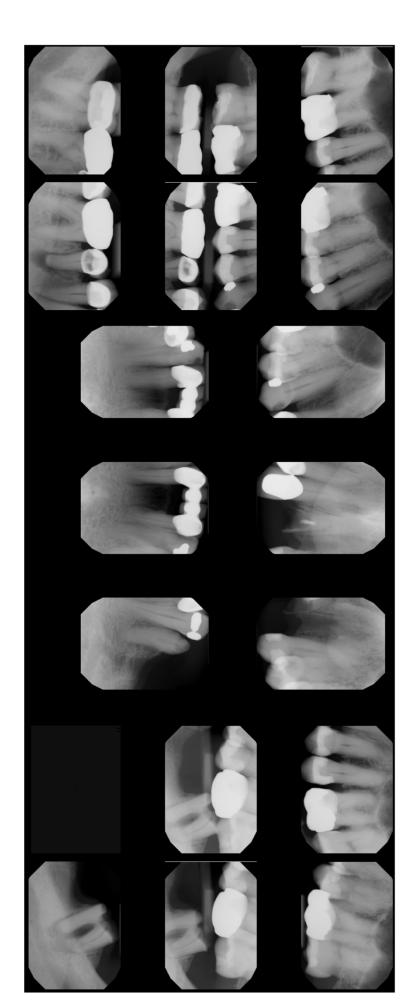
79 yo female

- Type II diabetes
 - A1c 6.8
- Medications
 - Atorvastatin
 - Glipizide

- No tobacco
- Four teeth lost due to periodontal disease

	3 2 3	3 2 3	4 1 3	4 1 5	4 1 3	5 1 4	3 1 4		3 2 3	4 2 5	4 2 6	5 2 5	4 2 4		P Depth
	3 3 3	0 4 0	0 2 0	0 2 0	0 3 0	0 1 0	0 0 0		0 2 0	0 0 0	0 2 0	0 0 0	0 1 0		GM CEJ
	6 5 6	3 6 3	4 3 3	4 3 5	4 4 3	5 2 4	3 1 4		3 4 3	4 2 5	4 4 6	5 2 5	4 3 4		Attach
	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N		Calculus
	PNP	PNP	PNP	PNP	PNP	PNP	N N N	N N N	N N N	PNP	PNP	PNP	PNP		Plaque
	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0		Suppuratn
	N N N	N N N	N N N	N N B	N N N	B N N	B N B		N N N	BNN	N N N	N N B	N N N		Bleed
	0	0										0	0		Furcation
1	2	3	4	5	6	7	8	9 1	0 11	12	13	14	15	16	
	3 2 3	3 2 3	4 2 3	4 2 4	4 2 2	4 2 3	3 2 3		2 2 3	3 2 4	3 1 4	3 2 5	5 3 4		P Depth
	0 0 0	0 2 0	0 0 0	0 2 0	0 0 0	0 0 0	0 0 0		0 0 0	0 0 0	0 0 0	0 2 0	0 0 0		GM CEJ
	3 2 3	3 4 3	4 2 3	4 4 4	4 2 2	4 2 3	3 2 3		2 2 3	3 2 4	3 1 4	3 4 5	5 3 4		Attach
	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N		Calculus
	PNP	PNP	PNP	PNP	PNP	PNP	P N N	N N N	PNP	PNP	PNP	PNP	PNP		Plaque
	N N N	N N N	N N B	B N N	N N N	N N N	B B N					B B	В		Bleed
	0	0	0	0	0	0	0	0	0	0	0	0	0		Mobility
	0 0	0 0										0 0	0 0		Furcation

	0	0														Furcation
	0	0	0	0	0	0			0	0	0					Mobility
	N N N	N N B	B N B	N N N	N N N	N N N			N N N	N N N	N N N					Bleed
	PNP	P N P	P N P	PNP	P N P	PNP			PNP	PNP	PNP					Plaque
	N N N	N N N	N N N	N N N	N N N	N N N			N N N	N N N	N N N					Calculus
	4 2 4	4 2 4	4 2 4	4 2 3	3 2 3	3 2 3			3 1 3	3 2 3	3 2 2					Attach
	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0			0 0 0	0 0 0	0 0 0					GM CEJ
	4 2 4	4 2 4	4 2 4	4 2 3	3 2 3	3 2 3			3 1 3	3 2 3	3 2 2					P Depth
32	31	30	29	28	27	26	25	24	23	22	21	20	19	18	17	
32	0	30 0	29	28	27	26	25	24	23	22	21	20	19	18 0	17	Furcation
32			29 B N B	28 B N N	27 N N N	26 N N N	25	24	23 N N N	22 N N N	N N N	20	19		17	Furcation Bleed
32	0	0					25	24				20	19		17	
32	0 N N B	0 B N B	B N B	B N N	N N N	N N N	25	24	N N N	N N N	N N N	20	19		17	Bleed
32	0 N N B 0 0 0	0 B N B 0 0 0	B N B 0 0 0	B N N 0 0 0	N N N 0 0 0	N N N 0 0 0	25	24	N N N 0 0 0	N N N 0 0 0	N N N 0 0 0	20	19		17	Bleed Suppuratn
32	0 N N B 0 0 0 P N P	0 B N B 0 0 0 P N P	B N B 0 0 0 P N P	B N N 0 0 0 P N P	N N N 0 0 0 P N P	N N N 0 0 0 P N P	25	24	N N N 0 0 0 P N P	N N N 0 0 0 P N P	N N N 0 0 0 P N P	20	19		17	Bleed Suppuratn Plaque
32	0 N N B 0 0 0 P N P N N N	0 B N B 0 0 0 P N P N N	B N B 0 0 0 P N P N N N	B N N 0 0 0 P N P N N N	N N N 0 0 0 P N P N N N	N N N 0 0 0 P N P N N N	25	24	N N N 0 0 0 P N P N N N	N N N 0 0 0 P N P N N N	N N N 0 0 0 P N P N N N	20	19		17	Bleed Suppuratn Plaque Calculus
32	0 N N B 0 0 0 P N P N N N 3 2 4	0 B N B 0 0 0 0 P N P N N N N 4 2 5	B N B 0 0 0 0 P N P N N N 4 2 5	B N N 0 0 0 P N P N N N 5 2 3	N N N 0 0 0 0 P N P N N N 3 2 6	N N N 0 0 0 0 P N P N N N 3 3 3	25	24	N N N 0 0 0 P N P N N N	N N N 0 0 0 P N P N N N 4 2 2	N N N 0 0 0 P N P N N N 2 1 2	20	19		17	Bleed Suppuratn Plaque Calculus Attach



Patient D

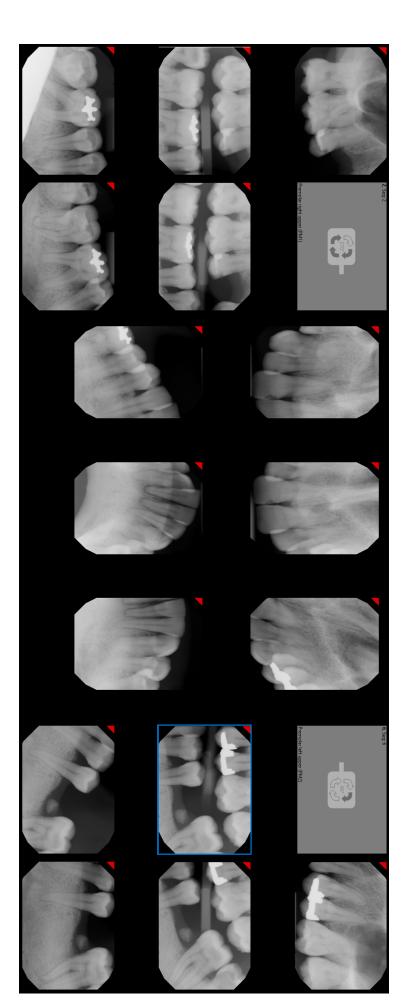
40 yo female

- Hypertension
- Medications
 - Amlodipine

- Tobacco use − ½ pack/day
 - 25 years
- No tooth loss due to periodontal disease

	4 2 3	4 1 3	3 1 2		1 1 3	3 1 4	4 1 2	3 1 2	3 1 3	4 1 5	3 1 6	3 1 5	4 2 5	6 5 5		P Depth
	0 1 0	0 1 0	0 0 0		0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 1 0	0 1 0	0 1 0	0 1 0	0 1 0	C	GM CEJ
	4 3 3	4 2 3	3 1 2		1 1 3	3 1 4	4 1 2	3 1 2	3 1 3	4 2 5	3 2 6	3 2 5	4 3 5	6 6 5		Attach
	N N N	N N N	N N N		N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	N N N	C	Calculus
	PPP	PPP	PPP		PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	P	Plaque
	0 0 0	0 0 0	0 0 0		0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	9	Suppuratn
	N N N	N N B	N N N		N N B	B N B	B N B	N N N	B N N	N N N	N N B	N N B	N N B	B B B	E	Bleed
	0	0											0	0	F	Furcation
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
	3 1 4	4 1 4	3 1 2		2 2 3	3 1 3	4 1 3	3 1 2	3 1 3	4 1 3	3 1 4	4 2 3	3 1 5	3 2 4	P	P Depth
	0 0 0	0 0 0	0 0 0		0 0 0	0 1 0	0 1 0	0 0 0	0 0 0	0 1 0	0 0 0	0 0 0	0 0 0	0 0 0	C	GM CEJ
	3 1 4	4 1 4	3 1 2		2 2 3	3 2 3	4 2 3	3 1 2	3 1 3	4 2 3	3 1 4	4 2 3	0 4 5	3 2 4	F	Attach
					2 2 3	0 2 0	7 2 3	3 1 2	3 1 3	4 2 3	3 1 4	4 2 3	3 1 5	3 2 7		
	N N N	N N N	N N N		N N N	N N N	CCC	CCC	N N N	N N N	N N N	N N N	3 I 5	N N N		Calculus
	N N N P P P	N N N P P P					C C C	C C C	0 1 0		N N N P P P		N N N P P P		C	
			N N N		N N N	N N N	ССС	ССС	N N N	N N N	N N N	N N N	NNN	N N N	P E	Calculus Plaque Bleed
	P P P	PPP	N N N P P P		N N N P P P	N N N P P P	C C C	C C C	N N N P P P	N N N P P P	N N N P P P	N N N	N N N P P P	N N N P P P	F B	Calculus Plaque



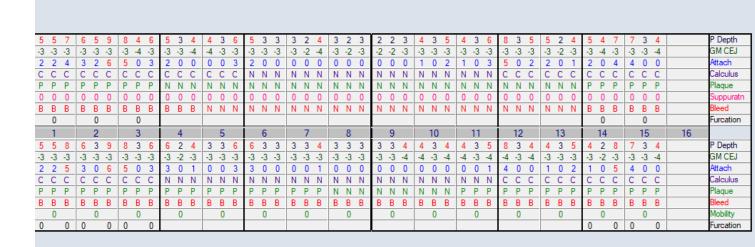


Patient E

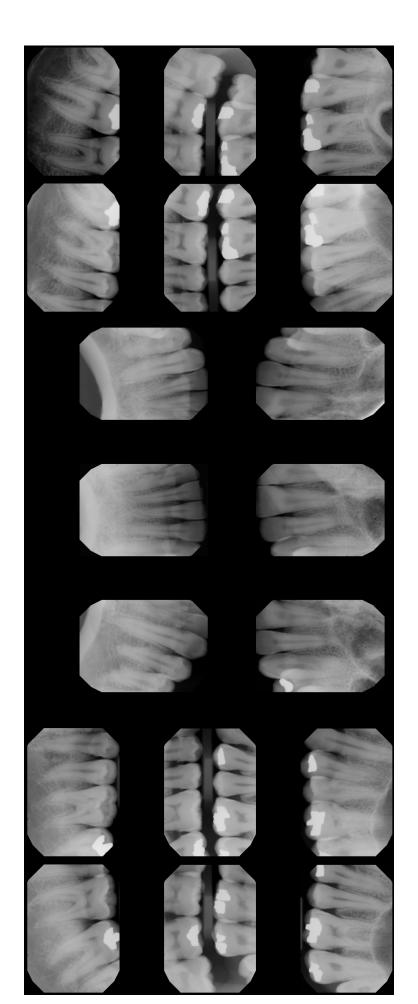
24 yo male

- No systemic disease
- No medications

- Tobacco use 3 5/day
 - Five years
- No tooth loss due to periodontal disease







Patient F

58 yo female

- Type II diabetes
 - latest A1c 7.1
- Hypertension
- High cholesterol
- Medications
 - Glipizide
 - Bupropion
 - Lisinopril

- No tooth loss due to periodontal disease
- No tobacco use

			3 1 3	3 1 3	2 1 3	3 1 2	2 1 2	2 1 3	2 2 3	3 2 1	3 2 3	4 1 5	5 2 3			P Depth
			0 1 0	0 1 0	0 0 0	0 0 0	0 0 0	0 -1 -3	-2 1 -3	0 1 0	0 2 0	0 1 0	2 2 2			GM CEJ
			3 2 3	3 2 3	2 1 3	3 1 2	2 1 2	2 0 0	0 3 0	3 3 1	3 4 3	4 2 5	7 4 5			Attach
			N N N	N N N	N N N	N N N	N N N	N N N	N N N	CCC	N N N	N N N	N N N			Calculus
			P P P	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP	PPP			Plaque
			0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0			Suppuratn
			N N N	N N N	N N B	N N N	N N N	B N N	N N N	N N N	N N B	B B B	B N N			Bleed
													0			Furcation
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
1	2	3	4 3 1 2	5 2 1 3	6 1 1 3	7 2 1 1	8 1 1 2	9 2 1 2	10 3 1 2	11 2 1 2	12 3 1 3	13 3 2 4	14 3 1 3	15	16	P Depth
1	2	3				7 2 1 1 0 0 0	8 1 1 2 0 0 -1			11 2 1 2 0 0 0				15	16	P Depth GM CEJ
1	2	3	3 1 2	2 1 3	1 1 3	2 1 1	1 1 2	2 1 2	3 1 2	2 1 2	3 1 3	3 2 4	3 1 3	15	16	
1	2	3	3 1 2	2 1 3	1 1 3	0 0 0	1 1 2	2 1 2	3 1 2	2 1 2	3 1 3 0 0 0	3 2 4 0 0 0	3 1 3 2 2 2	15	16	GM CEJ
1	2	3	3 1 2 0 0 0 3 1 2	2 1 3 0 0 0 2 1 3	1 1 3 0 0 0 1 1 3	0 0 0	1 1 2 0 0 -1 1 1 1	2 1 2 -1 0 0 1 1 2	3 1 2 -1 -1 -1 2 0 1	2 1 2	3 1 3 0 0 0 3 1 3	3 2 4 0 0 0 3 2 4	3 1 3 2 2 2 5 3 5	15	16	GM CEJ Attach
1	2	3	3 1 2 0 0 0 3 1 2 N N N	2 1 3 0 0 0 2 1 3 N N N	1 1 3 0 0 0 1 1 3 N N N	0 0 0 2 1 1 N N N	1 1 2 0 0 -1 1 1 1 N N N	2 1 2 -1 0 0 1 1 2 N N N	3 1 2 -1 -1 -1 2 0 1 N N N	2 1 2 0 0 0 2 1 2 N N N	3 1 3 0 0 0 3 1 3 N N N	3 2 4 0 0 0 3 2 4 N N N	3 1 3 2 2 2 5 3 5 N N N	15	16	GM CEJ Attach Calculus
1	2	3	3 1 2 0 0 0 3 1 2 N N N P P P	2 1 3 0 0 0 2 1 3 N N N	1 1 3 0 0 0 1 1 3 N N N P P P	0 0 0 2 1 1 N N N	1 1 2 0 0 -1 1 1 1 N N N P P P	2 1 2 -1 0 0 1 1 2 N N N	3 1 2 -1 -1 -1 2 0 1 N N N	2 1 2 0 0 0 2 1 2 N N N	3 1 3 0 0 0 3 1 3 N N N P P P	3 2 4 0 0 0 3 2 4 N N N P P P	3 1 3 2 2 2 5 3 5 N N N P P P	15	16	GM CEJ Attach Calculus Plaque

																Furcation
	0	0	0	0	0	0	0	0	0	0	0	0		0		Mobility
	N N N	N N N	N N N	N N N	N N N	ВВВ	N N N	N N N	N N N	N N N	N N N	N N N		N N N		Bleed
	PPP		PPP		Plaque											
	N N N	N N N	N N N	N N N	C	ССС	ССС	CCC	CCC	N N N	N N N	N N N		N N N		Calculus
	4 3 4	4 3 4	5 3 3	4 3 3	3 1 3	4 2 2	3 3 2	2 3 2	1 2 2	3 2 3	3 2 3	3 1 3		4 4 4		Attach
	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 1 0	0 2 0	0 2 0	0 1 0	0 0 0	0 0 0	0 0 0		0 0 0		GM CEJ
	4 3 4	4 3 4	5 3 3	4 3 3	3 1 3	4 1 2	3 1 2	2 1 2	1 1 2	3 2 3	3 2 3	3 1 3		4 4 4		P Depth
32	31	30	29	28	27	26	25	24	23	22	21	20	19	18	17	
	0	0												0		Furcation
	N N N	N N N	N N N	N N N	N N N	B N N	N N N	N N N	N N N	N N N	N N N	N N N		N N N		Bleed
	B B B	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0	0 0 0		B B B		Suppuratn
	PPP		PPP		Plaque											
	N N N	N N N	N N N	N N N	N N N	N N N	N N N									Calculus
	7 5 8	4 2 4	3 2 2	2 1 2	3 2 3	6 5 2	2 1 2	2 1 2	2 1 2	2 1 3	3 1 3	2 2 3		4 4 4		Attach
	3 3 3	0 1 0	0 1 0	0 0 0	0 0 0	0 0 0	0 0 0					1				GM CEJ
	4 2 5	4 1 4	3 1 2	2 1 2	3 2 3	6 5 2	2 1 2	2 1 2	2 1 2	2 1 3	3 1 3	2 1 3		4 4 4		P Depth

