



# et Ready For Our IPCOMING EVENTS

MAR 9

Online General Meeting (via Zoom) • Tuesday 6-8pm • \$49

Metabolic Syndrome, Its Etiology and Connection to Chronic Disease in Modern Man (2 CEU, Core) Presented by Robert Shorey, DDS

Nutrition is an undervalued component of good health and our dental curriculums. Dental caries has plaqued mankind and the rate of dental caries has not declined substantially even though we have excellent dental services and fluoride. Today the rate of diabetes is continually increasing along with obesity and insulin resistance. What do these things have in common fermentable carbohydrates and snack foods. So little is clearly understand what constitutes good nutrition. Our talk will touch on the current state of humanity and nutrition. We will review what is becoming known as metabolic syndrome and discuss how dentistry could play in key role in better health, better nutrition and prevention of chronic disease.

MAR 17

# CPR - AHA BLS Blended Learning Course

Wednesday, 3 Time Sessions (6-6:45pm, 7-7:45pm, and 8-8:45pm)

\$77.50 (\$31 paid directly to AHA for the online course and the other \$46.50 paid to SDDS for the skills check portion)

For the Healthcare Provider (4 CEU, Core)

The March CPR Course will be an AHA blended learning course. Blended learning is a combination of eLearning (online portion), in which a student completes part of the course in a self-directed manner, followed by a hands-on session.

There are three potential time slots for the skills test session on that day. When signing up you'll select your preference (note that we will do our best to accommodate your preference, but sessions may fill up).

MAR 24

HR Webinar • Wednesday, 12-1:00pm • \$59

The Pros and Cons of Alternative Workweeks (1 CEU, 20%) Presented by California Employers Association

# Business Forum Webinar (via Zoom)

Thursday 6-8pm • \$75

Buy It, Build It, Lease It (No CEU) Presented by Dave Olson, Olson Construction; Gary Perkins, GP Development; Brett LeMmon, Thomas Doll; George Cochrane, Banner Bank; Keith Dunnagan, BPE Law Group

Courses/events may be affected based on COVID considerations and social distancing guidelines. If necessary, alternate plans will be offered.

MAR 26

# Continuing Education (via Zoom)

Friday, 9-11:00am • \$99

Treating Patients for Life — The Role of Dental Implants in an Uncertain Post-Pandemic World (2 CEU, Core) Presented by Michael D Scherer, DMD, MS, FACP (Sponsored by Zest Dental Solutions)

# Coming In April 2021...

**APR** 1

**Harassment Webinar** • Thursday, 12–1pm • \$39

Harassment Prevention Training – For Employees (Webinar) (1 CEU, Core) Presented by California Employers Association

APR

Online General Meeting (via Zoom)

13 Tuesday • 6-8pm • \$49

> TWEAKED! ICE, ACEs & CPS: An Intertwined Relationship (2 CEU, Core)

Presented by Mitchell Goodis, DDS and Jennifer Berry, N/A, MS

**APR** 

CPR - AHA BLS Blended Learning Course

Friday, 3 Time Sessions (8-8:45am, 9-9:45am, and 10-10:45am)

**APR** 

Business Forum Webinar (via Zoom)

Thursday 6-8pm • \$75

Meet Our Vendor Members! (2 CEU, 20%)



**VOLUME 67, NUMBER 3** 

COVER IMAGE CREDIT: ADOBE STOCK



٦	O&A	with Dr.	Chris	Macasaet
	Quii	***********	OILLID	TITACADAC

- Hello Dr. Deanna Lee
- Meet Dr. Jonathan Lee
- Q+A with Dr. Elizabeth Bingham
- Meet Dr. Ramesh Thondapu

# Nugget Editorial Board

Ash Vasanthan, DDS, MS . Editor-in-Chief Nima Aflatooni, DDS • Jim Cope, DDS Herlin Dyal, DDS, MS . Tyler Holt, DDS Denise Jabusch, DDS . Brian Ralli, DDS Gabrielle Thodas, DDS

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# **International College of Dentists (ICD)**

2020 • Platinum Pencil Outstanding use of graphics

2020 • Golden Pen, honorable mention Article / series of articles of interest to the profession

2020 • Special Citation Award

2019 • Special Citation Award

2019 • Golden Pen, honorable mention

2018 • Humanitarian Service Award 2017 • Special Citation Award

2016 • Golden Pen, honorable mention

2015 • Special Citation Award

2014 • Outstanding Cover, honorable mention 2014 • Golden Pen, honorable mention 2013 • Outstanding Cover

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By Volki Felahy, DDS 2021 SDDS President

This month's Nugget is dedicated to the real-life experiences of the new dentist. The pages are filled with interviews with recent graduates about the challenges they face in today's dental marketplace. Thumbing through them makes me reminisce about my experience of leaving school, which involved days filled with clinical checks and three-hour initial exams as I adjusted to life in a private practice. I remember all—well, most—of my dental firsts: first patient, first filling, first paycheck, and first loan payment, to name a few. Fast-forward into this year twenty years and three months later, and I can say we (as a dental community) are experiencing a whole new set of unusual firsts. Our first year as a Dental Society was almost completely virtual. Our first immunizations with COVID-19 vaccine became available.

I also look back at some of the firsts we experienced as a Dental Society during

the past year and see fun and success. One example is our first virtual midwinter convention; the week of webinars was executed seamlessly. The schedule was full of great speakers, members, and guests and was a great example of how the SDDS team, led by Cathy under the direction of your Board, has been able to pivot successfully and rapidly to meet the everchanging protocols of the pandemic.

Our dental society is incredibly lucky to have Cathy and her team working so hard for us. I have personally witnessed how they have worked countless hours to ensure our members' concerns are heard during this pandemic. Furthermore, they have tapped deep into their creativity to carry out all events smoothly. They not only work on members' concerns and educational events but also do much more. For our members looking for employment, they set up and maintain an up-to-date job bank. For our

newest members or others wishing they had an experienced sounding board, there is a mentor program. It's always comforting to visit with someone who has already been through some of the challenges we all face.

These are just a few of the many services they provide to us. If you get a chance this month to email, phone, or meet in person, please take a moment to thank the SDDS team for all they do for our dental society. They truly deserve our praise and gratitude. Again, I welcome our newest members to what is, in my opinion, the greatest dental component in California.

# 2021 SDDS Committee Schedule

# **Standing Committees**

CPR Committee (courses) Mar 17 • Apr 17 • Aug 18 • Sep 17 • Nov 12

Nominating/Leadership **Development** 

Feb 16

### Foundation

**Foundation Board** Feb 23 • Sep 27

# Other

Sac Pac TBA

**CDA House of Delegates** 

# **Advisory Committees**

**Continuing Education Advisory** 

Mass Disaster/Forensics Advisory

**Nugget Editorial Advisory** Feb 23 • Sep 20

Strategic Plan Advisory Schedule as needed

**Budget and Finance Advisory** Schedule as needed

**Bylaws Advisory** Schedule as needed

**Legislative Advisory** Schedule as needed

# Leadership

**Board of Directors** Mar 2 • May 4 • Sep 7 • Nov 2

**Executive Committee** Feb 19 • Apr 9 • Aug 6 • Oct 8 • Dec 3

# Task Forces

**Mediation Review** Mar 15 • Apr 12

**Member Benefits/Services** Feb 22 • Apr 26

**Oral Health/Prop 56 Initiatives** Mar 12



By Cathy B. Levering SDDS Executive Director

# Ylanning... & Re-planning!

Well, here we are in March – the one year anniversary of COVID shutdown and all things cancelled, rescheduled, converted, pivoted, changed and re-thought. I quite honestly never expected to be rescheduling still at this point. But alas, we continue to pivot. I must publicly thank our speakers and presenters for our general meetings and CE Courses, they have been so flexible. Dr. Michael Scherer, scheduled for March CE, has changed his entire program to fit a ZOOM format (still on the same date on March 26th) and will present his in-person class in the fall. This is true for Dr. Jamison Spencer as well. Dr. Spencer was a huge hit at MidWinter 2020, and his previously scheduled April program (general meeting and a CE course the next day) will be moved to November. Thanks also to Dr. Mitchell Goodis who has offered to be our April General meeting speaker.

Our plans are to continue to Zoom meetings, committees and continuing education through the end of April. We REALLY, REALLY, REALLY are hoping to be back in person starting in May – including our May 7th Foundation Golf Tournament. But time will tell and we have more back up plans than you can imagine.

WE WILL GET THROUGH THIS... right? Right. Right! As your Executive Director, you have my pledge that we will continue to stay positive, stay safe and continue to keep our members and SDDS benefits intact, albeit ever-changing and flexible. We promise to continue to stay positive and energetic and responsive.

Thank you, SDDS members, for YOUR flexibility and YOUR continued support of SDDS!





# **LEADERSHIP**

President: Volki Felahy, DDS Immediate Past President: Carl Hillendahl, DDS President Elect/Treasurer: Wesley Yee, DDS Secretary: Lisa Dobak, DDS Editor-in-Chief: Ash Vasanthan, DDS, MS

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> Wallace Bellamy, DMD TRUSTEES Viren Patel, DDS

CPR: Margaret Delmore, MD, DDS Nominating/Leadership Development: Carl Hillendahl, DDS

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SDDS STAFF



# **DID YOU MISS** THE LIVE COURSES!

Most courses from the Super CE: Week of Webinars will be available on demand after February 20th!

The Nugget is an opinion and discussion magazine for SDDS membership. Opinions expressed by authors are their own, and not necessarily those of SDDS or *The Nugget* Editorial Board. SDDS reserves the right to edit all contributions for clarity and length, as well as reject any material submitted. The Nugget is published monthly (except bimonthly in June/July and Aug/Sept) by the SDDS, 2035 Hurley Way, Ste 200, Sacramento, CA 95825 (916) 446-1211. Acceptance of advertising in The Nugget in no way constitutes approval or endorsement by Sacramento District Dental Society of products or services advertised. SDDS reserves the right to reject any advertisement.

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# Meet the Next

# **Generation of Dentists**

Remember when there was fresh ink on your diploma from dental school? Recall when you were evaluating your career path options in dental education, public health, dental research, or private practice? Remember agonizing over your employment options, or maybe non-options? Remember applying for your first job that required a dental degree? Recall applying for your first business bank loan? The newest generation of dentists have not only faced these life altering obstacles recently, but they also dealt with the lingering economic effects of the 2008 recession and now the current world-wide pandemic. Most new graduates also, carry staggering student debt. This Nugget issue is dedicated to the newest members of our profession to find out how they are faring, what are their thoughts and what are their ambitions. By no means does this issue reflect the full spectrum of new graduates. In fact, serendipity played a major role of the five featured dentists. Research for this issue involved a list supplied by the Sacramento District Dental Society of dentists that had graduated in the last ten years. In addition, fellow colleagues and a public health employer were contacted for referrals. The research included a questionnaire and in-person interview and many emails. Providence might have helped to find these dentists, that and an efficient front office receptionist getting the message to the dentist in the back office or in one case, a good mom urging participation.



But what is notable about the five featured dentists is that they all completed a residency program after dental school. They fine-tuned their dental skills and sought additional expertise in a variety of fields and interests. They are business savvy, and know that if they are to survive economically, they must be well-informed. They have no illusions about their goals, and yet they have kept the altruistic motivation of why one chooses a dental career, that is to care for others. Their enthusiasm for dentistry shows. Please meet Drs. Chris Macasaet, Deanna Lee, Jonathan Lee, Elizabeth Bingham, and Ramesh Thondapu. Suffice to say, it is a sheer pleasure to meet them.

# **UPCOMING CE COURSE!**

Treating Patients for Life – The Role of Dental Implants in an Uncertain Post-Pandemic World\*



COVID-19 has changed the landscape of our dental practices, how do we pivot and thrive in a post-pandemic clinical practice? In this presentation, the focus is on how to improve the quality of life of your patients and improve practice growth using dental implants. Emphasis will be placed on focusing on a broad range of dental implant options using affordable and low cost strategies to treat patents to get patients to say yes to treatment even when the world is going crazy!

# Michael D Scherer, DMD, MS, FACP

Dr. Scherer is an Assistant Clinical Professor at Loma Linda University, a Clinical Instructor at University of Nevada - Las Vegas, and maintains a practice limited to prosthodontics and implant dentistry in Sonora, California. He is a fellow of the American College of Prosthodontists, has published articles, DVD training series, and in-person and online courses related to implant dentistry, clinical prosthodontics, and digital technology with a special emphasis on full-arch reconstruction. As an avid technology & computer hobbyist, Dr. Scherer's involvement in digital implant dentistry has led him to develop and utilize new technology with CAD/CAM surgical systems, implement interactive CBCT implant planning, and outside of the box radiographic imaging concepts.

# Friday, March 26, 2021

9am – 11am Webinar/Zoom Meeting

2 CEU, Core \$99 SDDS Members & Staff \$89 DHP Members

Head to sdds.org or use the insert included in this issue to get signed up for the class today!

\* Note change of program, speaker is the same!

# Why are more dentists (and kids) smiling? The freedom of LIBERTY Dental Plan!



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# YOU SHOULD KNOW

# **IMPORTANT REMINDER PAPERLESS RENEWAL -**COMING TO THE DENTAL BOARD OF CALIFORNIA IN JULY 2021

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To better serve our licensees with greater speed and accuracy, the Dental Board of California (Board) will convert to an online-only renewal process beginning with the July 2021 renewal cycle.

Renewing online significantly reduces processing times: renewal transactions can be approved within 24 to 48 hours, compared to the current mail-in process, which can take up to 4 to 6 weeks.

This will also reduce the Board's carbon footprint, conserve natural resources, reduce mailing costs, and make the best use of licensee/permit renewal fees.

As part of this transition, licensees/permit holders will no longer receive the current renewal notice by mail. Licensees/permit holders will instead be mailed a renewal reminder postcard approximately 90 days prior to their expiration date for each license or permit they hold.

To aid licensees/permit holders in this transition, the Board recommends that licensees/permit holders that are not currently registered on the BreEZe system set up their account now to avoid any technological or account issues when renewing a license or permit near the expiration date.

For information on setting up your BreEZe account and renewing online, please visit the BreEZe webpage at www.BreEZe.ca.gov.

In addition to renewing online, you can apply for a new license or permit and make changes to your information, such as updating your mailing address or requesting a duplicate license.

Until the transition, licensees can continue to renew online or by mail. If you have additional questions or concerns, please contact the Board at (916) 263-2300, or by email at dentalboard@dca.ca.gov.

# REMINDER: CAL/OSHA POSTING REQUIREMENT FEBRUARY 1ST!

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Every year, from February 1 – April 30, most employers are required to post Cal/OSHA Form 300A in a conspicuous place where you normally post employee posters. It's that time again, and after April 30th, the form may be taken down but must be kept on file for 5 years.

# WE ARE PUSHING OUT ALL COVID-19 VACCINE INFO WE GET VIA EMAIL - MAKE SURE YOU ARE RECEIVING OUR EMAILS

# **MEMBER BENEFIT**

All primary offices should have received a free copy of the 2021 Employment Law Poster in February.

Additional posters are available for sale through SDDS for \$24.95 (member price).

Don't throw it away! Unfortunately, we will have to charge you for a replacement.



# **DON'T GET SCAMMED**

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Licensees continue to report being victimized by scam callers claiming to represent the Dental Board of California (Board) or another government agency.

The Board has learned that scam artists posing as Board staff are calling California licensees as part of an attempted fraud scheme. The callers identify themselves as Board staff members or investigators, notify the licensee that they are under investigation for drug trafficking by the Board and other entities including local police, the Drug Enforcement Agency (DEA), and/or the FBI, and demand money.

The callers may be "spoofing" the Board's telephone numbers to make the calls appear to be coming from the Board.

Board staff members or investigators will never contact licensees demanding money or payment of any form without conducting an official investigation or inquiry. If you receive such a call, please refuse the demand for payment.

Please also consider the following:

- If you receive a call, contact the Board directly at (877) 729-7789 or (916) 263-2300, or via email to Dentalboard@dca. ca.gov to inquire if an official investigation is being conducted.
- If the caller is stating they are from DEA, report the scam using the DEA's Extortion Scam online reporting form.
- If the phone number of the caller appears to be the Board telephone number, it is recommended that you submit an online complaint with the Federal Communications Commissions (FCC) using the FCC's Consumer Complaint form or contacting the Board, so it can provide the information to the FCC.
- Do not disclose any personal information, i.e. social security numbers, date of births, or credit / debit card numbers.



# Nugget:

Do you have family members that are dentists?

# Dr. Macasaet:

I come from a long line of dentists. My grandfather is a prosthodontist and my grandmother is an or-

thodontist. My father, aunt, and cousin are all dentists and my younger sister is currently in dental school. My grandfather on my father's side, the prosthodontist, was the dean of the dental school at the University of the Philippines. He later taught at Georgetown University when they had a dental school.



# By Chris Macasaet, DDS SDDS Member

Dr. Macasaet went to dental school at the University of the Pacific Arthur A. Dugoni School of Dentistry in San Francisco, California. He also attended a General Practice Residency at St. Barnabas Hospital in Bronx, New York. Currently Dr. Macasaet practices with his father at their two private practices, Calvine Family Dental in Elk Grove and Aloha Family Dental in El Dorado Hills, California.

# Nugget:

Those are big shoes to fill. So why did your father leave an established family practice and move to the United States?

# Dr. Macasaet:

My dad could have easily stepped into his parent's practice but he wanted a better life for his children. The Philippines was not the best place to raise a family and was fairly corrupt. He thought that it would be better to move to America and start a new life and raise a family here. He knew it would be hard because he didn't have a lot of money but it worked out very well.

# Nugget:

You grew up in Sacramento, California and a week after graduating from the Arthur Dugoni School of Dentistry in San Francisco in 2019 you entered a one-year residency in Bronx, New York. Why did you choose this residency in New York?

### Dr. Macasaet:

The reason I went there is I am very interested in surgery. St. Barnabas Hospital is in the Bronx, New York and is a level one trauma center. Since I was the dental surgery resident on-call, I would see all of the trauma from the neck on up. I sutured numerous faces during my time there. The residency was like the television show "Grey's Anatomy" and during my on-call days, I would have to spend the night at the hospital. Another reason why I went to New York, was that I lived in California my entire life and I wanted to see the other side of the country before I settled down in Sacramento.

# Nugget:

Are you considering a residency program in Oral and Maxillofacial Surgery?

### Dr. Macasaet:

I haven't decided yet. Oral Surgery training in California would be nice.

# Nugget:

After the general practice residency ended in mid 2020, where have you been working?

# Dr. Macasaet:

I am currently working at my family's two private practices: Calvine Family Dental Care in Elk Grove and Aloha Family Dental Care in El Dorado Hills. Generally, I work anywhere from four to six days a week. With the holidays and more people wanting to squeeze in appointments, we've been working five to six days which is pretty busy.

# Nugget:

Is it difficult to balance life and professional career?

## Dr. Macasaet:

It is more difficult than I thought it would be to balance life and my professional career, especially when I am running my own practice. Dentistry is time consuming, and I care deeply about my patients, which makes it even more difficult to leave work at the office. Two habits that have helped are waking up early to read a few pages of a good book with my morning coffee, and at night focus on going to the gym and getting my blood flowing after a hard day's work. I make sure to reserve most of the weekend to pure leisure.

# **Nugget:**

Are you content with your choice of careers?

# Dr. Macasaet:

Ultimately, yes. Ever since I was a child, I would play in my father's practice daily, and he would introduce me to his staff and patients. My dad would then proudly say, "My son is going to be a dentist!". The setback, here, is when one states someone else is going to be something or someone in the future, it may push that person in the opposite direction, which is how my story started. Growing up, I sought any profession other than dentistry. At the start of college, I shadowed architects, bioengineers, artists, and surgeons, but these professions somehow did not check off all my boxes. When considering a profession, I composed a list of fundamentals that would comprise my dream profession. Undoubtedly, having an artistic and building component made it to the top of my list. From the moment I could hold a pencil, I would spend hours engulfed in a drawing with a smile on my face. My friends and family saw the pure bliss in my eyes when I gazed upon one of my completed creations. The second component, a profession containing a social aspect, was crucial since I love interacting with people, building friendships, and listening to another person's stories and experiences. Lastly, a component that lets me give back to others through a manner of health. The reason for this last component is I was an athlete in my younger years with a fascination for biology



and science. In hopes of me still pursuing dentistry, my father asked me to shadow his friend from dental school who became an oral surgeon, I agreed. Shadowing this surgeon changed my view on dentistry and he was everything I envisioned myself to become. Ever since then, I knew dentistry was the perfect fit for me.

# **Nugget:**

Do you enjoy dentistry?

# Dr. Macasaet:

No, I don't enjoy dentistry, I love dentistry. I love seeing before and after photos of my work and how my work has impacted the oral health, smile, and confidence of my patients. My favorite part about dentistry is how each and every day, I can build new connections with my patients and have them join my dental family.



# Dr. Deanna Lee

By Deanna Lee, DDS

Dr. Lee graduated from University of the Pacific Arthur A. Dugoni School of Dentistry in 2016. Post-graduation, she completed a 12-month residency in Advanced Education in General Dentistry at Davis, California. She currently practices at Chapa-De Indian Health in Auburn, California.

# Nugget:

Currently you are working at Chapa-De Indian Health in Auburn, California. How did you aet vour current iob?

# Dr. Lee:

My father had told me about Chapa-De Indian Health. I found on their website that they had an opening for a full-time general dentist. I immediately applied for the job and they responded right away. At the time that I applied for the job, I was still waiting for my dental license. I obtained my dental license by completing the one-year Advanced Education in General Dentistry residency. I was lucky to receive my dental license much more quickly than I had anticipated so I was able to start working at Chapa-De in September 2017, just two months after my residency program ended.

# Nugget:

What would be your ideal work environment: group practice, solo practice, public health or some other situation?

# Dr. Lee:

My ideal work environment is in public health. In fact, I see myself working in public health for the rest of my dental career. I absolutely love working in public health because I am able to help so many people who desperately need dental care. I find that my job can be very hectic and stressful at times but I find it even more rewarding. I also love that I can go to work, do my job, and then go home and not worry about managing the office. I recently became a homeowner and I plan on getting married and raising children in the future, so I think I will be able to balance my work and personal life better if I do not need to manage a dental practice. I also chose to not be in solo practice because it is so expensive to go through dental school and then to buy a practice. I recall that some of my classmates from dental school graduated with half a million in debt! I was fortunate to not have that much in loans but I would be very concerned about paying off that amount in loans, all the while buying and managing a practice.

# Nugget:

Have the new COVID requirements been difficult to adjust to?

# Dr. Lee:

The new COVID requirements were initially difficult to adjust to mainly because the requirements were constantly changing. Our office has always been efficient about having enough Personal Protective Equipment but now there are more rules that we have to follow. Our clinic, like so many others, have been having difficulty obtaining N95 masks that properly fit our staff. We received a large number of donated N95 masks but we found that many of our staff do not pass the fit test with the donated masks. We also have a very large clinic that consists of medical, dental, optometry, diabetes, and behavioral health departments, so we need much more PPE than other small clinics or dental practices. To help alleviate the N95 shortage, our clinic was able to obtain a large number of Power Air Purifying Respirator units and we have also been using extraoral suction units to collect aerosols created from procedures. We have also needed to reduce the number of patients we see to maintain social distancing requirements in our waiting rooms.

# **Nugget:**

What are your current challenges?

# Dr. Lee:

Our current challenges are mostly concerning PPE shortages and being able to adapt to the constantly changing COVID requirements. We have been able to increase the number of patients we see and we have finally returned to being able to do all types of dental procedures, but in turn it has also increased the physical and mental strain on the staff. I have heard from many of our Registered Dental Assistants who are wearing the PAPR units that the units are physically taxing because they are heavy and bulky, especially when worn constantly during a full day of work. For me personally, I am glad that we are slowly returning back to our normal schedules, but there is always that fear of being infected with COVID. I have drastically decreased the amount of inperson interaction I have with my family and friends due to the fear of spreading COVID to the people I care most about.

# Nugget:

Have you been able to meet your financial obligations?

# Dr. Lee:

Our clinic was temporarily open for emergency services only when COVID started to get worse in March 2020. Each of our clinics in Auburn and Grass Valley had only one dentist and one RDA, so the rest of the dental staff were on furlough during April and May. A small number of the staff, myself included, were able to return to work in early June 2020. I am fortunate that my work was able to compensate half of my usual salary during the two months of furlough, but it did put some financial strain on me. I became a homeowner in February 2020, so I was initially concerned about paying for my new mortgage on top of my school loans and other financial responsibilities. Overall, though, I was able to meet all of my financial obligations.

# **Nugget:**

Is it difficult to balance life and professional career?

# Dr. Lee:

For me, it is very easy to balance my personal life and my professional career. Like I mentioned above, I enjoy working in public health because I am not managing a dental practice and I have more time and energy to fulfill my personal goals and obligations. Based on what I have observed and heard from colleagues and friends, I believe it would be very challenging to balance personal and professional lives while owning a dental practice because there are so many challenges to owning one. It has become very expensive to own and to run a practice, all the while promoting it responsibly on social media and keeping up with all the rules and regulations, especially in California.

# Nugget:

Do you enjoy dentistry?

### Dr. Lee:

I absolutely enjoy dentistry and I cannot imagine myself in any other career! ■





By Jonathan Lee, DDS **OCDS Member** 

Dr. Lee graduated from University of California, San Francisco, School of Dentistry, Class of 2019. He then attended University of California, Los Angeles -Venice, Advanced Education in General Dentistry 2019-2020. Dr. Lee is currently practicing in Southern California.

# Dr. Jonathan Lee

# Nugget:

Your father is Sacramento District Dental Society member Gordon Q. Lee, DDS who has been practicing in Sacramento, California for decades. Your path to a dental career was circuitous. Where did you go for your undergraduate education?

# Dr. Lee:

I went to University of California, Los Angeles for undergrad. I studied material science engineering, electronic materials option. I was curious about the way things worked, and dentistry wasn't really on my radar. All throughout undergrad I wanted to build things and see what I could do, engineering wise. I'm kind of a careerchanger. I went back to school after a six year engineering career.

# Nugget:

Was it difficult to go back to school?

## Dr. Lee:

I resigned from a successful engineering career in August 2012 with no guarantee that I would get into dental school. I enrolled in a full-time post baccalaureate program at San Francisco State University in September 2012. I did that to take more upper division science classes and prerequisites, to show that I could still do well academic wise. I started at University of California, San Francisco School of Dentistry in the fall of 2015. It was quite a journey.

# Nugget:

Were you the oldest in your dental class?

### Dr. Lee:

I was not. I was amongst the oldest.

# Nugget:

And after graduating from UCSF, what did you do?

# Dr. Lee:

I graduated from UCSF in 2019 and ended up doing an Advanced Education in General Dentistry at University of California, Los Angeles Venice Dental Center. I finished that at the end of August 2020. I planned to go straight to work right after finishing dental school, but the dental offices where I received offers had specific procedures I was allowed to do. I was a little more interested in trying to expand my abilities, so I decided to do the residency.

# Nuaaet:

You finished your residency in August 2020. Where are you working now?

# Dr. Lee:

I'm working at a private practice, a couple days a week. and I'm also working at a community clinic, a federally qualified health center, a couple days a week.

# Nugget:

What are demographics of the community clinic?

# Dr. Lee:

Most of the patients are Korean speaking. I don't really speak that much Korean. Luckily, one of the dental assistants is fluent in Korean. The younger patients speak English and Korean. We're also working on a multiethnic collaborative of community agencies to do mobile dentistry for underserved

communities. We're going to see some Spanish speaking patients and also a few Cambodian groups and some Chinese patients.

# Nugget:

Has it been difficult to balance life and a professional career?

### Dr. Lee:

Not too much. I have a few more years of life experience, than maybe a typical graduate. I have learned that things kind of work themselves out over time. It feels like I'm dating myself here. I noticed that some people just fresh out of school are really in a hurry to do all these things. But everything you might want to get done actually takes much longer than what you anticipated. I think if you keep moving forward, and you keep making progress, you'll see your results at the end.

# Nugget:

Okay, so this is a personal question which you don't have to answer it. But, as old dentists, we are concerned for you guys financially. Have you been able to keep up financially?

# Dr. Lee:

I've been doing it wisely. I'm not quite where I want to be at by any means. Luckily, I have support from my wife. And, I didn't have as many loans as everybody else. I feel for my friends that are still in school and have a huge amount of loans. I think that puts people in a position to accept a job that maybe isn't ideal for them. I feel somewhat fortunate that I'm non-traditional.

# **Nugget:**

What do you see yourself doing in ten years?

# Dr. Lee:

I have a lot of ideas, but definitely I want to own something. I don't know if I want to have a solo practice or find a group practice with a few other people who have a similar practice style on how to best treat the patients. I do want to somehow stick with public health. There's a need, and I'm not quite sure how to fill that or help combat that. The other idea was to go into a type of dental entrepreneurship to integrate technology with new developments, maybe like data or digital something. That's kind of out there, a bunch of wild ideas.

# Nugget:

But it's good to have wild ideas. When else are you going to have that?

# Dr. Lee:

I'm glad I have those ideas, and still have the flexibility to do things. So, we'll see...





# By Elizabeth Bingham, DMD SDDS Member

Originally from the East coast, Dr. Bingham graduated from Tufts University School of Dental Medicine in 2015. Upon graduation she completed a General Practice Residency at Yale New Haven Hospital. She currently practices in Davis, California. Her husband is Ramesh Thondapu, DMD.

# Q+A with Dr. Elizabeth Bingham

# **Nugget:**

Where did you grow up?

# Dr. Bingham:

I grew up in North Salem, a small town about an hour north of New York City. It was surprisingly rural there given its proximity to the city!

# Nugget:

How did you become interested in dentistry?

# Dr. Bingham:

I always loved working with my hands, and particularly loved painting, drawing and building things. Additionally, I wanted to go into healthcare from a very young age. Dentistry seemed like the perfect marriage of these interests.

# Nugget:

Where did you go for your undergraduate degree and what did you major in?

# Dr. Bingham:

I went to Williams College, a small school in northwestern Massachusetts. I majored in Psychology and obtained a certificate in the Russian Language.

# Nugget:

Where did you go for dental school and do you have any postgraduate education and degrees?

## Dr. Bingham:

I went to Tufts University - and met my partner there! I completed a one-year hospital-based General Practice Residency at Yale-New Haven Hospital.

# **Nuaaet:**

Do you think your dental school prepared you for the level of skill that is needed?

# Dr. Bingham:

Absolutely. Tufts excelled at clinical preparation, and I felt that our instructors were all very dedicated to helping us succeed. Additionally, I believe I gained the most confidence in my clinical and patient management skills in residency.

# Nugget:

What areas are you interested in increasing your proficiency?

# Dr. Bingham:

I am interested in learning more about occlusion and management of the worn dentition. I had the privilege of working with a dentist back East who had done a lot of work with the Dawson Academy. I want always to practice dentistry in harmony with the temporomandibular joint.

# Nugget:

What is your source for continuing education?

# Dr. Bingham:

Pre-COVID I enjoyed going to the American Academy of Cosmetic Dentistry convention yearly. They have excellent options for continuing education, including classroomstyle hands-on courses with wonderful instructors and lecturers. I just always find I get a lot out of it.

# **Nugget:**

What was your first job out of dental school?

# Dr. Bingham:

After residency I took an associateship at a small family practice in New Hampshire. Dr. Jim Predmore did high-quality dentistry and full-mouth rehabilitation with an emphasis on occlusion. I learned so much during our time together, and he was an excellent mentor.

# Nugget:

Where are you working now and how did you get your current job?

# Dr. Bingham:

I am working at a well-established family practice in Davis. I've been here for three years and I love coming to work each day. When we moved to Davis my strategy for finding work consisted of: searching for

dentists in the area, picking a few that look friendly on their websites, and sending an email with my resume. I didn't look at any advertisements. I felt very lucky that Dr. Howard Shempp, our practice owner, felt it was time to hire an associate and took a chance on me.

# Nugget:

Do you have some news that you would like to share?

# Dr. Bingham:

Yes, I do have some exciting news to share. I am currently transitioning to practice ownership. Dr. Shempp will be retiring this April, after more than forty wonderful years of dentistry in Davis. I have big shoes to fill, and am looking forward to the challenge!

# Nugget:

Have the new COVID requirements been difficult to adjust to?



# Dr. Bingham:

A little, but ultimately in a profession that's as high risk as dentistry, these precautions we take are necessary and appreciated. I've learned new ways to balance lots of PPE on my ears or the back of my head. Procedures take more time and there are more considerations in the way we seat patients or dress ourselves.

# Nugget:

What are your current challenges?

# Dr. Bingham:

I believe one of the biggest challenge dentists are facing, and especially young dentists, is the consolidation and corporatization of our profession. Before the pandemic, we made the difficult but absolutely necessary decision at our practice to no longer contract with any insurance companies. This was the only sustainable option for us. Dentists and patients are both being asked by large corporations to do more with less money. Especially as we emerge from this pandemic, the economic repercussions are going to be vast and severe for a lot of people, and this is something I'm very worried about in terms of access to affordable dental care.

# Nugget:

Is it difficult to balance life and professional career?

# Dr. Bingham:

My partner and I don't have kids yet, and we're privileged that we're not working paycheckto-paycheck. Currently, balancing our lives and professional careers is not particularly challenging, but I imagine that with more familial responsibilities this could change.

# Nugget:

Do you enjoy dentistry?

# Dr. Bingham:

I do! What I enjoy less, again, is the involvement of large for-profit corporations in healthcare. I am grateful to be in a smalltown practice which allows me to develop a sense of community and provide high quality patient care.





By Ramesh Thondapu, DMD SDDS Member

Dr. Thondapu earned his dental degree from Tufts University in 2014 and his endodontics certificate from Tufts in 2016. He lives in Davis and is currently practicing endodontics in Roseville, Davis and Fairfield. His wife is Elizabeth Bingham, DMD.

# Nugget:

Your wife, Dr. Elizabeth Bingham, mentioned that you grew up in Merced, California. Where did you receive your dental education?

# Dr. Thondapu:

Yes, I grew up in Merced! I graduated from Tufts University School of Dental Medicine, Boston, Massachusetts. I also did a residency there and hold an Endodontic Certificate.

## Nugget:

Where are you currently practicing?

# Dr. Thondapu:

I am currently practicing in three separate private endodontic offices. I am with Creekside Endodontics in Roseville. I practice with Dr. Stephen Holifield in Fairfield, and I practice with Dr. Steven Penn in Davis.

# Nugget:

While at Tufts Dental School. you participated in microbiology research and presented your findings to the American Dental Association and the American Association for Dental Research.

# Dr. Thondapu:

Yes, I appreciate the science behind endodontics and dentistry in general. Microbiology, and more specifically biofilm, has been my number one passion in dentistry.

# Nugget:

You graduated from Tufts University with cum laude distinction and received recognition for Clinical Excellence in Endodontics. In addition, you were invited into the Omicron Kappa Upsilon Honor Society. These are impressive awards!

# Dr. Thondapu:

I enjoy the process of learning and worked very hard in school. I'm lucky the results showed.

# Nugget:

How was the endodontic residency?

# Dr. Thondapu:

The experience overall was quite good. As with any institution there were pros and cons. But what I liked was that Tufts gave us early clinical exposure and we were



encouraged to get as much experience as we could. We had a larger class (seven residents per year) which I enjoyed. A lot of programs had two or three residents but this gave us an opportunity to get to know a wider range of people and learn from each other. I made some really good friends in the process. I don't think, retrospectively, I would have gone anywhere else.

# **Nugget:**

You have been out of endodontic residency now for five years, what are the worries of your specialty?

# Dr. Thondapu:

Endodontics is a high stress environment as most patients present with acute pain. But it's also rewarding to have the ability to relieve that pain. It's a difficult field and it can be tough getting people to understand why we exist as a specialty and how complicated root anatomy is. But I love when I get good outcomes. I'm pretty

passionate when I choose something to pursue and I love endodontics.

# Nugget:

What are your current challenges?

# Dr. Thondapu:

At this point, being almost five years out of residency I'm most frustrated with not being able to practice one hundred per cent the way I want to practice. Additionally, a major insurance company is reducing reimbursements while our treatment costs are rising. This doesn't bode well for dentists who deliberately try to do slower-paced, high-quality work. I'm concerned about the long-term effects of the pandemic on the economy. I'm also concerned about the consolidation of private dental offices by giant corporations. Our generation has paid a lot to get through school. Now we are facing a huge life decision between taking on more debt to acquire practices or working for big dental service organizations. It's sad to watch the death of small businesses.

# **Nugget:**

Passion for dentistry seems to be a major mantra for all of the five dentists presented in this issue. What is your impetus for this passion of dentistry?

# Dr. Thondapu:

Bacteria! Biofilms are incredibly resistant, diverse structures akin to cities. We are all at war with bacteria every day in caries, periodontal disease, endodontic pathology. I'm excited about technology we have to combat these processes. Our generation of endodontists trained on dental surgical microscopes and cone beam computed tomography. We also now have an irrigation device that allows us to irrigate super efficiently and help disrupt these biofilms to a much greater extent than ever before. These are things that stimulate my passion for dentistry and keep our field moving forward. There are a lot of really good endodontists. I can name many in this area alone, but what I think sets me apart is my philosophy of addressing the problems that endodontists face. What do endodontists not like to admit? And, how can we improve those things?

# Nugget:

I tried calling all the recent graduates on the list the Sacramento District Dental Society gave me. You and the other dentists in the issue all responded how you love dentistry. It is so wonderful to hear.

# Dr. Thondapu:

I'm so glad to hear that but in terms of who responds to your calls I think it's a selfselecting process. I can tell you that there are definitely people my age who are not happy in the field. Unfortunately, you won't hear from them because they don't want to talk about dentistry.



YOU ARE A DENTIST. You've been to school, taken your Boards and settled into practice. End of story?

Not quite. Are you up to speed on tax laws, potential deductions and other important business issues?

In this monthly column, we will offer information pertinent to you, the dentist as the business owner.

# Tax Talk from Two of Our Vendor Members

# Submitted by Craig Fechter, CPA; Fechter & Company CPAs (SDDS Vendor Member)

Unprecedented! Buzz word of the year! As part of the many challenges that we faced that were in fact unprecedented, we also faced an unprecedented governmental response to these challenges. Employee retention credits, paycheck protection loans, and a bevy of other state and federal grants and programs.

Amongst the many programs that were offered by the federal government was the Public Health and Social Services Emergency Fund, otherwise known as the Provider Relief Fund. The CARES act enacted on March 27, 2020 appropriated 100 billion dollars which was to be used to reimburse

eligible health care providers for health care related expenses or lost revenues that were attributable to the COVID-19 pandemic.

There has been quite a bit of confusion as to what the appropriate tax accounting treatment of these funds are. Many of my doctor clients have conflated the tax accounting treatment of these funds with the Paycheck Protection Funds, which have long been declared as non-taxable.

After the initial confusion about the intended tax treatment of these funds, the IRS issued a Q&A about the appropriate treatment. According to the IRS, a payment to a business, even if the business is a sole

proprietorship, from the Provider Relief Fund is includible in gross income under section 61 of the Internal Revenue Code.

In order to assure the correct accounting treatment, please be sure to mark the revenue conspicuously on your financial statements so your accountant will know the right way to report the funds. Even though these funds were a gift to many practices who were otherwise shut down for a period of time, the federal and state governments will still effectively "get theirs" through the taxation of the proceeds. ■

# Submitted by John Utturia, CPA; MUN CPAs (SDDS Vendor Member)

Having been through well over 20 tax seasons each one has been unique in its own way. But for this 2021 Tax Season I believe it will be the Tax Season of Patience

# TECHNOLOGY/COMMUNICATION

You read that this pandemic has advanced the way we will now meet by 10 years. While most CPA firms are having employees back in the office, most are not meeting with clients face to face. The great thing is that with Zoom and/or FaceTime you can still connect with your tax preparer and save time on the commute. With technology we have been heading down this road. We were inching our way down this path but with what went on last March we had no choice and had to go all in.

# **SOMETHING NEW**

PPP - PPP2 - Cares Act - HHS - Loan Forgiveness all are items our dental clients have never had to deal with. In such instances the dentist looks to their CPA -Attorney - Banker - Financial Advisor for direction. Unfortunately for all the above this is the first time we have come across these issues ourselves. It was tough getting questions asked in areas that were so new to everyone and only having spotty answers. With these new laws and the delay in getting clarification from the taxing authorities even made it more exasperating. April and May were quite the months. Anytime there was a change in how a rule was going to be applied our cell phones lit up like Christmas trees asking for clarification.

# TAX AUTHORITIES

As I am sure that you heard they are behind in processing correspondence. They are not accepting returns till February 15th. But that doesn't stop you from getting your Quickbooks reconciled through December and your personal tax data rounded up. So far for us this tax season is off to a familiar start. The business data is being uploaded, files are being worked on and the regular back and forth between us and the clients is happening.

This tax season will get completed just like all the others. The key will be for everyone to show some patience for the taxing authorities, the financial institutions and of course your CPA.

# CPR AHA BLS BLENDED LEARNING

# In-Person Practice Session and Skills Test at the SDDS Office 4 CEU, Core • \$77.50

- Wednesday, March 17, 2021 (3 sessions: 6:00-6:45pm, 7:00-7:45pm, or 8:00-8:45pm)
- Saturday, April 17, 2021 (3 sessions: 8:00-8:45am, 9:00-9:45am, or 10:00-10:45am)

The 2021 CPR Courses will all be an AHA Blended Learning format. Below are the steps to register and complete the course. Email sdds@sdds.org if you have any questions.

**Step 1** – Register for the BLS/CPR providers course with SDDS (via the inserted registration form, phone, or on the SDDS website)

• You will receive an email from SDDS with a link to AHA to sign up and pay for the online course (\$31).

# Step 2 - Complete the HeartCode BLS Online course

- Written examination is part of the online course 84% to pass
- Print a copy of your HeartCode BLS Online Course Completion Certificate (bring this copy to the skills test)

Step 3 - Attend the IN-PERSON Skills practice session and skills test at the SDDS Office.

- Face Coverings are required to enter the class and must remain in place throughout the class.
- No food or drink please.
- Gloves will be provided and utilized throughout the training.
- Hand sanitizer and EPA-approved disinfectants will be used in the classroom.
- All surfaces, non-disposable equipment, fixtures, and any other shared areas are completely disinfected per CDC quidelines in between uses.
- You will be appropriately screened at the door (questionnaire and forehead thermometer).
- There will be no rescue breathing performed on the manikin except with the bag-valve mask (BVM). Mouth-to-mouth and mouth-to-mask ventilation has been suspended until further notice. Leave your pocket masks at home.
- To successfully pass the BLS Provider Course, you will be required to practice and demonstrate CPR skills on both an adult manikin and an infant manikin several times.

Step 4 - Your American Heart Association BLS (CPR) card will be issued digitally via email. Physical cards are no longer issued.



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# FFCRA Leave Expired on December 31, 2020, **But With a Twist!**

By California Employers Association (SDDS Vendor Member)

The Families First Coronavirus Response Act (FFCRA), which took effect in April and applied to public employers and businesses with fewer than 500 employees, provided COVID-19 related emergency paid sick leave and family leave benefits. For example, employers were required to pay up to 80 hours of emergency paid sick leave for COVID-19 related issues.

The upside for private employers is that under the FFCRA, they can seek refundable tax credits that reimburse them for the cost of paying emergency paid sick leave and family leave benefits.

The FFCRA expired on December 31, 2020, but with a twist. One of the provisions in the \$900 billion coronavirus relief package is that employers may voluntarily continue paying FFCRA leave and taking the associated tax credit, through March 31, 2021.

# Here Are the Details:

Required FFCRA leave ended on December 31, 2020.

From January 1, 2021, through March 31, 2021, covered employers under the FFCRA (i.e., businesses with fewer than 500 employees) may voluntarily pay emergency paid sick leave and/or emergency paid family leave and apply for the tax credit.

# **Unanswered Questions**

Right now, it is unclear whether an employee who already exhausted their 80 hours of emergency paid sick leave, or took 12 weeks of emergency family and medical leave would be entitled to additional emergency leave under the FFCRA in 2021. What is more likely is that if an employee had yet to exhaust their emergency leave benefits in 2020, an employer may continue to offer them through March 31st on a voluntary basis and still receive the tax credit.

However, if an employee used paid emergency FMLA in 2020, and the employer's 12-month period for FMLA leave resets before March 31, 2021, an employer should be able to claim tax credits for additional emergency FMLA it pays to employees through that date. Hopefully, the Department of Labor (DOL) or IRS will provide clarification on these issues.

# What About California Supplemental PSL?

For those not covered by the FFCRA (i.e., businesses with 500 or more employees) you may be wondering about California Supplemental Paid Sick Leave. No California legislator submitted a proposal to extend supplemental paid sick leave and the state legislator does not come back into session until January 4, 2021, after the law expires. Notably, the statute tracks the same expiration as FFCRA leave, which expired on December 31, 2020.

However, local governments have taken steps to continue their supplemental sick leave ordinances into 2021, so make sure to refer to ordinances in your area. For example, some of these include the City and County of San Francisco, Sacramento County, San Mateo County, Los Angeles, and Long Beach.

YOU ARE A DENTIST. You are also an employer. Employee evaluations, hiring and firing, labor laws and personnel files are an important part of that. This monthly column, will offer current employment law information pertinent to you the dentist, the employer.

# SDDS HR Hotline

NEW EXCLUSIVE NUMBER FREE TO SDDS MEMBERS!

888.784.4031

# **Other Considerations for** California Employers?

Of course! Cal/OSHA's emergency COVID-19 regulation states that if an employee is exposed to COVID-19 at work and is home isolating, you must still "continue and maintain an employee's earnings, seniority, and all other employee rights and benefits, including the employee's right to their former job status." However, you may use sick leave benefits and consider benefit payments from public sources, such as the state.

This suggests that you must pay employees what they would have earned while they are self-isolating, although you can supplement with available leave time and state benefits. As such, California employers covered under the FFCRA should consider offering emergency paid sick leave on a voluntary basis through March 31st, as there is at least the potential to recover a tax credit.

# **Upcoming Harassment Prevention Webinars**

Sign up online at sdds.org

Employees - \$39 each

- 1 CEU, Core, w/ Completion Certificate
  - April 1, 2021 (noon-1pm)
  - June 3, 2021 (noon-1pm)

Supervisors/Employers - \$59 each 2 CEU, Core, w/ Completion Certificate

- June 3, 2021 (9:30-11:30am)



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FAIRFIELD AREA: 7 Ops, Digital, Digital CB/Pano. Newer equipment, Specialties referred. 2019 GR \$1.7M. #CA1824

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GREATER SACRAMENTO: NEW LISTING! 5 Ops, Paperless, Strong hyg. Open 30 yrs with most Specialties referred. 2020 GR \$781K. #CA2465

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**LAKE TAHOE AREA:** Resort area, 6 Ops, 5 Equip, Digital, 42 yrs Goodwill. 2019 GR \$579K on 22 Dr. hrs/wk. #CA608

NORTH SACRAMENTO: NEW LISTING! 5 Ops, Retail loc, Digital, Hi-NP count, Room to grow w/ Specialties, Seller can work back. 2020 GR \$900K. #CA2464

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# IT'S A HAIL MARY KINDA YEAR!

Being unable to gather in person this year for our annual MidWinter Convention due to COVID restrictions. SDDS successfully pivoted and hosted our Super CE week of Webinars (WoW). With five days of programming, it was a great success and we thank everyone who participated - speakers, sponsors, exhibitors and all 275 attendees!

# MISS OUT ON ATTENDING A LIVE SUPER CE COURSE?

Sign up fot an on-demand webinat!

Knowing that many of you had conflicts in your schedule during our Super CE Week of Webinars, many of our amazing courses were recorded for ON DEMAND viewing. The full ON DEMAND course list can be found at sdds.regfox.com/super-ce-recordings. Visit sdds.org to sign up for any or all of these interesting and informative courses or email sdds@sdds.org and tell us which courses you'd like to sign up for!





# Twenty Six SPEAKERS



# A Special Thank You to Out NATIONAL AND LOCAL SPEAKERS

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# Dr. Navneet Sahota & THE TEAM AT HIGHLAND **VILLAGE DENTAL STUDIO**

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hvdentalstudio We love learning!! Doing virtual mid winter Convention with our team. Thank you Sacramento District Dental Society #sdds #superceweek @sddsandsddf



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5d Reply

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# ON INITIATING AND ADMINISTERING COVID-19 VACCINES

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The Dental Board of California (DBC) has received a number of inquiries from Board licensees related to ordering and administering COVID-19 vaccines. The best general guidance will continue to come from the California Department of Public Health (CDPH), the Centers for Disease Control and Prevention (CDC), and the World Health Organization (WHO). However, the Board is providing the below responses to Frequently Asked Questions (FAQs) in an effort to provide information related to ordering and administering COVID-19 vaccines.

# 1. If a licensed dentist wants to administer COVID-19 vaccinations. what are the requirements to do so?

Pursuant to the Department of Consumer Affairs (DCA) Order Waiving Restrictions on Dentists Relating to Ordering and Administering COVID-19 Vaccines (DCA-21-111), a California licensed dentist can initiate and administer COVID-19 vaccines to individuals 16 years of age and older after the licensed dentist successfully completes the required COVID-19 training program prescribed by CDPH, which can be found at https://www.cdph.ca.gov/Programs/CID/ DCDC/Pages/Immunization/COVID-

19VaccineTraining-Dentists.aspx. addition to the COVID-19 training, the dentist must comply with all applicable federal and state recordkeeping and reporting requirements, including providing documentation to the patient's primary care provider, as applicable, and enter information in the appropriate immunization registry designated by the immunization branch of the State Department of Public Health. The dentist must also administer the subject vaccine in accordance with any applicable FDA emergency use authorization.

DCA-21-111 temporarily waives Business

and Profession Code (BPC) section 1625, to the extent it prohibits a licensed dentist from independently initiating and administering COVID-19 vaccines that are approved or authorized by the Food and Drug Administration (FDA) to persons 16 years of age or older and, in cases involving a severe allergic reaction, epinephrine or diphenhydramine by injection. This waiver is operative during the State of Emergency proclaimed by Governor Gavin Newsom pursuant to Executive Order N-39-20.

# 2. What courses in vaccine training are required for dentists to order and administer COVID-19 vaccines?

Pursuant to DCA-21-111, a California licensed dentist who seeks to initiate and administer COVID-19 vaccines to individuals 16 years of age and older must successfully complete the required COVID-19 training program prescribed by CDPH, which can be found at https://www. cdph.ca.gov/Programs/CID/DCDC/Pages/ Immunization/COVID-19VaccineTraining-Dentists.aspx.

# 3. My dentist license is not in active status (license is expired, retired, inactive, or cancelled). What do I need to do to restore my license so that I can administer COVID-19 vaccinations?

# License not active for less than five years:

Dentists seeking to reinstate or restore licenses that have been in retired, inactive, or canceled status for less than five years can take the following steps to reactive their license temporarily under the DCA Order Waiving License Reactivation or Restoration Requirements (DCA-20-91). A license reactivated or restored pursuant to DCA-20-91 is valid until July 1, 2021, or when the State of Emergency ceases to exist, whichever is sooner.

- 1. Apply: You must submit an application to the Board to reactivate your license by completing and submitting an "Application to Restore License to Full, Active Status From Inactive, Retired or Cancelled Status to Help During the COVID-19 Pandemic." The application can be found on the DCA website at COVID-19 - DCA.
- 2. Fees: DCA-20-91 temporarily waives renewal fees to reactivate or restore a dentist license that has been in retired. inactive, or cancelled status for less than five years. Licensees must confirm with the Board whether the Board has fingerprints on file for the licensee; if not, the licensee will incur fingerprinting fees. (BPC, § 1629, subd. (b); California Code of Regulations (CCR), tit. 16, § 1008.) Information on fingerprinting can be found on the Board's website on the Fingerprinting Information page.
- **3. Continuing Education:** You may qualify for temporary waiver of the continuing education requirements under DCA-20-91. To determine your eligibility for the continuing education requirements waiver, you can contact Board staff at DentalBoard@dca.ca.gov.
- 4. COVID-19 Training: Dentists seeking to initiate and administer COVID-19 vaccines must successfully complete the required COVID-19 training program prescribed by CDPH, which can be found at https://www. cdph.ca.gov/Programs/CID/DCDC/ Pages/Immunization/COVID-19VaccineTraining-Dentists.aspx.

# License in inactive status for five years or more:

Dentists whose licenses have been in inactive status for five years or more do not qualify for the continuing education waiver provided in DCA-20-91 and must complete 50 units of continuing education courses, which include

required mandatory courses in order to maintain an active license. (BPC, §§ 1645, 1717; CCR, tit. 16, § 1017.) Mandatory courses include basic life support, two units of California Dental Practice Act, and two units of California Infection Control. Information on mandatory continuing education courses can be found on the Board's website at Continuing Education -Dental Board of California. Dentists seeking to initiate and administer COVID-19 vaccines also must complete the required COVID-19 training program prescribed by CDPH, which can be found at https://www. cdph.ca.gov/Programs/CID/DCDC/Pages/ Immunization/COVID-19VaccineTraining-Dentists.aspx.

# License in delinquent or cancelled status for five or more years:

Dentists whose licenses are delinquent or have been in cancelled status for five years or more do not qualify for the continuing education waiver provided in DCA-20-91 and must apply for a new license and satisfy all examination and/or education requirements. (BPC, § 1718.3.) Dentists seeking to initiate and administer COVID-19 vaccines also must complete the required COVID-19 training program prescribed by CDPH, which can be found at https://www. cdph.ca.gov/Programs/CID/DCDC/Pages/ Immunization/COVID-19VaccineTraining-Dentists.aspx.

# 4. How much does it cost to reinstate my dentist license under the DCA waiver?

# License not active for less than five years:

DCA-20-91 temporarily waives continuing education and renewal fees to reactivate or restore a dentist license that has been in retired, inactive, or cancelled status for less than five years. Licensees must confirm with the Board whether the Board has fingerprints on file for the licensee; if not, the licensee will incur fingerprinting fees. (BPC, § 1629, subd. (b); CCR, tit. 16, § 1008.) Information on fingerprinting can be found on the Board's website on the Fingerprinting Information page.

# License in inactive status for five years or more:

Dentists whose licenses are in inactive status for five years or more do not qualify for the continuing education and renewal fee waivers and must satisfy all continuing education and renewal and delinquency fee requirements for license reinstatement or reactivation. (BPC,

§§ 1645, 1717; CCR, tit. 16, § 1017, 1017.2, 1021.) The license fee varies depending upon accrued renewal and delinquency fees owed by the licensee. Licensees must confirm with the Board whether the Board has fingerprints on file for the licensee; if not, the licensee will incur fingerprinting fees. (BPC, § 1629, subd. (b); CCR, tit. 16, § 1008.) Information on fingerprinting can be found on the Board's website on the Fingerprinting Information page.

# License in delinquent or cancelled status for five or more years:

Dentists whose licenses have been in delinquent or cancelled status for five years or more do not qualify for the continuing education and renewal fee waivers and must apply for and satisfy all statutory and regulatory requirements for issuance of a new license. (BPC, §§ 1718.3, 1724; CCR, tit. 16, § 1017.) The license fee varies depending upon the licensure pathway used to apply for new licensure. (CCR, § 1021.) Licensees must confirm with the Board whether the Board has fingerprints on file for the licensee; if not, the licensee will incur fingerprinting fees. (BPC, § 1629, subd. (b); CCR, tit. 16, § 1008.) Information on fingerprinting can be found on the Board's website on the Fingerprinting Information page.

# 5. Do I submit the application via BreEZe or elsewhere?

# License not active for less than five years:

Dentists whose licenses are in retired, inactive, or cancelled status for less than five years can apply for license restoration or reactivation by completing and submitting the "Application to Restore License to Full, Active Status From Inactive, Retired or Cancelled Status to Help During the COVID-19 Pandemic." The application must be completed and submitted on the DCA website at COVID-19 - DCA.

# License in inactive status for five years or more:

Dentists whose licenses are in inactive status for five years or more can complete and submit the "Application to Activate License," which can be found at the Board's website at https://www.dbc.ca.gov/formspubs/app\_ inactivate\_dds.pdf. The application can be submitted by mail or online through BreEZe at www.breeze.ca.gov.

# License in delinquent or cancelled status for five or more years:

Dentists whose licenses are in delinquent or cancelled status for five years or more can complete and submit an "Application for New License to Replace Cancelled License," which can be found on the Board's website at https://www.dbc.ca.gov/formspubs/app\_ new4cancelled.pdf. The application can be submitted by mail or online through BreEZe at www.breeze.ca.gov.

# 6. How long will it take to process my application?

# License not active for less than five years:

Processing of an Application to Restore License to Full, Active Status from Inactive, Retired or Cancelled Status to Help During the COVID-19 Pandemic can take 1-2 business days. If the applicant has not submitted fingerprints for criminal history processing, the application process will be delayed until the Board's receipt of the applicant's criminal history report.

# License in inactive status for five years or more:

Processing of an Application to Activate License may take up to 30 days from the date the application is received by the Board. If the applicant has not submitted fingerprints for criminal history processing, the application process will be delayed until the Board's receipt of the applicant's criminal history report.

# License in delinquent or cancelled status for five or more years:

Processing of an Application for New License to Replace Cancelled License will be reviewed for completeness and submitted to the Board for review at the next quarterly Board meeting. If the applicant has not submitted fingerprints for criminal history processing, the application process will be delayed until the Board's receipt of the applicant's criminal history report.

# 7. I already completed the required **COVID-19 training program** through the CDC that was specified in the January 4, 2021 **DCA Order Waiving Restrictions** on Dentists Relating to Ordering and Administering COVID-19 Vaccines (DCA-21-104). Do I need to complete the new required **COVID-19 training program** prescribed by CDPH specified in the January 27, 2021 DCA Order (DCA-21-111)?

Continued on following page...

FAQs continued...

No, you do not need to complete the new COVID-19 training requirement specified in DCA Order DCA-21-111. The training completed pursuant to DCA Order DCA-21-104 qualifies as training required under the updated DCA Order DCA-21-111.

# 8. How do I sign up to order and administer the COVID-19 vaccine and will you issue me a permit or certificate?

The Board is not required to issue a permit or certificate to licensees who seek to order and administer COVID-19 vaccines. Dentists who hold active California dentist licenses and have completed either the COVID-19 training program listed in DCA Order DCA-21-104 through the CDC prior to January 27, 2021, or have completed the training program prescribed by CDPH (at https://www.cdph.ca.gov/Programs/CID/ DCDC/Pages/Immunization/COVID-19VaccineTraining-Dentists.aspx), will need to register with CDPH at https://www. cdph.ca.gov/Programs/CID/DCDC/Pages/ Immunization/COVID-19VaccineTraining-Dentists.aspx.) ■

### **Online Resources:**

CDPH: https://www.cdph.ca.gov/ Programs/CID/DCDC/Pages/ Immunization/ncov2019.aspx

CDC: https://www.cdc.gov/coronavirus/ 2019-ncov/index.html

WHO: https://www.who.int/emergencies/ diseases/novel-coronavirus-2019

DCA-21-111: https://www.dca.ca.gov/ licensees/dca 21 111.pdf

N-39-20: https://www.gov.ca.gov/wpcontent/uploads/2020/03/3.30.20-EO-N-39-20.pdf

DCA-20-91: https://www.dca.ca.gov/ licensees/dca\_20\_91.pdf

Application to Restore License to Full, Active Status From Inactive, Retired or Cancelled Status to Help During the

COVID-19 Pandemic: https://covid-19. dca.ca.gov/backToActive

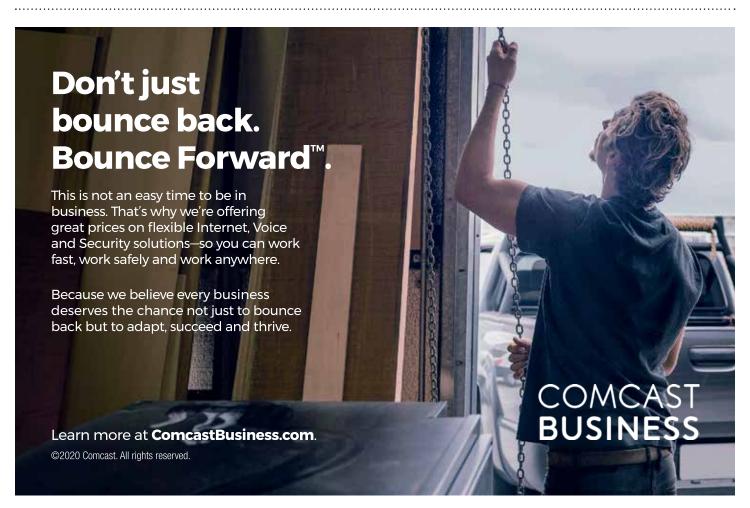
**Dental Board's Fingerprinting Information:** https://www.dbc.ca.gov/ applicants/fingerprinting.shtml

**Mandatory Continuing Education** Course for the Dental Board of

California: https://www.dbc.ca.gov/ licensees/continuing\_education.shtml

DCA-21-104: https://www.dca.ca.gov/ licensees/dca\_21\_104.pdf

DCA-21-111: https://www.dca.ca.gov/ licensees/dca\_21\_111.pdf





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# Job Ban

The SDDS Job Bank is a service offered only to SDDS Members. It is published on the SDDS website and provides a forum for job seekers to reach other Society members who are looking for dentists to round out their practice, and vice versa. If you are a job seeker or associate seeker contact SDDS at (916) 446-1227. For contact information of any of the job bankers please visit www.sdds.org.

# ASSOCIATE POSITIONS AVAILABLE

Pham Ngoc, DMD • Sacramento • PT • Pedo

Novan Nguyen, DDS • Sacramento • PT • GP

Sabrina Jang, DDS • Sacramento • PT/FT • GP/Pedo

Christian Hoybjerg, DDS • Sacramento • PT • Ortho

Monica Tavallaei, DDS • Sacramento • FT/PT • Pedo/Ortho/Endo/OS

Madhavi Yellamanchili, DDS • Roseville • PT/FT • GP

Brian Orcutt, DDS • Sacramento • PT • GP

Aaron Reeves, DDS • Sacramento • PT • GP

Peter Kim, DDS • Sacramento • PT • GP/Endo/OS

Jason Scorza, DDS • Sacramento • PT/FT • GP

Cynthia Weideman, DDS • Citrus Heights • PT • Ortho

Marcela Diaz, DMD • Elk Grove • PT • Oral Surgeon/GP

Robert Catron, DDS • Cameron Park • PT • GP

Monika Gugale, DDS • Sacramento • FT • GP

Thomas Ludlow, DDS • Sacramento • PT • GP

Marina Mokrushin, DDS • Folsom, Rocklin • GP

Raj Zanzi, DDS • Sacramento • PT • GP/Ortho

Nina Tecson, DDS • Elica Health • Sacramento • FT • GP

Sunny Badyal, DDS • Sacramento • FT • GP

Jeff Summers • Kids Care Dental • Sac/Stockton • PT/FT • Oral Surgeon

Capitol Periodontal Group • Sacramento • FT • Perio

Michael Hinh, DDS • Sacramento • PT • GP

R. Bruce Thomas, DDS • Davis • PT/FT • GP

Ana Maria Antoniu, DMD • Sacramento • FT/PT • GP

Amy Woo, DDS • Sacramento • PT • GP/Endo

David Park, DDS • FT/PT • GP

Jeff Summers • Kids Care Dental & Ortho • Calvine/Elk Grove • FT • GP/Ortho

Elizabeth Johnson, DDS • various Wellspace locations • FT/PT/Fill-In • GP

# DOCS SEEKING EMPLOYMENT

Yasi Mahboub, DDS • FT • GP

Yen Nguyen, DDS ● PT/FT ● GP

Erica Hsiao, DDS • PT • Perio

Behdad Javdan, DDS • PT • Perio

Bruce Taber, DDS • Fill-In • GP

Steve Murphy, DMD • FT/PT • Endo

# SDDS Foundation

# Swing for Smiles on May 7, 2021!

The SDDS Foundation's Annual Golf Tournament is still a go for 2021! On May 7th please plan to play, invite your friends (dentists and non-dentists) for a day of golf, fun and games, and camaraderie - all to support the Foundation! Here are the ways to support the golf tournament:

- Put a foursome together invite your dentist and/or nondentist friends to introduce them to our Foundation
- Sign up as a single we'll put you with a fun foursome

- Sponsor a tee or green if you can't attend
- Donate a raffle prize!
- Be a sponsor lots of great sponsorship opportunities still available

The golf tournament includes breakfast and lunch, snacks and libations from the sponsors on the course and loads of fun!

Please sign up for his awesome annual event! It's sure to be a great time and, best of all, it supports our wonderful Foundation and all the great projects it does for our community!



Sacramento District Dental Society's Foundation







This event and date may be affected by COVID-19.





# THURSDAY, SEPTEMBER 23, 2021

The story of America then, told by America now. Featuring a score that blends hip-hop, jazz, R&B and Broadway, HAMILTON has taken the story of American founding father Alexander Hamilton and created a revolutionary moment in theatre—a musical that has had a profound impact on culture, politics, and education. With book, music, and lyrics by Lin-Manuel Miranda, direction by Thomas Kail, choreography by Andy Blankenbuehler, and musical supervision and orchestrations by Alex Lacamoire, HAMILTON is based on Ron Chernow's acclaimed biography. It has won Tony®, Grammy®, and Olivier Awards, the Pulitzer Prize for Drama, and an unprecedented special citation from the Kennedy Center Honors.





# THURSDAY, NOVEMBER 4, 2021

# AN OFFICER AND A GENTLEMAN

Based on the Oscar-winning film starring Richard Gere and Debra Winger, is a breathtaking production that celebrates triumph over adversity and includes one of the most iconic and romantic endings ever portrayed on screen. This spectacular new live stage production is not to be missed!



# THURSDAY, DECEMBER 30, 2021

# CHARLIE AND THE CHOCOLATE FACTORY

Roald Dahl's amazing tale is now Sacramento's golden ticket! Songs from the original film, "alongside a toe-tapping and eartickling new score from the songwriters of HAIRSPRAY. Get ready for Oompa-Loompas, incredible inventions, the great glass elevator, and more, more, more at this everlasting showstopper!



# THURSDAY, SEPTEMBER 22, 2022

# **COME FROM AWAY**

This New York Times Critics' Pick takes you into the heart of the remarkable true story of 7,000 stranded passengers and the small town in Newfoundland that welcomed them. Cultures clashed and nerves ran high, but uneasiness turned into trust, music soared into the night, and gratitude grew into enduring friendships. On 9/11, the world stopped. On 9/12, their stories moved us all.



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# TOTAL MEMBERSHIP

(as of 2/10/21:)

1,798

MARKET SHARE: 83.4%

**ENGAGEMENT RATE: 96%** 

TOTAL ACTIVE MEMBERS: 1,401

TOTAL RETIRED MEMBERS: 316

TOTAL DUAL MEMBERS: 9

TOTAL AFFILIATE MEMBERS: 13

TOTAL STUDENT MEMBERS: 9

TOTAL CURRENT APPLICANTS: 4

TOTAL DHP MEMBERS: 46

TOTAL NEW MEMBERS FOR 2021: 8

# New Members

March **2021** 

# **BRADLEY BEISIEGEL, DDS**

# **General Practice**

Dr. Beisiegel earned his dental degree from Loma Linda University in 2020. He is currently is practicing at Yuba City Smiles in Yuba City.

# **JEFFREY ELENBERGER, DDS**

# Orthodontics

Welcome Back!

Dr. Elenberger earned his dental degree from Georgetown University in 1989 and then went on to earn his specialty of Orthodontics from SUNY Buffalo in 1993. He is currently is owns and is practicing at Elenberger Orthodontics in Rocklin.

# **DAVID MAAHS, DDS**

Transfer from San Mateo Dental Society

## **General Practice**

Dr. Maahs earned his dental degree from Herman Ostrow School of Dentistry in 1982. He currently practices in Half Moon Bay and lives in the Sacramento area.

# MINH-KHANG NGO, DDS

Transfer from San Diego Dental Society

## **General Practice**

Dr. Ngo earned his dental degree from UOP Arthur A. Dugoni School of Dentistry in 2014. His practice location is currently pending.

# **ANASTASIYA PETROVSKA, DDS**

Transfer from San Francisco Dental Society

### **Periodontics**

Dr. Petrovska earned her dental degree from UCSF School of Dentistry in 2017 and then went on to earn her specialty of Periodontics in 2020. Her current practice location is pending.

# SAAD SULIMAN, DDS

## **General Practice**

Dr. Sulieman earned his dental degree from Mexico Universidad De La Salle in 2020. He currently practices at Western Dental in Sacramento.

# Pending Applicants:

Markus Kopa, DDS Nitasha Goyal, DDS Melissa Petersen, DDS An Ta, DDS

# Congratulations to Our New Retired Members!

Carl Rodegerdts, DDS

# WELCOME

to SDDS's new members, transfers and applicants.

# **IMPORTANT NUMBERS:**

SDDS (doctor's line) . . . . (916) 446-1227
ADA . . . . . . . (800) 621-8099
CDA . . . . . . (800) 736-8702
CDA Practice Support . . (866) CDA-MEMBER

(866-232-6362)

TDIC Insurance Solutions . (800) 733-0633 Denti-Cal Referral. . . . . . (800) 322-6384 Central Valley

Central Valley
Well Being Committee . . . (559) 359-5631

# Follow SDDS on Social Media!



Follow our Facebook to keep up to date on all of our upcoming events, for news relevant to the dental profession, and announcements! facebook.com/sddsandf/



Follow our Instagram for behind-the-scenes photos of our courses and speakers, insight into SDDS and fun announcements!

instagram.com/sddsandsddf/



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# We're Blowing

# Congratulations to...

Tom Dwyer, DDS, on publishing his dental novella, "Of Tooth Dust and Pirates!" It's a comic and tragic tale of endodontic life, it's storytelling at it's best! Available for purchase on Amazon! (1)

Nugget Editorial Committee, on winning three of the publication awards from the International College of Dentists!

Dr. Shikha Rathi won the Golden Pen Division 2 Honorable Mention Award for her March 2019 issue, *Technology in the* Mouth. The Golden Pen award is presented to the editor of a publication that contains an article or series of articles that are of current importance to the dental profession.

The May issue, our Foundation issue, won the Platinum Pencil Award for demonstrating outstanding creative and effective use of graphics, illustrations and design.

Dr. Jim Musser won the Special Citation Division 2 Award for the November 2019 issue, Honoring Our Veterans. The Special Citation award is presented to the editor of a publication that demonstrates an unusual concept, presentation or other distinctive quality.

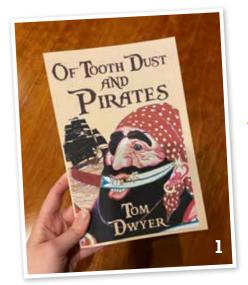
Congratulations to those guest editors and the Nugget Editorial Committee as a whole for continuing to produce great issues! (2)

Herbert Yee, DDS, being presented with a Congressional Gold Medal on January 23, 2021 recognizing his service as a Chinese American in World War II! This is a very big honor to receive and at the presentation event Dr. Yee said, "We will cherish it forever...I thank everybody here for your kindess, for your loyalty to our country and I'm very happy. May God bless us all forever and forever." Congratulations again to Dr. Yee on receiving this prestegious honor! (3)

# LET US KNOW YOUR NEWS!

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th's a great time for reading!





# **SPOTLIGHTS:**





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### **Products and Services:**

Access Dental Plan (ADP) offers dental services to Californian's through the California Medi-Cal Dental program in Sacramento and Los Angeles as well as Covered California. They also offer group and individual plan products on and off the exchange marketplace. ADP features a network of contracted primary and specialist dentists.

# Benefits or Special Pricing for SDDS Members:

Call our Provider Relations team to be a part of our network in California. For Sacramento County please contact Christian Llamas at christianl@premierlife.com. Thank you.

Shanna Madden - Strategic Client Partner

smadden@avesis.com

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- · Marketing & Social Media Management

# Benefits or Special Pricing for SDDS Members:

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### **Ashlee Adams**

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# Benefits or Special Pricing for SDDS Members:

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& Orthodontics

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# WHY BECOME A VENDOR MEMBER?

The Vendor Membership program offers so many great benefits! As a Vendor Member, you'll receive: four complimentary half page ads in The Nugget, a booth at our MidWinter Convention (or alternate event), the SDDS Membership Roster (send out quarterly via email), complimentary exhibitor tables at 3 meetings/events per year, and much more!

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## LIBERTY Dental Plan

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# SDDS VENDOR MEMBERSHIP SUPPORT IS A WIN-WIN RELATIONSHIP!

SDDS started the Vendor Member program in 2002 to provide resources for our members. No, Vendor Members are not exclusive, and we definitely have some competitive companies who are Vendor Members. But our goal is to give SDDS members resources that would best serve their needs. We suggest that members reach out to our Vendor Members and see what is a best "fit" for their practice and lifestyle.

Our Vendor Members pay \$3,900 per year; that includes a booth at MidWinter (or alternate event), three tables at General Meetings, advertising in The Nugget, and much more. Our goal is to provide Vendor Members with the opportunity to connect with and serve our members. We realize that you have a choice for vendors and services; we only hope that you give our Vendor Members first consideration. The Vendor Members program and the income SDDS receives from this program helps to keep your dues low. It is a wonderful source of non-dues revenue and allows us to provide yet another member benefit. Additionally, we reach out to our Vendor Members for articles for The Nugget (nonadvertising!).

Our Vendor Members are financial, investment and insurance companies, legal consultants, dental equipment and supply companies, media and marketing companies, HR consultants, construction companies, billing consultants, practice sales and brokers, practice resource and staffing consultants, technology, dental plans, and even our Crowns for Kids refining partner!

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# **SMILES FOR KIDS**

VOLUNTEERS NEEDED: Doctors to "adopt" patients for Smiles for Kids for follow-up care



TO VOLUNTEER, CONTACT:

SDDS office (916.446.1227 • smilesforkids@sdds.org)

# SMILES FOR BIG KIDS



VOLUNTEERS NEEDED: Dentists willing to "adopt" patients for immediate/emergency needs in their office.

TO VOLUNTEER. CONTACT:

SDDS office (916.446.1227 • sdds@sdds.org)

## **AUBURN RENEWAL CENTER CLINIC**

VOLUNTEERS NEEDED: General dentists, specialists, dental assistants and hygienists.

TO VOLUNTEER, CONTACT:

Dr. Steve Holm (916.425.6766 • sholm@goldrush.com)

# THE GATHERING INN

VOLUNTEERS NEEDED: Dentists, dental assistants, hygienists and lab participants for onsite clinic.

TO VOLUNTEER, CONTACT:

Kathi Webb (916.743.5351 • kwebbft@aol.com)

# **CCMP** (COALITION FOR CONCERNED MEDICAL PROFESSIONALS)

VOLUNTEERS NEEDED: General Dentists, Specialists, Dental Assistants and Hygienists.

TO VOLUNTEER, CONTACT:

CALL: (916.925.9379 • CCMP.PA@JUNO.COM)

## **EVERYONE FOR VETERANS**

SDDS is partnering with the national program, Everyone for Veterans, to provide care for combat veterans and their families who cannot afford, nor have military coverage, dental care. Can you adopt a vet? Hope so! Call SDDS (916.446.1227), or email us (sdds@sdds.org), to help us with this wonderful program.

For More Information: everyoneforveterans.org/for-dentists.html

# Classified Ads

# **EMPLOYMENT OPPORTUNITIES**



The Valley Springs Health & Wellness Center is a new primary care clinic in Valley Springs, CA. The Center features a new, state-of-the-art 3-chair Dental operatory that is fully functional and dental staff is ready to start. We seek one or more part-time Dentists, hours and days negotiable, to provide general dentistry to scheduled patients. Compensation is \$85/hour or \$400 per half day and is open to negotiation based on experience and references. The position is open immediately on hiring. Please send your resume and questions to rwsmart@pacbell.net or call the main office at 209-754-4468.

Kids Care Dental & Orthodontics seeks orthodontists to join our teams in the greater Sacramento and greater Stockton areas. We believe when kids grow up enjoying the dentist, healthy teeth and gums will follow. As the key drivers of our mission—to give every kid a healthy smile—our dentists, orthodontists and oral surgeons exhibit a genuine love of children and teeth. A good fit for our culture means you are also honest, playful, lighthearted, approachable, hardworking, and compassionate. Patients love us...come find out why! Send your resume to talent@kidscaredental.com.

WELLSPACE HEALTH ORGANIZATION (an FQHC) is taking applications for fill-in/part-time/full-time dentists. Send your resume/CV to eljohnson@wellspacehealth.org. 01/15

Kids Care Dental & Orthodontics seeks dentists to join our teams in the greater Sacramento and greater Stockton areas. We believe when kids grow up enjoying the dentist, healthy teeth and gums will follow. As the key drivers of our mission—to give every kid a healthy smile—our dentists, orthodontists and oral surgeons exhibit a genuine love of children and teeth. A good fit for our culture means you are also honest, playful, lighthearted, approachable, hardworking, and compassionate. Patients love us...come find out why! Send your resume to talent@kidscaredental.com.

# **EMPLOYMENT OPPORTUNITIES**

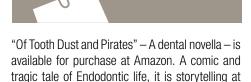
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El Dorado Hills Professional building with 2 operatories fully equipped and 3rd plumbed. 1736 sq feet, modern furnished,panorex room, private office with Bathroom plus employee lounge. Utilities and janitorial included except phone and internet. Generous TI allowance also included. Total price \$3590 per month with 5 year lease and two 5 year options. Call Dr Mark Saini (916)-230-5195 and leave a message for appointment.

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Greenhaven professional building on Secret River Drive. Beautiful outdoor views from all 4 operatories. 1500 square feet, panorex room, large lab, private bathrooms, and all utilities paid except for phone and internet. Nightly janitorial service and compressor and evacuation systems included in the rent and the responsibility of the landlord. Total price of \$2,950 per month with 5 year lease and two 5 year options. Generous TI allowance also included. Call Greg Maroni, DDS, (916) 421-3815.

Fully built out dental offices: 2821 Eastern Ave, Sacramento & 125 Ascot Drive, Roseville. Retail for lease: 7509 Twin Oaks, Citrus Heights & 362 N Walton, Yuba City; Ranga Pathak 916-201-9247, Broker Associate, RE/MAX Gold, DRE01364897.

Greenhaven Dental Office For Lease. Professional Dental Building 930 Florin Road Ste 100. 1,396 S.F. \$1.85 PSF Plus Utilities. Contact agent 916-443-1500 CA DRE Lic. #01413910

SACRAMENTO DENTAL COMPLEX has one 3 unit suite which is equipped for immediate occupancy. Two other suites total 1630 sq. ft which can be remodeled to your personal office design with generous tenant improvements. 2525 K Street. Please call for details: 916-448-5702.



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# SDDS CALENDAR OF EVENTS

# **MARCH**

- 2 Board Meeting 6pm / Zoom Meeting
- 9 General Membership Meeting Metabolic Syndrome, Its Etiology and Connection to Chronic Disease in Modern Man Robert Shorey, DDS 6pm–8pm / Zoom Meeting
- 12 Oral Health/Prop 56 Initiatives Meeting 9:30am / Zoom Meeting
- **15** Mediation Review Task Force Meeting 6:15pm / Zoom Meeting

- 17 CPR AH BLS Blended Learning Skills Testing, 3 Time Sessions 6-6:45pm, 7-7:45pm, 8-8:45pm SDDS Office
- 24 HR Webinar
  The Pros and Cons of
  Alternative Workweeks
  California Employers Association
  12-1pm / Webinar

For more calendar info and to sign up for courses online, visit: www.sdds.org

25 Business Forum
Buy It, Build It, Lease It

Dave Olson, Olson Construction; Gary Perkins, GP Development; Brett LeMmon, Thomas Doll; George Cochrane, Banner Bank; Keith Dunnagan, BPE Law Group 6-8pm / Zoom Meeting

26 Continuing Education
Treating Patients for Life – The
Role of Dental Implants in an
Uncertain Post-Pandemic World
Michael Scherer, DMD, MS, FACP
Sponsored by ZEST Dental Solutions
9-11am / Zoom Meeting



# Swing for Smiles 2021

Come support the Foundation at the annual Golf Tournament on May 7th at Empire Ranch Golf Course!



# General Meeting 2 CEU, CORE • \$49

# Metabolic Syndrome, Its Etiology and Connection to Chronic Disease in Modern Man

Presented by Dr. Robert Shorey

Nutrition is an undervalued component of good health and our dental curriculums. Dental caries has plagued mankind and the rate of dental caries has not declined substantially even though we have excellent dental services and fluoride. Today the rate of diabetes is continually increasing along with obesity and insulin resistance. What do these things have in common — fermentable carbohydrates and snack foods. So little is clearly understand what constitutes good nutrition. Our talk will touch on the current state of humanity and nutrition. We will review what is becoming known as metabolic syndrome and discuss how dentistry could play in key role in better health, better nutrition and prevention of chronic disease.



This course is being offered as a Zoom meeting only. To register, please go to https://www.sdds.org/events/gm-march2021/

If you are a 2020-21 DMD member, you will receive a credit.

TUESDAY 6PM-8PM