

May 2020

the

Nugget



Providing
Confidence
One Smile at a Time

Inside: 2019 Foundation Annual Report



Get Ready For Our UPCOMING EVENTS

FRIDAY, AUGUST 7, 2020 • annual golf tournament



Proceeds benefit the Sacramento District
Dental Society's Foundation

Rescheduled to August 7, 2020

Empire Ranch Golf Club (Folsom, CA) • 8:00am Shotgun

CONTESTS!
RAFFLE PRIZES!
GOLF SOUVENIRS!
DRINKS ON THE COURSE!



Join us for Dental Day with the River Cats!

RESCHEDULED TO THURSDAY AUGUST 13, 2020

Bring your staff, family, and friends to enjoy a fun night out of
baseball at our own Sutter Health Park (formerly Raley Field).



Sign Up at sdds.org!



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Awards

International College of Dentists (ICD)

2019 • Special Citation Award, *unusual concept*
2019 • Golden Pen

Article / series of articles of interest to the profession
2018 • Humanitarian Service Award

2017 • Special Citation Award, *unusual concept*
2016 • Golden Pen, *honorable mention*

Article / series of articles of interest to the profession

2015 • Special Citation Award, *unusual concept*
2014 • Outstanding Cover, *honorable mention*

2014 • Golden Pen, *honorable mention*

2013 • Outstanding Cover

2012 • Overall Newsletter

2010 • Platinum Pencil

Outstanding use of graphics

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What We Do Makes a Difference



A Mother's Gratitude

Braces have given my daughter Viviana so much confidence. There is nothing more beautiful in the world than a child's smile. To see her happy and confident makes me so happy. I cannot express in words what this means to us.

- Adriana Dazo, Mother of Viviana Dazo
treated by Dr. Melvin Walters

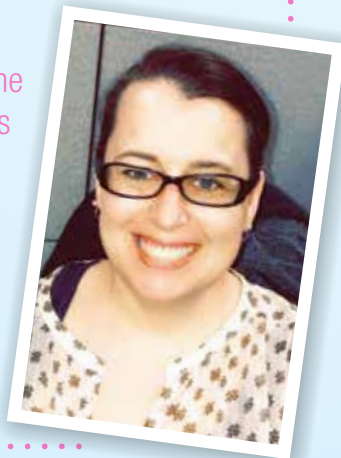


Over the years, Crowns for Kids has raised **\$314,224!**

my life will never be the same...

I am most grateful that, through the entire experience, I never felt "less than." Each person I encountered really listened to me and put me first. My confidence has been restored and I am thankful beyond measure..

- Shelli, treated by Dr. Bryan Judd



20%
of SDDS
Members
Participate
in SFK!



President's Message



By **Carl Hillendahl, DDS**
2020 SDDS President

The Heart of SDDS

The May issue of *the Nugget* is entirely devoted to the Foundation and serves as its Annual Report. The Sacramento District Dental Foundation is the nonprofit charitable heart and soul of the Sacramento District Dental Society serving to promote the oral and general health of the underserved in our community.

The Foundation was established in 1969 and is funded by SDDS member contributions, bequests, fundraising events, donation of services, and grants. I have considered the Foundation a worthwhile recipient of my charitable giving and have contributed significantly over the years. I encourage the SDDS membership to contribute what you can, participate in the fundraising events, and donate service on Smiles for Kids day and in the Smiles for Big Kids program.

Smiles for Kids was born in 1991. A program conceived by Drs. Gerald Ortner and Don Rollofson, it partnered member dentists with local elementary schools to screen and

provide dental health education to thousands of young students every year. Uninsured and underserved students with a need for treatment were seen by member dentists and their teams on Smiles for Kids day in February. Typically, over 50% of the kids on SFK day were adopted by member dentists to continue pro-bono treatment. It is truly gratifying treating and improving the oral health of these young patients who otherwise would not be able to afford the care.

Two adjunctive programs the Foundation sponsors to support Smiles for Kids are the 1st Tooth OR 1st Birthday campaign and the puppet show. Both programs target prevention in kids. 1st Tooth OR 1st Birthday promotes a well dental checkup in infants when teeth erupt. It gives us a chance to educate young mothers and mitigate the damage of early childhood caries. The puppet shows are an educational oral health preventive program targeting young children. It is very popular in my county

elementary schools and I am proud of the Foundation sponsorship for these programs.

SDDF became very good at managing the SFK program and in 2009 Smiles for Big Kids evolved out of SFK. It is a program promoting oral health education and urgent care needs to uninsured, low-income adults, especially targeting the low-income elderly community. It is available to all adults who meet the eligibility requirements. It is also very gratifying to observe the resultant self-esteem after restoring someone's smile.

I encourage our members to donate generously, both time and money, to the Foundation and its programs and events. Read on in this issue and get up to date information about the Foundation.

SDDS has reason for pride in SDDF ■

A handwritten signature in black ink, appearing to read "Carl Hillendahl, DDS".

THE MAY GENERAL MEETING IS BEING OFFERED AS A WEBINAR!

Tuesday, May 12, 2020

2 CEU, core • 5pm-7pm • \$49

FREE to 2019-20 DMD Members!

This course is being offered as a webinar only. To register, please go to www.sdds.org/events/gm-may2020/
If you are a 2019-20 DMD member, email sdds@sdds.org to register.

How Can Teledentistry Be Used in Today's COVID-19 World

Course Overview:

There has been increasing interest over the last several years in using teledentistry systems to reach people who are not having regular dental care. The current COVID-19 physical distancing requirements have accelerated this interest. This program will describe the development of teledentistry in the oral health industry, specific recommendations for staying in touch with patients and providing dental care in the current environment, and considerations for using teledentistry to enhance dental practices as we move into the post-COVID world.

Presented by Paul Glassman, DDS, MA, MBA

Dr. Paul Glassman is the Associate Dean for Research and Community Engagement at the College of Dental Medicine at California Northstate University in Elk Grove, CA and Professor Emeritus at the University of the Pacific, Arthur A. Dugoni, School of Dentistry in San Francisco, CA.



By **Cathy B. Levering**
SDDS Executive Director

Flexibility... Part Deux

When I wrote my last Cathy's Corner, it was mid March and it was titled "Flexibility"... I had no idea to what was to come in April and, now, May. At that time, it was decision time to cancel/postpone 20 different programs and events for SDDS and find dates to reschedule. We called speakers, cancelled flights and hotels, moved dates to the fall, re-wrote contracts and agreements and much more. From the fun things like The Kitchen dinner, baseball games and golf, to CE events and licensure renewal, committee meetings and more... we are now all rescheduled through next December.

Thank you, SDDS members for being flexible on the date rescheduling.

Thank you, speakers and vendors, for being flexible on moving your programs.

Thank you, SDDS team, for being flexible, working at home and balancing your families, your lives, your work and your remote location!

And thank you ZOOM for teaching us how to ZOOM and how to still have our meetings!

And most of all, thank you dentists and your teams for making sure our community is safe. This is a scary time. It's scary because of the sickness around us. It's scary because of the unknown aspects of this deadly virus – really, it's on our shoes? And it's especially scary because our business environment is severely affected – and our economy and businesses are at such risk. We realize that there is much information out there, and so many, many emails. Our goal is to give you as much information as we get, and to share everything. While we know it's a lot, it's ALL important. Thanks for reading.

So, we continue to pray for everyone. We continue to support our members and their families, friends, and work families. We hope that the world of dentistry will get back to work soon, albeit perhaps in a different, modified and transitional format. In fact, we hope and pray that the WORLD gets back to what will probably be a "new normal" – one we never imagined.



Cathy

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From the Editor's Desk



By Viren Patel, DDS
Foundation President, Guest Editor

Sustainability Is the Key to Success

It is an honor to be the guest editor of this edition of *the Nugget*, which serves as the Annual Report of the Foundation. Our organization is strong and adapting to new challenges with vigor and fervor year.

The Foundation has grown and changed over the years and today has a different set of challenges from when it was started. The Board of Directors is a group of experienced leaders and I lean on them heavily to ensure that we are moving in the best direction for the Foundation. As we look to the future, we need to ensure the sustainability of our organization and its programs. We also need to ensure that our programs are pertinent and flexible enough to the changing needs of our community.

This issue again highlights the fact that people are the focus of the good that we do. Read the stories of the people whose

“It is inspirational and heartwarming that our Foundation can make this kind of impact in so many people’s lives.”

lives we help change for the better and read the stories of the doctors that had their lives enriched by providing the help.

It is inspirational and heartwarming that our Foundation can make this kind of impact in so many people’s lives. Those who receive and those who give.

Churchill once said... “we make a living by what we get, but we make a life by what we give.” I want to thank all those who give so generously and ask you to continue - the rewards far outweigh the sacrifices. ■

MANUAL DAY HAS BEEN MOVED TO SEPTEMBER!

Manual Day: Build & Complete Your OSHA, Employee & HIPAA Manuals in One Day! 6 CEU, Core • \$199

Presented by Teresa Pichay, CDA Regulatory Compliance Analyst and a speaker from the California Employers Association

It's Manual Day!

Bring your laptops, or your notebooks, and make your mandatory manuals all in one day!

By the time you walk out the door at 3pm, all the manuals will be finished!

We will help you write and update your manuals and the experts will be here to answer your questions, and bring you the most current information.

Come to this class to complete your:

Employee Manual, HIPAA Manual, and OSHA Manual

The OSHA and Employee Manual templates will be provided within the cost of the course.

We have a great group price for the ADA HIPAA Manual – \$175. If you let us know with your registration, we will order it for you and have it at the course (2 weeks notice, please).

Friday, September 18, 2020

Note the rescheduled date above, was originally April 24, 2020!

8:00am • Registration & Breakfast
8:30am – 1:30pm • Class

SDDS Classroom

Head to sdds.org to get signed up for the class today!

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YOU SHOULD KNOW

DUES PAYMENT GRACE PERIOD CHANGES IN 2021

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The CDA House of Delegates approved elimination of the \$100 reinstatement fee and the implementation of a 30-day grace period for dues payments, effective 2021. Members who do not renew by Feb. 1, 2021, (30 days following the dues deadline of Jan. 1), will be dropped for nonpayment and will be ineligible for member benefits until dues are paid. These benefits include registering for CDA Presents, utilizing the Practice Support Center and applying for TDIC policies.

Once a member's dues are paid, retirement affidavits and waivers will not be accepted for the current year (special circumstances may be requested and approved by the component).

OROFACIAL PAIN NEWEST ADA SPECIALTY

A very excited email from Dr. Ken Moore

You probably already know but Orofacial Pain has just been recognized as the 12th ADA specialty!! We all are doing our happy dance!!

COMMUNICATION FROM SDDS

We are doing our best to keep you up to date and informed during this Covid-19 crisis. With new and changing information, we have compiled resources and information on our website to help assist you during this time. You can visit the page here: www.sdds.org/covid-19-info-hub/

You will also be receiving communication from our Constant Contact emails, if you have unsubscribed and would like to resubscribe, please let us know asap.

The SDDS team is currently working remotely but you can email sdds@sdds.org if you need assistance.

LICENSE RENEWAL CE REQUIREMENT EXTENSION

Reprinted with permission from California Dental Association

CDA successfully advocated for license renewal C.E. requirement extension

Dentists with license renewals between the months of March and June have been granted an extension until Sept. 30, 2020. CDA advocated for the extension, which was granted by the Department of Consumer Affairs. We will continue to advocate for additional extensions as the COVID-19 disruption continues to impact dentists. CDA is also providing additional options for members to obtain C.E. in a timely manner.

Learn more here:

<https://www.cda.org/Home/News-and-Events/Newsroom/Article-Details/cda-successfully-advocates-for-license-renewal-ce-requirement-extension>

have you heard of the
**DEDICATED MONTHLY
DENTIST (DMD) PROGRAM?**

Prepay for your year
of General Meetings
and save big!

\$450

for all 7 meetings! Only \$64/meeting!
register before 8/31/20

Regular charge per meeting* (individual):
Early: \$75 • Regular: \$85 • Onsite: \$99

By enrolling in the **Dedicated Monthly Dentist (DMD) Program**, you can ...

PREPAY ...

for all seven General Membership Meetings for 2020–2021 with one check or credit card charge

EASILY REGISTER ...

for each meeting by responding to a simple email sent to you each month.

HELP ...

with SDDS recruitment! If you are unable to attend a particular meeting, call SDDS and we'll arrange for a new member to attend in your place.



By **Jose Juarez, DDS**
SDDS Member

Dr. Juarez maintains a private pediatric practice, "Smile Kingdom Dental", in Rancho Cordova. He is passionate about creating a positive dental environment for children. He treats every child with the highest quality of care. Being a father of four beautiful girls, he carries the philosophy of treating every child as if they were his own. Dr. Juarez has participated in Smiles For Kids and Give Kids A Smile for the last 13 years.

No Greater Feeling Than Seeing a Child Smile

One of the most anticipated events for our practice is Smiles For Kids! This is a hugely impactful program in which the whole dental team can utilize their skills to do good in the community. On this rewarding and heartfelt day, we get to provide dental care to the underserved population of children in our local neighborhoods. Our goals are to treat those kiddos who are suffering from untreated dental disease as well as educating families about caries prevention.

Many of these children come in with a variety of concerns. Some can't sleep or eat properly while others have difficulty paying

attention in school. After receiving care from our amazing staff and volunteers, their pain goes away, self-esteem increases and their quality of life improves.

We cater to every child that comes into our office. Upon entering, they are immediately put at ease with our castle-themed/fairy-tale decor, toys and video games. Every volunteer creates a rapport with that child before any dental procedure is done. It's vital to treat the patient first, dental decay second.

One experience that I will always remember is about a 7-year old child that I treated on



SFK day and later adopted as a patient. He was comfortable at first but then became fearful and reluctant to sit in the chair. Mother reported that he was papoose and traumatized at the previous dental office. She also stated he had missed multiple school days due to severe dental pain. The turning point occurred when I asked him, "Would you like to see a magic trick?" After he responded, "Yes" with a curious demeanor, I "magically" pulled a gold treasure token from his ear. He



couldn't believe his eyes! I told him he could keep it only if he let us brush away the sugar trolls. He eventually got into the chair and not only had a great visit that day but also for each subsequent visit. After his very last appointment, mother broke down in tears and expressed her gratitude. Not only did we help him change his perception of the dentist but had dramatically improved his school performance!

There is no greater feeling than seeing that smile appear on a child after successfully

completing treatment. I highly recommend anyone reading this to get involved in Smiles For Kids. It will be one of the most rewarding activities you can experience. ■

On this rewarding and heartfelt day, we get to provide dental care to the underserved population of children in our local neighborhoods.

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By **Mira Yang**
Early Smiles Sacramento

As the program manager of Early Smiles Sacramento, Mira Yang is committed to serving the dental needs of most vulnerable children in Sacramento County. She joined Early Smiles Sacramento Program as a screening dental hygienist in 2016. In 2018, when First 5 Sacramento started supporting Early Smiles Sacramento Program to serve children under the age of 5, she has stepped into the program manager position. She is committed to ensure Early Smiles Sacramento Program provides oral health education, dental screening, fluoride varnish treatment and connection to dental care for every child we serve.

Early Smiles Essential Partnerships

Nationally, tooth decay is the most common chronic disease among children ages 6 to 11 years, despite being 100% preventable. In California, one in three children are affected by tooth decay by third grade. According to the California Department of Public Health study of Oral Disease Burden and Prevention in 2017, 874,000 school days are missed per year due to dental problems.

Children with tooth pain are four times more likely to have a below average GPA (CDPH Study of Oral Disease). In Sacramento, despite a 100% increase in utilization of dental services between 2008 and 2013, many children with Medi-Cal Dental Plans went without an annual dental visit or preventative care.

In an attempt to identify innovative solutions to eliminate barriers to access to care and increase utilization, the three Dental Managed Care Plans in Sacramento—Access Dental, Health Net, and Liberty Dental, in collaboration with the Center for Oral Health, designed Early Smiles Sacramento (ESS). ESS was launched in September 2016 and is a unique community-based program that brings much needed dental care to the most vulnerable children in Sacramento County. ESS provides evidence-based preventative dental services and helps navigate every child to a dental home. The ESS program focuses on catching children where they spend the majority of their time, their school.

ESS provides oral health education to the entire primary network of the children that we serve. We provide an oral health education presentation to student support staff and nurses at district nurse's meetings. We also attend community events and parent's meetings to provide oral health education to parents so they are equipped with the knowledge to identify dental decay in their child's mouth. Finally, ESS also provides oral health education presentations to students and teachers at local schools. ESS is in 12 school districts throughout Sacramento County and serves over 200 schools. From February 2019-January 2020, ESS provided oral health education to 35,276

relevant individuals to enhance knowledge, attitude, and practices towards oral health.

In addition to oral health education, ESS also conducts dental screenings at schools and community events. From February 2019-January 2020, ESS screened 26,760 children. We do a visual dental screening to identify the dental urgency of each child. A dental urgency 1 means no active dental decay. A dental urgency 2 means there is active dental



decay that needs dental treatment within 4-6 weeks. A dental urgency 3 is a dental emergency and the child is having dental pain or has an active abscess. Dental urgency 3s need dental treatment within 48-72 hours. From February 2019-January 2020, 20,457 of the children we screened were identified as a dental urgency 1. 5,552 of the children we screened were

a dental urgency 2 and 755 children had a dental emergency and were classified as a dental urgency 3.

During the dental screening, with parent permission, ESS can apply a topical fluoride varnish treatment. According to the ADA, a topical fluoride varnish treatment is a safe and effective way to prevent dental decay. Fluoride is a safe and effective substance that can be used to not only prevent, but can also control and slow the progression of dental decay (ADA.com). From February 2019- January 2020, Early Smiles provided a topical fluoride varnish to 21,113 children to help protect their vulnerable teeth.

After the dental screening, the most important component of the ESS program is the care and coordination to dental care. They say it takes a village to support a child, and ESS works with numerous community partners to ensure dental care for each child. 18,301 of the children screened between February 2019- January 2020 had Medi-Cal Dental insurance. Each one of these children were navigated to their respective dental managed care plan and dental homes by dental urgency for treatment.

One day at a dental screening in Elk Grove, we had a little girl walking up with a big smile on her face ready for her dental screening. When the dental hygienist tried to use a tongue depressor to move her cheek back, she noticed the child's face was half swollen due to an active dental infection. When the hygienist asked the child if that spot in her mouth hurt, the child's

eyes started to tear up and said "yes it hurts a lot, but I haven't been able to get into the Dentist." Our dental hygienist promised the little girl her mouth wouldn't hurt her for much longer. Our team was able to call the child's Medi-Cal Dental plan and she was able to get

Early Smiles Sacramento provided oral health education to 35,276 relevant individuals to enhance knowledge, attitude, and practices towards oral health.

into a dental chair for treatment within 24 hours. We also work with the Medi-Cal dental plans in order to provide free transportation and translation services to their members who need assistance. It is this care coordination that allows children in Sacramento County to receive the dental care they desperately need.

ESS also works with Sacramento Covered, Sacramento District Dental Society, and local dental offices to assist children who do not have dental insurance or may have private dental insurance with a high co-pay. Sacramento Covered works with the families we refer to assist them in getting dental coverage. We also

refer children to Sacramento District Dental Society for dental treatment. ESS screened a child who was a dental urgency 3, he had numerous large cavities that were causing pain with chewing. SDDS was able to not only get an appointment for the child in pain that we screened but was able to secure an appointment for his sibling as well on the same day at the same dental office.

Without essential partnerships, ESS would not be as successful in connecting kids to dental care. However, our program still faces challenges we are working to overcome. The dental consent rate at some elementary schools is around 30% and we are constantly working to increase these numbers. In January of 2020, Governor Newsom proposed a budget suggesting the elimination of Geographic Managed Care plans in Sacramento County and replaced with a Fee for Service system no later than January of 2021. This not only puts the ESS program at risk, but it puts the wrap around dental services in Sacramento County at risk. ■

References

https://www.cdph.ca.gov/Programs/CCDPHP/DCDIC/CDCB/CDPH%20Document%20Library/Oral%20Health%20Program/Status%20of%20Oral%20Health%20in%20California_FINAL_04.20.2017_ADA.pdf

<https://www.ada.org/en/member-center/oral-health-topics/fluoride-topical-and-systemic-supplements>





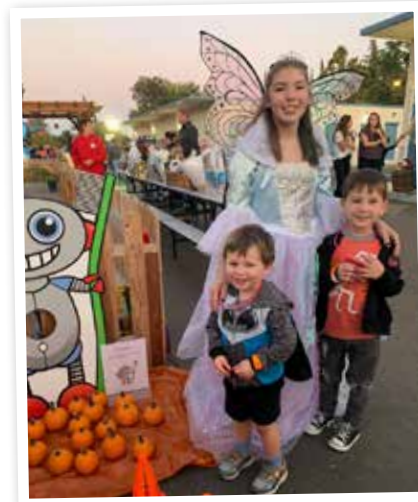
By **Paul Johnson, DDS**
SDDS Member

Born in Richmond, California and raised in the mountains of Park City Utah, Dr. Johnson is no stranger to the outdoors. He has spent a lifetime skiing, snowboarding, mountain and road biking, playing soccer, tennis, dirt and street motorcycle racing among other things. He has lived in Sacramento since 2011 with his wife Jessica and their two dogs, Reuben and Charlotte.

In 2013 he became board certified in Pediatric Dentistry and currently is a Diplomate of the American Board of Pediatric Dentistry.

What Smiles for Kids Means to Us

As our office hits our 5th year in practice, we also reflect on 5 years of giving back to our community. Each year our office gets excited to have the opportunity to host



another SDDS Smiles for Kids event. Just like our practice has been growing, so has our event. Every year we gain more volunteer doctors, assistants, hygienists, dental interns and students. Every year we are able to treat more children from our community in West Sacramento and surrounding areas as we become more efficient and acquire more volunteers. It's truly a beautiful feeling when you stop for a second, look around and see all these wonderful friends and colleagues in one place, working so hard, selflessly volunteering their special skill set and compassionately providing dental care for children and adolescents in need.

Uniquely, this event gives our young adults and interns an opportunity to really feel like they get to give back to the community and participate in dental outreach. We continually have new and returning volunteers from Sacramento State University,

UC Davis, local community colleges and high school students eager to help out.

At our office we work hard to make it a special place that kids love to visit. We enjoy making every child's visit unique for them and love to get our patients involved in having an enjoyable dental appointment. We routinely have silly dress-up days, crazy contests, unique photo backdrops, special prizes and more! We continue to offer this experience to our Smiles for Kids friends as well.

Many of the SFK day patients come to us with a fear of the dentist. Many children and families that come have not previously had the opportunity to see that going to the dentist doesn't have to be frightening or anxiety filled. All of our team and volunteers pride themselves on the fact that they get to offer our Smiles for Kids friends a unique and different dental experience with the hope of re-setting or changing their expectations of what is possible when going to the dentist.





It's also extremely rewarding when a parent thanks you with tears in their eyes for helping their child who has needed dental care for so long. There are few words to describe the feelings you have after a scared or timid child finishes treatment, you hand them a mirror and show them their new smile for the first time and they are grinning ear to ear, or they shout "That wasn't bad at all!"

The Smiles for Kids event is for our community. It's for all the children who have slipped through the cracks for one reason or another and have gone without dental care. It's also for the parents who have felt helpless that their children were in pain or required dental care but couldn't navigate the system and find services. Even though the event is for all of them, in truth this event reminds us why we love doing what we do as dental

health professionals. Whether it be Smiles for Kids, dental mission trips or other volunteer events, the fulfillment that is gained from helping someone else is the driving force behind why we do what we do. Having the opportunity to host and help, touches all of our hearts and provides an experience we cherish forever. ■



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Viren R Patel DDS
Former President, Sacramento District Dental Society

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Smiles for Kids 2020

209 total volunteers (95 doctors participated)

FALL 2019 SCREENINGS

7,000 kids screened by SDDS
26,760 kids screened by ESS
117 doctors volunteered to screen
(34 doctors actually screened)

Results:

SDDS: **74%** 1's • **20%** 2's • **6%** 3's
ESS: **79%** 1's • **22%** 2's • **3%** 3's
1 = good dental health
2 = care required
3 = urgent care required

SMILES FOR KIDS DAY

237 kids scheduled for treatment
209 SFK Day volunteers
9 treatment sites
\$117,082 in treatment
(\$555 average per patient)

Good news:

LESS kids seen on SFK Day as kids were navigated to their dental homes at the screenings

ADOPT-A-KID PROGRAM

37 kids adopted (specialty & GP)
37 kids referred to Ortho Program
40 kids navigated to their dental homes (that's 31%)

Great news:

The oral health of kids is improving every year!

THANK YOU TO OUR SMILES FOR KIDS SITES

Ascot Family Dental
Dr. Purvak Parikh

Jackson Creek Dental
Dr. Jerhet Ask
Dr. Ron Ask
Dr. Craig Kinzer
Dr. Leon Roda
Dr. Dwight Simpson

Pediatric Dentistry
of West Sacramento
Dr. Paul A. Johnson

Roseville Dental Group
Dr. Kreston Anderson
Dr. Emerson Lake
Dr. Evan Lomen
Dr. Mandeep Randhawa

Sheldon Grove Family Dental
Dr. Andrea Cervantes

Shingle Springs Health &
Wellness

Smile Kingdom
Dr. Jose Juarez

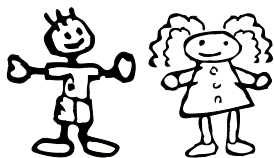
Truckee Dentistry
Dr. Tyson Lechner

Dr. Janice Work's Office
Dr. Janice Work



Thank you!

to our Smiles For Kids 2020
Grantors and Sponsors!



Smiles for Kids®



Thank you to the
following for their
gracious donations:

Blue Northern Builders
CSUS Pre-Dental Club —
Project Backpack
Henry Schein Dental
Patterson Dental Supply
Procter & Gamble
TDSC
United Concordia

TWO DATES NEXT YEAR! FEBRUARY 6 & 13, 2021

FOUNDATION

the heart

of the

SACRAMENTO DISTRICT
DENTAL SOCIETY

Foundation Annual Report

of the Sacramento District Dental Society



By **Viren Patel, DDS**
2019 Foundation President

The *Heart* of Our Society

Looking Back at the SDDS Foundation in 2019

The Sacramento District Dental Foundation has again had a banner year. As our Foundation membership approaches 500, I am happy to report that we have over \$2.4 M in funds and, as a result of our Foundation Gala Celebration, more people than ever are aware of the huge impact our Foundation has on our community. The event held in October was an opportunity to celebrate our

achievements with our community, sponsors and partners in addition to our SDDS members. It also allowed us to raise \$50,000 to ensure that we will continue to help the community in the future.

Our signature Smiles for Kids project has changed tenor over the past two years. The program adapts to the changing needs of the community and we are now focused more on education and navigation than on actual services rendered. I can say that there is not an access to care issue but an access to information issue. We now have nearly every child in California covered by some type of dental benefit. As such, our primary goal is to provide navigation to those who have existing benefits and who may not know how to access them.

Smiles for Big Kids continues to grow with the generous donations of our member's time and skill as well as the services provided by

our partnering labs. Please read through this issue of *the Nugget* that acts as our Annual Report for more details on the inspiring changes that come to fruition through this program.

Our partnership with SDDS and their use of the Dental Transformation Initiative funds has allowed our educational puppet shows to provide entertaining education for 109 schools in 2019, and provide dental health education to 10,177 children in our area. It has been a great hit with the kids and adults and an incredible educational resource for our community

In closing, I am happy to report that our organization is strong and growing in membership and our programs are effective and timely. The future holds new challenges and new opportunities for us. Be reassured that SDDF will continue to do the good that we have come to expect of our Foundation. ■



Dr. Berrin and Dr. Boyce were so great with our scholars during the Dental Health Screening! We were able to follow up with families of scholars who needed urgent dental care and ensure they received the care they needed. It was truly a great experience and we look forward to hosting next year!

PS7 ELEMENTARY SCHOOL
DENTAL HEALTH SCREENING



Here are the students I took to Sheldon Grove Family Dental. **We loved our Dentist. She was so kind and compassionate.** My students left feeling well cared for.

SHERIL MAHAN-ANDERSON
NURSE; VISIONS IN EDUCATION

2019 FOUNDATION FINANCIALS

CURRENT ASSETS

CHECKING / SAVINGS

	2013	2014	2015	2016	2017	2018	2019
Charitable Fund	\$181,110	\$221,087	\$222,615	\$238,524	\$0 (closed)	\$0 (closed)	\$0 (closed)
General Fund	\$484,932	\$410,631	\$572,823	\$607,775	\$882,775	\$894,862	\$963,000
Helen Hamilton Fund <i>Operating, program and grants monies</i>	\$151,128	\$182,514	\$182,723	\$193,759	\$237,797	\$236,024	\$273,102
Perpetual Fund	\$619,024	\$776,145	\$800,308	\$842,268	\$970,451	\$1,027,739	\$1,230,890
TOTAL CHECKING / SAVINGS:	\$1,436,195	\$1,590,377	\$1,778,468	\$1,882,327	\$2,091,023	\$2,158,625	\$2,466,991
ACCOUNTS RECEIVABLE:	\$4,030	\$33,212	\$8,684	\$22,559	\$22,329	\$4,251	\$11,204
PREPAID EXPENSES:	\$19,788	\$1,019	\$10,648	\$1,921	\$8,146	\$13,873	\$8,459
TOTAL ASSETS:	\$1,460,013	\$1,624,608	\$1,797,800	\$1,906,806	\$2,121,498	\$2,176,749	\$2,486,654

LIABILITIES & EQUITY

LIABILITIES

	2013	2014	2015	2016	2017	2018	2019
Accounts Payable	\$17,516	-\$8,750	\$4,012	\$4,981	\$17,630	\$7,259	\$0
Deferred Revenue <i>(Other Current Liabilities)</i>	\$10,310	\$5,747	\$17,427	\$20,408	\$28,335	\$11,507	\$11,438
TOTAL LIABILITIES:	\$27,826	-\$3,003	\$21,440	\$25,389	\$45,965	\$18,766	\$11,438

EQUITY

	2013	2014	2015	2016	2017	2018	2019
Retained Earnings	\$1,052,828	\$1,432,181	\$1,627,611	\$1,776,060	\$1,883,192	\$2,075,533	\$2,157,908
Net Income	\$379,359	\$195,430	\$148,749	\$105,357	\$192,341	\$82,450	\$317,309
TOTAL EQUITY:	\$1,432,187	\$1,627,611	\$1,776,360	\$1,881,417	\$2,075,533	\$2,157,983	\$2,475,216
TOTAL LIABILITIES & EQUITY:	\$1,460,013	\$1,624,608	\$1,797,800	\$1,906,806	\$2,121,498	\$2,176,749	\$2,486,654

General Fund **\$322,199**
Smiles for Kids \$403,460
Smiles for Big Kids \$237,341

Foundation of the Sacramento District Dental Society

A charitable 501-C3
organization



Thank you 2019 Foundation Members

January 1, 2019 to December 31, 2019

Foundation Members (2019)

Dentist Members

Dr. Guy Acheson
Dr. Gary Ackerman
Dr. Eva Adams
Dr. Gregory Adams
Dr. Nima Afatooni
Dr. Nahed Afshari
Dr. Dean Ahmad
Dr. Samer Alassaad
Dr. Ashkan Alizadeh
Dr. Marwa Alkordy
Dr. Craig Alpha
Dr. Dale Alto
Dr. Rina Ambaram
Dr. Russell Anders
Dr. Jenny Apekian
Dr. Brad Archibald
Dr. Nancy Archibald
Dr. Naseem Arfai
Dr. Roger Ashworth
Dr. Sean Avera
Dr. Daryl Azouz
Dr. Mark Backhus
Dr. Laila Baker
Dr. Aneet Bal
Dr. Daisuke Bannai
Dr. John Barakat
Dr. Paul Barkin
Dr. Sarwandeep Bath
Dr. Stuart Beach
Dr. Jill Beems
Dr. Wallace Bellamy
Dr. Charles Benavidez
Dr. Paul Bianchi
Dr. Paul Binon
Dr. John Birch
Dr. Thais Booms
Dr. Michelle Borg
Dr. Greg Borrowdale
Dr. Michael Boyce
Dr. Damon Boyd
Dr. Rodney Bughao
Dr. Arthur Burbridge
Dr. Pamela Cagampan
Dr. Lydia Cam
Dr. Matt Campbell

Dr. Adrian Carrington
Dr. Erin Carson
Dr. Michael Casagrande
Dr. Vincenzo Castaldo
Dr. Steve Cavagnolo
Dr. Andrea Cervantes
Dr. Wai Ming Chan
Dr. Richard Chang
Dr. Kirsten Chang
Dr. Kevin Chang
Dr. Shareen Char-Fat
Dr. Barinderpal Cheema
Dr. Kevin Chen
Dr. George Chen
Dr. Regina Cheung
Dr. James Childress
Dr. Robert Chiurazzi
Dr. Cameron Cho
Dr. Sonney Chong
Dr. Stephen Christensen
Dr. Lawrence Chu
Dr. Michael Chu
Dr. Darrell Chun
Dr. Scott Churchill
Dr. Jefferson Clark
Dr. Matthew Comfort
Dr. Patrick Cook
Dr. Benjamin Cope
Dr. James Cope
Dr. Fredrick Correa
Dr. James Coyle
Dr. Lee Crane
Dr. Brian Crawford
Dr. Paul Cripe
Dr. David Crippen
Dr. Gina Crippen
Dr. Monica Crooks
Dr. Jude Crutchfield
Dr. Mary Cuevas
Dr. Jerome Daby
Dr. Robert Daby
Dr. Kent. Daft
Dr. Shannon Dang
Dr. Vincent D'Ascoli
Dr. David Datwyler
Dr. Jeff Davidson
Dr. Martha De Los Rios
Dr. Teresa Deguzman
Dr. Margaret Delmore
Dr. Paul. Denzler
Dr. Shaina Di Mariano
Dr. Pamela Di Tomasso
Dr. Friz Diaz
Dr. Julianne DiGiorno
Dr. Thomas DiLallo
Dr. Lisa Dobak
Dr. Gordon Douglass
Dr. Jennifer. Drew
Dr. Xuan Duong
Dr. Herlin Dyal
Dr. James Everhart
Dr. Simiade Fabyi
Dr. Brian Fahey
Dr. Kent Farnsworth
Dr. Diana Fat
Dr. John Fat
Dr. Ken Fat
Dr. David Feder
Dr. Volkmar Felahy
Dr. Carlos Feuillet-Latorre
Dr. Debra Finney
Dr. Stephen Fischer
Dr. Sindy Fondren
Dr. Thomas Fong
Dr. Brian Fong
Dr. Michael Forde
Dr. Rikard Forsberg
Dr. Lora Foster-Rode
Dr. Reza Fouladi
Dr. Sandra Fouladi
Dr. Kasi Franck
Dr. Dean Funada
Dr. Beatriz Galofre
Dr. Calvin Garland
Dr. Douglas Gedestad
Dr. Richard Gere
Dr. Kelly Giannetti
Dr. Tim Giroux
Dr. Amy Goldman
Dr. Alan Golshanara
Dr. Mitchell Goodis
Dr. Jennifer Goss
Dr. Edi Guidi
Dr. Dan Haberman
Dr. Gregory Hailey
Dr. Nicky Hakimi
Dr. Laurie Hanschu
Dr. Kerry Hanson

Dr. Dan Harlan
Dr. Elizabeth Harmon
Dr. Jim Hastings
Dr. David Hatcher
Dr. Victor Hawkins
Dr. Robert Hays
Dr. Jagdev Heir
Dr. Gregory Heise
Dr. Marsha Henry
Dr. Tim Herman
Dr. Steven Higashi
Dr. Carl Hillendahl
Dr. Brock Hinton
Dr. Mark Holt
Dr. Wesley Honbo
Dr. Herbert Hooper
Dr. Richard Huang
Dr. Stephen Huppert
Dr. Elizabeth Huynh
Dr. William Iliff
Dr. Carolyn Ishii
Dr. Ralph Isola
Dr. Richard Jackson
Dr. Nidhi Jain
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Dr. Russell Jones
Dr. Terrence Jones
Dr. Ashley Joves
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Dr. Lynn Judd
Dr. Keith Judd
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Dr. Darcy Kasner
Dr. David Keating
Dr. Kevin Keating
Dr. Richard Keilson
Dr. Richard Kennedy
Dr. Neelofar Khan
Dr. Smita Khandwala
Dr. Jin Kim
Dr. Lila Kim
Dr. Peter Kim
Dr. George Kingsley
Dr. Steven Kirkpatrick
Dr. Michael Koch
Dr. Greg Kolber
Dr. Matthew Korn
Dr. Jayanth Kumar
Dr. Sarah Kuo
Dr. Kevin Kurio
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Dr. Lisa Laptalo
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Dr. H. Skip Lawrence
Dr. Hung Le
Dr. Gordon Lee
Dr. Grace Lee
Dr. Leland Lee
Dr. Samantha Lee
Dr. Steven Lee

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Dr. Donald Liberty
Dr. Diane Liberty
Dr. Pieter Linszen
Dr. Steve Longoria
Dr. Ricardo Macasaet
Dr. Janine Ma-Golding
Dr. Madeline Majer
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Dr. David Marth
Dr. Brandon Martin
Dr. Daniel Martin
Dr. Rick Mathews
Dr. Jennifer Mathisen
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Dr. Jeff McComb
Dr. Warren McWilliams
Dr. Rob Meaglia
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Dr. Tim Mickiewicz
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Dr. David Miller
Dr. Dwight Miller
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Dr. James Musser
Dr. Christopher Myers
Dr. Gregory Nahorney
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Dr. Amir Neshat
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Dr. Novan Nguyen
Dr. Minh Nguyen
Dr. ThanhTruc Nguyen
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Dr. Peter Nyland
Dr. Jack Oates
Dr. Michael O'Brien
Dr. Siamon Okhovat
Dr. Gregory Olsen
Dr. Kevin O'Neill
Dr. Edward Orgon
Dr. John Oshetski
Dr. Stephen Ott
Dr. Gregory Owyang
Dr. Alan Pan
Dr. David Park
Dr. Viren Patel
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Dr. Patrick Penney
Dr. Michael Perich
Dr. Josh Perisho
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Dr. Dennis Peterson
Dr. David Petrey
Dr. Anh Pham
Dr. Van Pham
Dr. Robert Phillips
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Dr. Mark Porco
Dr. Nirmala Prabhu
Dr. Robert Pretel
Dr. Rika Prohdan-Ashraf
Dr. Scott Pyo
Dr. Alan Rabe
Dr. Mojtaba Radi
Dr. Karthik Raghuraman
Dr. Khalid Rasheed
Dr. Hana Rashid
Dr. Ibtisam Rashid
Dr. Gabrielle. Rasi
Dr. Ronald Rasi
Dr. Paul. Raskin
Dr. Ron Rasmussen
Dr. Joseph Rawlins
Dr. Justin Reich
Dr. Esther Rhee
Dr. Bevan Richardson
Dr. Lindsey Robinson
Dr. Bill Robison
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Dr. Don Rollofson
Dr. Jeffrey Rosa
Dr. Morton Rosenberg
Dr. Nicholas Rotas
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Dr. David Rule
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Dr. Cynthia Russell
Dr. Navneet Sahota
Dr. Elahah Samsani
Dr. Gurkamal Sandhu
Dr. Stephanie Sandretti
Dr. Dean Sands
Dr. John Santamaria
Dr. Harkeet Sappal
Dr. Richard Sarkari
Dr. Christopher Schiappa
Dr. Tom Schlehofer
Dr. Pam Schmidt
Dr. Shahryar Sefidpour
Dr. Natalie Selvanathan
Dr. David M. Seman
Dr. Sherry Shapiro
Dr. Howard Shemp
Dr. Tsung Shen
Dr. Richard Shipp
Dr. Stefanie Shore
Dr. Ed Sims
Dr. Walter Skinner
Dr. Darce Slate
Dr. William Sloan
Dr. Charles Smurthwaite
Dr. Norman Spalding
Dr. Joelle Speed

Are you a member of our Foundation?

It only costs \$75 a year to be a member of our
Foundation. Email us at sdds@sdds.org to become
a member and make a difference.

Thank you for supporting the Foundation!



It is truly an honor for Ascot Family Dental and our volunteers to partner with SDDS for their Annual Smiles for Kids Day each year! It brings us great joy to help children in our community by improving their oral health and sharing healthy dental care habits with them early on to set them up for success.

ASCOT FAMILY DENTAL
 DOMINIC KRISTIN DE BRUIN,
 MARKETING DIRECTOR



Dr. Terri Speed
 Dr. Charles Stamos
 Dr. Harry Stathos
 Dr. David Steinberg
 Dr. Visse Storm
 Dr. Cynthia Stuart
 Dr. Jeffrey Sue
 Dr. Sherry Sue
 Dr. Kimmy Sunahara
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 Dr. Jonathan Szymanowski
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 Dr. Bryan Tuttle
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 Dr. Wayne Walters
 Dr. Glen Warganich-Stiles

Dr. Dina Wasileski
 Dr. Ernest Watson
 Dr. Russell Webb
 Dr. Cindy Weideman
 Dr. Michael Weideman
 Dr. Richard Whitaker
 Dr. Mark White
 Dr. Gregory Wilcox
 Dr. Michael Wilcox
 Dr. Ryan Wilgus
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 Dr. Rosemary Wu
 Dr. Thomas Yamamoto
 Dr. Bradley Yee
 Dr. Wesley Yee
 Dr. Mark Zablotzky
 Dr. Duke Zander
 Dr. Judith Zann

Associate Members
 Comel Ahmad
 Suzanne Ashworth
 Irene Campbell
 Sheryl Carlson
 Lori Daby

Peggy Daft
 Betty Dobak
 Ladonna Drury-Klein
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 Rebecca Tryon
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 Ruby Yu

Foundation of the Sacramento District Dental Society



2019 Golf Tournament

JOIN US AUGUST 7, 2020 FOR THE 10TH ANNUAL



The SDDF Annual Golf Tournament is always one of the most fun ways to raise money for the Foundation. Each year, the SDDS Staff heads to Empire Ranch Golf Course bright and early and sets up, then begins welcoming all of our wonderful vendors and attendees.

to benefit our Foundation. Our wonderful vendors provide you with food and drinks at nearly every hole to keep you fueled up for your round of golf. After golfing is completed for the day, everyone heads into the dining hall for some lunch and prizes, the winner of the tournament is announced, and lots of great conversation is had.

\$18,000
Raised by the 2019 tourney
for the SDDS Foundation!

Last year our Golf Tournament raised \$18,000 for the Foundation! There were 100 players and 36 vendors/sponsors that helped to make our event great! Our Foundation does such wonderful things for the community and raising money while playing golf couldn't be better! ■

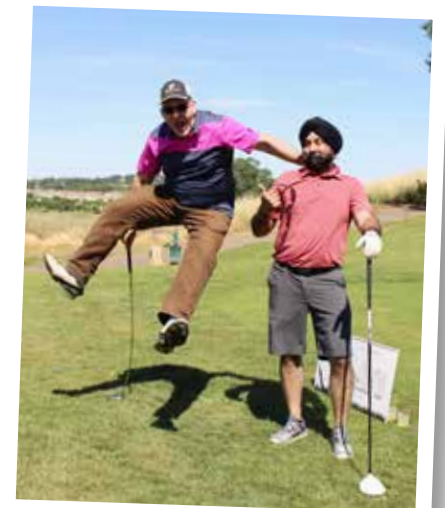
THIRTY-SIX
Awesome Sponsors

ZERO | **100**
Hole-in-ones | **PLAYERS**



Everyone is greeted with giveaways, like golf balls and sunscreen, and then heads into the dining area for a breakfast burrito before heading out onto the course.

Every single golfer registration and vendor that sets up a booth on one of the holes help



Smiles for Big Kids

An Opportunity to Give Back

By **Bryan Judd, DDS**
SDDS Member

What brings me the most joy and reward is giving back. As I look back through my career, I remember the big cases, the ones that went well, and the ones that could have gone better. But what I remember and cherish the most are the cases where I have donated my work to help others who have not had the opportunity for dental care. Our office donates a case per month, and the reward has come back far more than what we have given.

Let me tell you about “Bill.” He is a veteran of the Vietnam War and was in need of some extractions and a set of dentures. What I was not expecting was the utmost gratitude that was given by him to my office team and me. We still receive thanks from this very kind man.

I saw “Jane” at CDA Cares, and it was obvious that she needed more help than one day at the event could give. Our Dental Society was contacted, and she was approved

to have the needed extractions and partial dentures made.

With both Jane and Bill, these were life changing events. Both could smile with confidence and present themselves to the world in a better way.

Volunteer to take on a case. See the joy it brings you and your team; then come to know what a great gift we can give to others—one smile at a time. ■

SMILES FOR BIG KIDS

BY THE NUMBERS SINCE 2009

Patterned after SFK, Smiles for BIG Kids (SFBK) recognized that often the parents' dental health needs are equally as urgent as their childrens'. SFBK focuses on the needs of the parents of SFK patients, underserved adults and the elderly. The Foundation has partnered with several local community organizations to identify eligible patients and, each year, member dentists provide much needed care to these individuals in the form of dentures, restorative treatment, and specialty treatment.



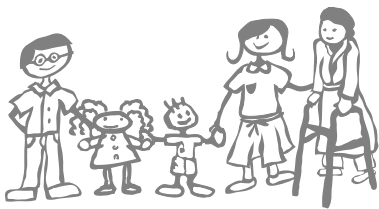
600 Patients Treated

TWENTY-SEVEN
OVER THE AGE OF
SEVENTY
THIS PAST YEAR



PARTNERS WHO REFER
Claire's House | Women's Empowerment
Everyone for Veterans | St. John's Shelter
Weave 

\$2800 Average per patient
this past year



\$1.7 million
in Dental Treatment

NINE
LABS PARTICIPATE

52 AVERAGE
AGE OF
PATIENTS

\$163,000 IN TREATMENT THIS PAST YEAR



67 Patients this
past year

Foundation of the Sacramento District Dental Society

Smiles for Sacramento

On October 5th, 2019 we hosted our Smiles for Sacramento Gala to benefit our Foundation. Our SDDS Members, community partners, and friends all came dressed up and ready to party! This lovely evening took place at the Hyatt in Downtown Sacramento, where guests enjoyed a cocktail hour, dinner, a live auction, and dancing to a live band, Walkin the Dawg, led by our very own Dr. Judd!



\$50,000

TOTAL RAISED

27 SDDS MEMBER DENTISTS

HOSTED 300 PEOPLE!



It was great to have the gala rejuvenated. A great night with colleagues- catching up, smiling, laughing and supporting SDDF!

- Dr. Christy Rollofson-Porrino

Crowns for Kids Continues to Support Our SFK Project!

WOW – what a great year 2019 was for Crowns for Kids! Thanks to Star Refining and our GREAT SFK FRIEND Jim Ryan, he single-handedly collected \$25,220 in 2019 – one of the best years ever!

Please take a look at the list of donors (page 32) whose offices and member doctors have contributed to CFK—thank you! And please consider joining by donating in 2020.

All you need to do is email sdds@sdds.org and let us know you need a pick up... and we'll send the message to Jim Ryan. (With offices on limited schedules, we are hoping that this is a good time to arrange for pick ups.)

Thank you for being part of this program – it supports our SFK program each year – puppet shows, oral health education, screening supplies and much more. ■



CROWNS FOR KIDS HAS RAISED...

2006 **\$9,351**

2007 **\$15,126**

2008 **\$9,054**

2009 **\$30,645**

2010 **\$26,031**

2011 **\$26,981**

2012 **\$34,028**

2013 **\$27,325**

2014 **\$22,450**

2015 **\$20,291**

2016 **\$16,500**

2017 **\$29,000**

2018 **\$19,365**

2019 **\$25,220**

**GRAND TOTAL
\$314,224**

CROWNS FOR KIDS

**Totals since the beginning of the program -
We need more doctors and their patients to participate!**

	2019	2018	2017	2016	2015	2014	2013	2012	2011	2010	2009	2008	2007	2006
# repeat donors	106	110	111	79	128	110	130	110	87	41	46	17	47	12
# new donors	4	3	14	4	16	14	15	20	32	26	20	7	44	12
# pickups	109	116	125	83	144	124	145	133	120	67	69	24	93	12

Smiles for Kids 2019-20

Our Cups Runneth Over with Smiles!

Thanks to all who volunteered their time to make this year's Smiles for Kids project a huge success!



School Screening Volunteers

Dr. Robin Berrin
Dr. Michelle Borg
Dr. Michael Boyce
Dr. Andrea Cervantes
Dr. Wai Chan
Dr. Tracy Cook
Dr. Robert Daby
Dr. Paul Denzler
Dr. Lisa Dobak
Dr. Jason Fligor
Dr. Melissa Fong
Dr. Eman Ghoneim
Dr. Matthew Gustafsson
Dr. Kerry Hanson
Dr. Russell Hirano
Dr. Denise Jabusch
Dr. Sean Khodai
Dr. Michelle Kucera
Dr. Mark Kujiraoka
Dr. Tyson Lechner
Dr. Yen Lieu
Dr. Kristen Morgan
Dr. Mahnaz Moussavi
Dr. Kayla Nguyen
Dr. Dringenberg
Dr. John Noe
Dr. Donald Orme
Dr. Justin Pfaffinger
Dr. Jordan Priestley
Dr. Lindsey Robinson
Dr. Jennifer Ryan
Dr. Tetsuya Shirasuka
Dr. Steve Tshuchida
Dr. Archana Wakode
Dr. Michael Young
Deborah Buchanan, RDH
Brenda Paquin, RDHAP
Christina Cox, RDH
Leslie Giovannoni, RDHAP
Carrington College
Chapa De
WIC Dental Program
Placer County Oral Health

SFK Day - Dentists

Dr. Kreston Anderson
Dr. Ron Ask
Dr. Jerhet Ask
Dr. Thais Booms
Dr. William Bratton
Dr. Andrea Cervantes
Dr. Barry Dunn
Dr. Sher Himmat Gill
Dr. Carl Hillendahl
Dr. Jose Juarez
Dr. Bryan Judd
Dr. Gagandeep Kandola
Dr. Craig Kinzer
Dr. Emerson Lake
Dr. Curtis Le
Dr. Tyson Lechner
Dr. Evan Lomen
Dr. Brandon Martin
Dr. Daniel Martin
Dr. Sydney Moore
Dr. Chalise Morgan
Dr. Thomas Nguyen
Dr. Nawal Osman
Dr. Purak Parikh
Dr. Viren Patel
Dr. Karthik Raghuraman
Dr. Robert Ramirez
Dr. Mandeep Randhawa
Dr. Hana Rashid
Dr. Jyothsna Reddy
Sabalam
Dr. Leon Roda
Dr. Matthew Sanders
Dr. Rajbir Sanghvi
Dr. Dwight Simpson
Dr. Andrea Sosa
Dr. Janice Work

SFK Day - Sites

Ascot Family Dental
Jackson Creek Dental
The office of
Dr. Janice Work
Pediatric Dentistry of
West Sacramento

Roseville Dental Group
Sheldon Grove
Family Dental
Smile Kingdom
Truckee Dentistry
Shingle Springs
Health & Wellness

SFK Day - RDAs

Stacey Arnett
Jennifer Axtell
Ashley Babakhanyan
Starla Babasin
Dulce Barrera
Baigalmaa Bayasgalan
Coty Bayless
Sandy Bell
Morgan Brumet
Marie Buckley
Traci Caraway
Kathy Chapla
Lisa Cook
Stephanie Coustier
Christina Dow
Kelsey Dowlat
Lora Ede-Colley
Rim Elsinny
Rachel Frazier
Linsey Freeman
Brittney Geroen
Melissa Graham
Evly Graiser
Kaylee Harding
Valerie Hernandez
Ariana Hernandez
Evely Jaurequi
Cassidy Jones
Lemar Jones
Donna Kauti
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Nasrin Khalil
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Alette Romac
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Emily Sierck
Valerie Smith
Rebekah Socorro
Kelli St. Dennis
Rachel Stokes
Gabbey Vinalon-Brown
Alisha Waldow
Mayee Walker
Ahmed Wedatalla
Kylee West

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Robbie Hadley
Celest Johnson
Dana Kuchik
Tina Lamothe
Lorraine Lopez
Maria Mendoza
Shawna Ramirez
Sherrie Schaub
Alyssa Skidgel

SFK Day - RDHs

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Samantha Brown
Jessica Caballero
Alix Davis
Sierra Gasaway
Christine Gaul
Melanie Goff
Evly Graiser
Breanna Johnson
Jennifer Johnson
Heather McGargill
Giampiero Monfared
Kelly Nadeau
Maree Nicholas
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Marci Tait
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MJ Byerly
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Domic De Bruin
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Sandy Garcia
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Sharon Sharples
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Dr. Jerhet Ask
Dr. Ron Ask
Dr. Jerhet Ask
Dr. Damon Boyd
Dr. Andrea Cervantes
Dr. Kirsten Chang
Dr. Richard Chang
Dr. Jose Juarez
Dr. Craig Kinzer
Dr. Tyson Lechner
Dr. Evan Lomen
Dr. Dmitriy Pivnik
Dr. Mandeep Randhawa
Dr. Leon Roda
Dr. Dwight Simpson
Dr. Nguyen Thomas
Dr. Raj Zanzi

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Dr. Don Kim
Dr. Lila Kim
Dr. Grace Lee
Dr. Donald Liberty
Dr. Brian Royce
Dr. Esther Rhee

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Dr. Emerson Lake
Dr. Sydney Moore
Dr. Joelle Speed
Dr. Cynthia Weideman
Dr. Janice Work



SMILES FOR KIDS TO DATE BY THE NUMBERS

Our largest and most far-reaching project, Smiles for Kids (SFK), partners member dentists with local schools to screen and provide dental education to thousands of children each year.



484,300

Kids served since 1991

470,000

Kids screened since 1995

\$15.4 million

in Dental Treatment

THOUSANDS

HAVE VOLUNTEERED



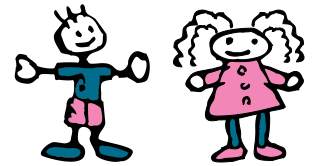
230+

School screenings each year



1,240

Kids received orthodontic treatment since 1996



SEVENTEEN THOUSAND KIDS TREATED SINCE 1991

Smiles for Big Kids 2019-20

Participating Dentists

Dr. Kreston Anderson
Dr. Jenny Apekian
Dr. Matthew Campbell
Dr. Matthew Comfort
Dr. John Fat
Dr. Debra Finney
Dr. Gregory Hailey
Dr. Lauren Hanschu
Dr. Gregory Heise

Dr. Wes Hill
Dr. Brock Hinton
Dr. Dick Huang
Dr. Bryan Judd
Dr. Kevin Keating
Dr. Richard Kennedy
Dr. Don Kim
Dr. Lila Kim
Dr. Gregory Kolber
Dr. Mark Kujiraoka
Dr. Sarah Kuo

Dr. Ronald Larsen
Dr. Steven Lee
Dr. Donald Liberty
Dr. Susan Liem
Dr. Viren Patel
Dr. Joshua Perisho
Dr. Gregory Pluckhan
Dr. Moji Radi
Dr. Paul Raskin
Dr. Mark Redford
Dr. Don Rollofson

Dr. Harkeet Sappal
Dr. I-Tien Emily Shaw
Dr. Charles Smurthwaite
Dr. Patrick Tsai
Dr. Chirag Vaid
Dr. Asvin Vasanthan
Dr. Joel Whiteman
Dr. Kristy Whiteman
Dr. Clifford Wong
Dr. Peter Worth
Dr. Jeremy Young

Participating Labs

Ace Dental Lab
Artisan Dental Works
Bella Denti Laboratory
Brabant Dental Lab
Ceramic Design
Dental Lab
Danilov Dental Lab
Dental Creations
Dental Laboratory
KP28 Dental Lab

Kustom Dental Prosthetics
Laguna Dental Lab
Mike's Dental Lab
Mouer Dental Design
Oral Arts Dental Lab

Foundation of the Sacramento District Dental Society

A charitable 501-C3
organization



Screenings, Puppet Shows, and Education for Smiles For Kids ...

Thankfully, SDDS is part of the Dental Transformation Initiative (DTI) partnership for Sacramento County. The funds budgeted and received to SDDS for toothbrushes, supplies and puppet shows all are reimbursed to us; for 3 years and ending this year. Because of the DTI income, our Foundation doesn't

have the expenditures and our need for grants is minimized – for now. This is especially important because grant availability is diminishing year after year.

Also in Sacramento County, we are also partners with the 3 GMC plans – Health Net, Access Dental Plan and Liberty Dental Plan. Together, the plans pay for a program called Early Smiles (see article on page 12), which is the program run by the Center for Oral Health, a nonprofit organization. They provide screenings, fluoride applications, and navigation to dental homes and dental treatment for those kids who need it. While this is a program JUST for Sacramento County, we hope that this model will be expanded to other counties in the near future.

So while our SFK screening numbers look like they are going downward (which they are), the Early Smiles program makes up the difference for us. Last year they screened 25,000 of the kids that our SDDS dentists

normally screen. This is a great help! SDDS continues to screen kids in the 4 other counties, as schools request. But other counties are beginning to do their own programs as well and are screening their own kids (El Dorado County, for instance.) Many of these counties are using Prop 56 monies to do this, providing oral health education and navigation.

The one constant that SDDS continues to provide is our wonderful puppet shows! In 2019 we entertained and educated 10,177 children!!!

So with grants dwindling (at least for 2019; 2020 is better already), all of our good work continues. And for those kids who fall through the cracks in care, our wonderful members continue to volunteer to treat those with emergencies. These numbers are dwindling too, as many families have enrolled in Denti-Cal and other insurance options. Thank you to all the volunteers who help our kids in the community! ■



We Still Have More Work to Do

By Denise Jabusch, DDS
SDDS Member

Do you believe that dental decay in children is currently a nonissue? That because of our modern technology, and our widespread proper hygiene advisement and that fluoride is omnipresent, that we, the dental community have conquered the ugly beast of rampant pediatric dental decay? Try volunteering for the SDDS Smiles for Kids. I screened elementary children at a small school north of Auburn, California on Highway 80 and was surprised, nay shocked, to see how so many students had teeth with large holes. And I didn't have the benefit of an x-ray device. A number of factors could have exacerbated the dental health of the students, namely the community is on well water and hence, the water is not fluoridated. Another factor is that the area struggles financially. The cafeteria staff said that the school lunch may be the only meal that some of the children have. Plus, the household income had decreased as homeowner insurance astronomically increased in the area. But whatever the reason is for so much decay, the cause is irrelevant to the child who goes to bed with a toothache. We still have more work to do...

Thank you!

to our Smiles For Kids and Smiles for Big Kids
2019 Grantors and Sponsors!



Smiles for Kids®



Smiles for BIG Kids®



Thank you to the following for
their gracious donations:

- Blue Northern Builders
- CSUS Pre-Dental Club – Project Backpack
- Nancy Solomon, Henry Schein Dental
- Craig Harris
- Karen Harris
- Patterson Dental Supply
- William J. Codiga Family Fund \$5000

GRANTS AWARDED THROUGH THE YEARS—SINCE 2003

Year Received	Program	Amount Awarded
ADA Foundation		
2014	SFK	\$10,000
2003	SFK	\$15,000
ADA Foundation - Harris Grant		
2010	1T1B	\$5,000
California Endowment		
2010	SFK	\$25,000
California Wellness Foundation		
2015	SFBK	\$150,000
CDA Foundation		
2011	SFBK	\$10,000
2010	SFK	\$10,000
2008	SFBK	\$10,000
2007	SFK	\$9,250
Henry Schein Supplies Grant/CDA Foundation		
2014	SFK/SFBK	\$50,000
2013	SFK/SFBK	\$50,000
2012	SFK/SFBK	\$50,000
2010	SFK/SFBK	\$50,000
2008	SFK	\$50,000
CHW / Dignity Community Grants		
2012	SFK/BK	\$50,000
2011	SFK	\$40,000
2010	SFK	\$25,000
2009	SFK	\$25,000
2008	SFK	\$20,000
CPS Community Action Network		
2004	SFK	\$2,500
Del Webb Foundation		
2016	SFK	\$20,000
2014	SFBK	\$25,000
Delta Dental		
2018	Scholarship	\$75,000
2011	SFBK	\$20,000
2004	SFK	\$10,000
First 5 Children's Coalition/ Cover the Kids		
2006	SFK	\$22,500

Year Received	Program	Amount Awarded
Kaiser Community Benefit		
2012	SFK	\$20,000
Oral Health Fndn of the Pierre Fauchard Academy		
2018	SFK	\$5,000
Patterson Foundation		
2016	SFK	\$10,000
2014	SFK	\$13,400
Ronald McDonald House Charities		
2014	SFK	\$2,500
2009	SFK	\$10,000
2004	SFK	\$6,667
Rotary Club of Sacramento/ Bids for Kids (BFK)		
2004	SFK	\$65,725
Rumsey Community Fund		
2004	SFK	\$2,500
Sacramento Region Community Foundation/ Give Something Back Fund		
2006	SFK	\$1,054
2005	SFK	\$1,216
Sacramento Region Community Foundation/ Knapp Fund		
2019	SFK	\$5,000
2018	SFK	\$5,000
2017	SFK	\$5,000
2016	SFK	\$5,000
2015	SFK	\$5,000
2014	SFK	\$1,000
2013	SFK	\$5,000
2012	SFK	\$1,000
2011	SFK	\$1,000
2010	SFK	\$1,000
2009	SFK	\$1,000
2008	SFK	\$1,000
2007	SFK	\$1,000
2004	SFK	\$1,000

Year Received	Program	Amount Awarded
Sacramento Region Community Foundation/ Luchetti Fund		
2004	SFK	\$3,333
Sierra Health Foundation		
2008	SFK	\$32,863
2005	SFK	\$122,000
2004	SFK	\$10,000
2003	SFK	\$10,000
Sutter Health Sac Sierra Region (sponsorship, not grant)		
2019	SFK/Puppet Show	\$2,500
2018	SFK/Puppet Show	\$2,500
2017	SFK/Puppet Show	\$2,500
2016	SFK	\$2,500
2015	SFK/1T1B	\$2,500
2014	Gala	\$2,500
2014	SFK	\$2,500
2012	SFK/1T1B	\$40,000
Teichert Foundation		
2009	SFBK	\$5,000
United Concordia		
2019	SFK	\$3,500
2018	SFK	\$3,000
2017	SFK	\$2,500
2016	SFK	\$2,500
2015	SFK	\$2,500
2014	SFK	\$2,500
Wells Fargo		
2013	SFK/BK	\$5,000
Yee Family Fund		
2014-2017	Scholarship	\$39,000

TOTAL GRANTS RECEIVED
\$1,406,000



SCHOLARSHIP RECIPIENTS

- 2019 Kylee Homecillo**
Western University College
of Dental Medicine
- 2018 Kevin O'Brien**
University of the Pacific
- 2018 Anthony Luong**
Western University
Health Sciences
- 2018 Andy Dinh**
UCLA
- 2017 Alicia Lucich**
University of Las Vegas
School of Dental Medicine
- 2016 Paul Dubinetsky**
Roseman University of Health
Sciences, College of Dental
Medicine
- 2015 Soniya Patidar**
Western University
Dental School
- 2015 Yana Shcherbanyuk**
Arizona School of Dentistry
& Oral Health (ASDOH)
- 2014 Svetlana Guevara-Lara**
UCSF Dental School
Currently practicing in Sac.

Dental Student Scholarship Endowed by the Yee Family

The dental scholarship was begun in 2014 to assist our new dental students matriculating from CSUS. The Yee Family has a heart for higher education. We are aware of the costs of dental school and want to do our part to help. There are over 15 dentists in our family and we are proud of our profession. This is token of our appreciation to the CSUS Pre Dental Club and our way to pay it forward. When you have an opportunity to help someone, please remember those who mentored, supported, and believed in you. On Behalf of Dr. Herbert and Dr. Wesley Yee, we congratulate all the scholarship winners, in the past and this year (the 2020 winner will be announced in May). ■



Thank you Yee family!

Dental school has been an adventure so far! Although it has been intense, I have a great support system here from my friends, family and faculty! I attended my first dental student conference at St. Louis and I currently hold 4 leadership positions in the American Student Dental Association - ASDA (district level and school level), student government, and Delta Sigma Delta (DSD). Despite COVID-19, WesternU has been very proactive and on top of transitioning our learning from the classroom to online. I actually miss school a lot and I look forward to being back after quarantine!

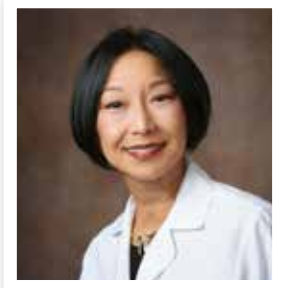


KYLEE HOMECILLO
2019 YEE FAMILY DENTAL
SCHOLARSHIP RECIPIENT

\$75,000 (grant began in 2019) The Dr. Beverly Kodama/Delta Dental Foundation Scholarship for Allied Education

Dr. Kodama (who served on the Delta Board of Directors) partnered with Delta Dental Foundation to establish a scholarship to help defray the educational costs for dental assistants and other allied team members. Dr. Kodama always felt that allied team members were the heart of a dentist's practice and wanted to give back to that cause so that other

dentists will benefit from wonderfully trained staff. Geared specifically toward the dental assistants and also the EF curriculum, the SDDS Foundation is in partnership with FADE (the Foundation for Allied Dental Education) to help defray costs for those applicants who qualify. Applications became available in June 2019. ■



Marie Tran... Bright & Passionate

By **Kimi Sunahara, DDS**
SDDS Member

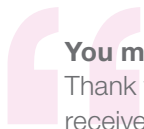


When Marie expressed interest in becoming an RDAEF2, I knew immediately that it was a perfect path for her. She has excellent attention to detail and a love for dentistry and patients that creates a wonderful environment for learning and improving skills. After I learned more about the FADE RDAEF2 program, I was excited for her and wanted to do what I could to help Marie achieve her goals. Working with her all these years and seeing first hand her intelligence and diligence, I knew that she would excel in the program, but certainly any program such as this would create financial and time constraints on her family.

I attended the SDDS Foundation Gala, and sought advice from Cathy Levering, who told me about the Dr. Beverly Kodama Memorial

Scholarship. Touched by the generosity of the Delta Dental Foundation in honor, and now in memory of Dr. Kodama, the SDDF, and the FADE Institute, I excitedly contacted Marie and encouraged her to apply. She then became the first recipient of the scholarship and has started her RDAEF2 education! Judging by the conversations I had had in the past with Dr. Kodama, I truly feel that Marie is exactly the bright, passionate dental provider that Dr. Kodama would have wanted to help.

I am so proud of Marie and the exciting future she is creating for herself. I look forward to working with her in this new capacity. Thank you to the Sacramento District Dental Foundation, the FADE Institute and Dr. Beverly Kodama! ■



You made my 2020 so much brighter!! Everyone at the SDDS Foundation made my wishes come true. Thank you so much for helping make my dreams become a reality. I am grateful to be the very first to receive the Dr. Beverly Kodama Memorial Allied Dental Scholarship. I honestly didn't know if I was going to be able to commit to one more expense. With the scholarship's help and the FADE Institute's contribution, my worries were put at ease. 2020 is the start of my wonderful journey to becoming an RDAEF2 and I am excited to attend the FADE Institute.

I have no doubt in my heart that others will feel the same way if they get the chance to receive this as well. My wish is for there to be more scholarships like this available and I hope one day I can pay it forward. Thank you again for your generosity.



MARIE TRAN
2019 DR. BEVERLY KODAMA MEMORIAL
ALLIED DENTAL SCHOLARSHIP RECIPIENT

Foundation of the Sacramento District Dental Society

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organization



Celebration of Foundation Donors

January 1, 2019 to December 31, 2019

Grants

Smiles for Kids Grants

\$2,500

Sutter Health Sacramento
Sierra Region

Program Contributions

Smiles for Kids

\$16,000

Blue Northern Builders
Sacramento Region
Community Foundation
(Knapp Family Fund)
Dr. Skip & Cookie Lawrence
United Concordia

In memory of...

*Dr. Gordon &
MaryAnn Harris*

Craig Harris
Karen Harris
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Family Foundation

Crowns for Kids (for Smiles for Kids)

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Dr. Julie Villa
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Dr. Ian Wong
Dr. Karen Yee
Dr. Siri Ziese

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\$6,300

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Lina Fat
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Dr. Neil Loveridge
Dr. Donald MacDonald
Dr. Clark Nary
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Wesley Fowler
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Dr. Glen & Mercedes Tueller

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Dr. Jennifer Drew
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Alberta who wore dentures*
Dr. Kerry Hanson
Marcella Oster

In memory of...

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Dr. Debra Finney
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Dr. Ash Vasanthan

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\$4,525

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SDDF Gala \$50,000 (net)

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 Dr. Ross Heyn
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YOU THE DENTIST, THE BUSINESS OWNER



YOU ARE A DENTIST. You've been to school, taken your Boards and settled into practice. End of story?

Not quite. Are you up to speed on tax laws, potential deductions and other important business issues?

In this monthly column, we will offer information pertinent to you, the dentist as the business owner.

Tips For Proper Call Documentation AT YOUR PRACTICE

Reprinted with permission from
Christine Taxin

You take the time to carefully document patient visits; make sure that same care is taken to document patient phone calls.

Like other documentation, the common rule when it comes to call documentation is that if it is not documented, it did not happen. Therefore, every clinically relevant telephone call should be documented.

Clinically relevant calls include those pertaining to: symptoms, medications, disease process and management, test results, and patient education.

It is recommended that you establish call documentation protocols for your practice. Set protocols allow for clear and timely documentation that can help in avoiding disagreements over what was said, when it was said and why it was said.

The following tips can help establish call documentation protocols at your practice:

1. Be proactive regarding call documentation by developing a policy and corresponding procedures.

- Train staff members in telephone protocols and authorize them to interrupt the provider as necessary
- Provide nonclinical personnel with guidelines to appropriately respond to emergency/urgent care concerns

2. Be specific.

- Record the content of the call in the patient's record
- Include any advice/instructions provided and the patient's understanding of that information

- Include the name of the staff person who took the call in addition to patient requests, concerns and issues

- Document all follow up conversations and calls concerning previously discussed problems, recommendations and test results in a timely manner

- Document calls and conversations with family members (including the name of the person who called and their relationship to the patient) and relay this information to the provider or designated staff member

- Rather than having a patient call the provider back, have the provider or designated staff member return the call

- Advise the patient of approximately when they may receive a call back, from whom and confirm the number to reach them at that time.

3. Periodically review the telephone responses and documentation to bring to light situations in which additional staff training or policy revisions may be required.

You should never feel that call documentation clutters your records. Instead, consider call documentation to be an essential opportunity for documenting your communications with patients. This will help lead to a complete and accurate clinical record.

The Federal Communication Commission has issued a Declaratory Ruling and Order to clarify the rules regarding HIPAA and patient telephone calls.

Some healthcare providers have had trouble understanding the rules regarding HIPAA and patient telephone calls, and how the

rules comply with the Telephone Consumer Protection Act (TCPA). Now, 19 years and 24 years after the respective Acts were introduced, the Federal Communications Commission (FCC) has issued a Declaratory Ruling and Order to clear up any confusion.

The ruling clarifies the rules regarding HIPAA and patient telephone calls made by covered entities and their Business Associates. The ruling also exempts covered entities and Business Entities from certain TCPA legislation in certain circumstances.

Rules Regarding HIPAA and Patient Telephone Calls

The FCC's order clarifying the rules regarding HIPAA and patient telephone calls states that, if a patient provides a contact telephone number to a healthcare provider, the provision of that telephone number constitutes express consent for telephone calls to be made, subject to certain HIPAA restrictions. Consent applies to calls and text messages related to:

- The provision of medical treatment
- Health checkups
- Appointments and reminders
- Lab test results
- Pre-operative instructions
- Post discharge follow up calls
- Notifications about prescriptions
- Home healthcare instructions
- Hospital pre-registration instructions

When a telephone call is made, healthcare providers must first provide their name and

contact details. The FCC recommends that calls should be concise, and limited, in most cases, to 60 seconds. In the case of text messages, they should be restricted to 160 characters. The frequency of communications is also restricted. Patients should only ever receive a maximum of three calls per week, and only one text message per day is acceptable.

The content of all communications is still subject to certain HIPAA restrictions – for example the Minimum Necessary Rule. Calls can only be made for the purposes described above, and cannot include any telemarketing, advertising or solicitation. Some telephone calls and text messages exempted from TCPA Rules are still subject to certain restrictions:

- Telephone calls and text messages must not be charged to the client, or counted against plan limits, and those calls can only be made to the wireless telephone number provided by the patient.
- Patients may have given prior express consent to receive voice calls and text messages, but that consent can be rescinded. Patients should be reminded of that fact and given a means of opting out of future communications.

- If a message be left on an answering machine, patients should be provided with a toll-free telephone number to contact their healthcare provider.

- Calls are still subject to TCPA rules if made regarding Social Security disability eligibility, payment notifications, debt collections, accounting issues and other financial matters.

The FCC’s Declaratory Ruling and Order to clarify the rules regarding HIPAA and patient telephone calls also covers the provision of prior express consent by a third party, such as when a patient is incapacitated. If consent cannot be provided by a patient due to incapacity, the FCC will allow a third party to provide that consent, but only when the patient is incapable of doing so personally. Should a patient recover the ability to provide consent personally, the consent provided by the third party would no longer be valid and the healthcare provider would be required to obtain consent from the patient.

HIPAA Compliant Automated Calls to Patients

An area in which the ruling still leaves a little ambiguity is HIPAA compliant automated

calls to patients. Although going into great depth about what constitutes an autodialing device, the FCC ruling does little to reconcile HIPAA compliance with the 2013 ban on telephone calls and text messages to mobile phones from an automatic dialing system.

Prior to the ban, consent could be inferred by an existing relationship between the sender and the recipient (the healthcare provider and the patient). From October 16 2013 onwards, the FCC requires prior written, unambiguous consent from the individual receiving calls on a mobile phone from an autodialing device.

Although an exemption was made for HIPAA compliant automated calls to patients’ landlines, healthcare providers should continue to avoid liability for breaches of ECPA by asking their patients for written consent to receive messages on the mobile phones that may have been generated by an autodialing device.

Ironically, automated appointment reminders send to mobile devices via a third-party texting service are allowed under the FCC ruling provided that the texting service provider signs a Business Associate Agreement (BAA). It is hoped that the situation regarding HIPAA compliant automated calls to patients will be clarified in the near future. ■

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YOU

THE DENTIST, THE EMPLOYER

YOU ARE A DENTIST. You are also an employer. Employee evaluations, hiring and firing, labor laws and personnel files are an important part of that. This monthly column, will offer current employment law information pertinent to you — the dentist, the employer.

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5 Tips for More Effective Communication

By the **California Employers Association**

We communicate in every aspect of our life. The goal of communication is to understand and be understood. However, that goal can often go unmet in the workplace and the repercussions of miscommunication can be very serious. Poor productivity, unmotivated employees -- even lawsuits -- can result from communication breakdowns at the office.

Below are our Top Five tips to help you improve communication in your workplace:

1. Become an Active Listener

When communicating with others, we often focus on what we should say. However, effective communication is less about talking and more about listening. A few tips to show someone you are listening include:

- Put yourself in the present moment.
- Put away all devices with notifications.
- Give your mind a rest from what your immediate response will be.
- Focus 100% on what the person is saying.
- Imagine that you will have to give a report back to an additional person on the information so that you stay focused.

2. Get to Know Your Colleagues

We are all unique individuals who grew up with different parents, in different neighborhoods, had different educations, relationships, and even different work experiences which have shaped who we are and how we communicate. Once you spend time getting to know your work colleagues and employees, you may be better able to glean their communication style and how they prefer to be communicated with.

3. Take Responsibility for Your Emails

Most companies prefer to communicate with external clients and internal employees via e-mail. With that said, although we tend to use email as a major mode of communication, we don't always take the proper time to review and edit our emails before sending them. Here's a few tricks: Imagine you are writing all of your e-mails directly on company letterhead. Review and revamp your e-mails and consider the objective of your email when you are creating it. Be considerate of the recipient/s and consider your audience. Someone who receives several hundred emails a day will want brief and concise information in the communication. A friend or family member, however, may want lengthy details.

4. Be Aware of Your Body Language

The way you look, listen, move, and react to another person reveals more about how you're feeling than words can. Nonverbal communication, or body language, includes facial expressions, body movement and gestures, eye contact, posture, the tone of your voice, and even your muscle tension and breathing. Developing the ability to understand and use nonverbal communication can help in connecting with others, express what you mean, and build stronger relationships.

5. Practice, Practice, Practice

The skill of communication is a continual learning process. The most helpful tool is having the desire to improve your communication skills. Once you have identified an area to improve, then search out a mentor, join a Toastmasters or other public speaking class, or observe professional speakers online.

By implementing these 5 tips, you are headed on the path to more effective communication in the workplace! ■

Upcoming Harassment Prevention Training Webinars

California businesses with 5 or more employees MUST provide harassment prevention training every 2 years (SB1343). Employers are required to provide training by January 1, 2021.

For Employees - all employees must have one hour of harassment prevention training before January 1, 2021.

June 17, 2020 • September 16, 2020
November 11, 2020

12-1pm • 1 CEU, Core • \$44 each

For Supervisors/Employers - all supervisors/employers must have two hours of harassment prevention training before January 1, 2021.

June 9, 2020 • September 22, 2020
November 12, 2020

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Sacramento District Dental Society

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Are You in Compliance?

The EPA Amalgam Rule Deadline is Fast Approaching!

Reprinted with permission from **Sacramento Regional County Sanitation District**



On July 14, 2017, the United States Environmental Protection Agency (EPA) Dental Effluent Guidelines (40 CFR 441) took effect. This rule requires many dentists to install an amalgam separator and follow two Best Management Practices (BMPs). New facilities that start discharging to the sewer system after the effective date need to comply immediately, while existing dentists must comply by July 14, 2020. All facilities must submit One-Time Compliance Reports by October 12, 2020.

Who is Affected?

Generally, pediatric and general dentists, along with endodontists, are subject to this rule. Those that never place amalgam and do not remove amalgam except in limited, unplanned circumstances are exempt from the requirements (see below) and must certify as such by submitting a One-Time Compliance Report. Some dentists are not subject to the rule and do not have to do anything. Those not subject include dentists that practice a recognized specialty, not including pediatrics or endodontics, mobile units utilizing a self-contained van or trailer, and those that collect their wastewater for shipment off-site.

What is Required?

To comply with this rule, subject dentists must install a compliant amalgam separator and implement the two BMPs. Once in compliance, the dentist must submit a One-Time Compliance Report to their local sewer agency pretreatment program and follow recordkeeping requirements. Individual agencies have their own forms and may have stricter regulations than those in this rule. Upon transfer of ownership of a practice, the new owner must submit a new One-Time Compliance Report.

When is Compliance Required?

New dental facilities that began discharging to the sewer system after July 14, 2017, must be in compliance immediately and submit a One-Time Compliance Report within 90 days of starting to discharge. Dental facilities (under any ownership) that were discharging to the sewer system prior to July 14, 2017, must be in compliance by July 14, 2020, and submit a One-Time Compliance Report by October 12, 2020. These timelines also apply to those that do not place or remove amalgam but need to certify as such.

What Will Happen If I Don't Comply?

As this is an EPA-required program, pretreatment programs are required to follow their approved Enforcement Response Plan when a user is not in compliance. Failure to install an amalgam separator and implement BMPs, if required, and submit the One-Time Compliance Report by the dates above could result in a Notice of Violation, Significant Non-Compliance, or an Administrative Order and could lead to the imposition of fines or penalties. Users that are not in compliance may also be reported to the EPA. Inspections, while not required by the rule, may be used by the pretreatment program to determine compliance.

One-Time Compliance Report Tips

The following tips will help you successfully complete your One-Time Compliance Report:

- Determine who your sewer agency is so that you fill out the correct form
- Read the instructions on the form carefully
- Fill out each applicable section completely

- Have an owner, general partner or proprietor, or corporate officer sign the form
- Be prepared to receive follow-up questions after your form is submitted
- If you have any questions about the form or regulations, ask your sewer agency pretreatment program for assistance

To determine who you report to, search online for the pretreatment program or sewer agency in your area, or visit EPA's Dental Effluent Guidelines website (www.epa.gov/eg/dental-effluent-guidelines). Sacramento Regional County Sanitation District (Regional San) is the sewer agency for dentists in unincorporated Sacramento County; the cities of Citrus Heights, Elk Grove, Folsom, Rancho Cordova, Sacramento, and West Sacramento; and the communities of Courtland and Walnut Grove.

To locate links to this rule, EPA's Effluent Guidelines website, and other resources, or to download the Regional San One-Time Compliance Report form, visit www.amalgamrecovery.com. If you have questions, email Regional San at amalgamrecovery@sacsewer.com or call (916) 875-6470. ■



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Committee Corner

Attention Committee Members

MAY MEETINGS HAVE BEEN CANCELED

2020 SDDS Committees Schedule

Standing Committees

CPR Committee

Aug 14 • Nov 6

Nominating/Leadership Development

Work Completed

Peer Review Committee

Completed

Leadership

Board of Directors

May 5 • Sep 1 • Nov 3

Executive Committee

Aug 21 • Oct 2 • Dec 4

Advisory Committees

Continuing Education Advisory

Work Completed

Mass Disaster/Forensics Advisory

TBA

Fluoridation Advisory

Yolo County

Schedule as needed

Nugget Editorial Advisory

Sep 29

Strategic Plan Advisory

Schedule as needed

Budget and Finance Advisory

Schedule as needed

Bylaws Advisory

Schedule as needed

Legislative Advisory

Schedule as needed

New Dental School Advisory

TBA

Foundation

Foundation Board

Nov 17

Task Forces

Member Benefits/Services

Sep 29

Oral Health/Prop 56 Initiatives

Oct 2

Ethics

Sept 14

Other

Sac Pac

TBA

CDA House of Delegates

Nov 13-14 LAX

May meetings have been canceled, with the exception of Board of Directors. This meeting will take place by video conference.




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 916.446.1227

California Dental Association
 800.232.7645



Job Bank

The SDDS Job Bank is a service offered only to SDDS Members. It is published on the SDDS website and provides a forum for job seekers to reach other Society members who are looking for dentists to round out their practice, and vice versa. If you are a job seeker, associate seeker, selling or buying a practice, contact SDDS at (916) 446-1227. For contact information of any of the job bankers please visit www.sdds.org.

ASSOCIATE POSITIONS AVAILABLE

- Monika Gugale, DDS • Sacramento • F/T • GP
- Nima Aflatooni, DDS • Sacramento • P/T • GP
- Quynh Pham, DDS • Sacramento • P/T • GP
- Ashley Joves, DDS • Folsom, Rocklin • P/T • GP
- Thomas Ludlow, DDS • Sacramento • P/T • GP
- Marina Mokrushin, DDS • Folsom, Rocklin • GP
- Raj Zanzi, DDS • Sacramento • PT • GP/Ortho
- Jonathan Chan, DDS • Sacramento • PT • GP
- Christopher Chan, DDS • Sacramento • PT • GP
- Elica Health • Sacramento • FT • GP
- Mignon Mapanao, DDS • Sacramento • PT/FT • GP
- Sunny Badyal, DDS • Sacramento • FT • GP
- Kids Care Dental • Sac/Stockton • PT/FT • Oral Surgeon
- Capitol Periodontal Group • Sacramento • FT • Perio
- Childrens Choice Pediatrics • Sacramento • PT/FT • Pedo
- Mark Redford, DMD • Roseville/Granite Bay • PT • GP
- Kevin Chang, DDS • Roseville • PT • GP
- Michael Hinh, DDS • Sacramento • PT • GP
- R. Bruce Thomas, DDS • Davis • PT/FT • GP
- Make A Smile • Sacramento • PT/FT • Pedo/Ortho/Endo/OS
- SmileTime • Sacramento • PT/FT • GP
- Jacqueline Delaney, DMD • Truckee • FT • GP
- Paul Raskin, DDS • Sacramento • FT/PT • Prosth
- Kids Care Dental • Bay Area • Ortho
- Sean Avera, DDS • Auburn • Perio
- Ana Maria Antoniu, DMD • Sacramento • FT/PT • GP
- Amy Woo, DDS • Sacramento • PT • GP/Endo
- Christopher Schiappa, DDS • Pioneer • PT • GP
- Eloisa Espiritu, DDS • Lincoln • FT/PT • GP
- David Park, DDS • FT/PT • GP
- Gilbert Limhengco, DDS • Natomas/Citrus Heights • PT • Endo
- Kids Care Dental & Ortho • Calvine/Elk Grove • FT • GP/Ortho
- Elizabeth Johnson, DDS • various WellSpace locations • FT/PT/Fill-In • GP

DOCS SEEKING EMPLOYMENT

- Gaetan Tchamba, DDS • P/T Fill in/2 Thursdays a month
- Erica Hsiao, DDS • P/T • Perio
- Blake Moore, DDS
- Behdad Javdan, DDS • PT • Perio
- Bruce Taber, DDS • Fill-In • GP
- Steve Murphy, DMD • FT/PT • Endo

TOTAL MEMBERSHIP

(as of 4/13/20:)

1,785

MARKET SHARE:
85.2%

RETENTION RATE: 96.1%
ENGAGEMENT RATE: 94%

New Members

May
2020

JUNGSUN AHN, DDS

Transfer from Napa-Solano Dental Society
Pediatric Dentistry

Dr. Ahn earned her dental degree from University of Texas-San Antonio in 2016 and then earned her specialty degree in 2018. She currently works for Davis Kids Dentist in Davis.

SHEILA BREAR, BDS

Prosthodontics

Dr. Brear earned her dental degree from London Hospital Medical College in 1986. She then went on to earn her specialty degree from UCSF in 2000. She currently is working for California Northstate University.

MAHA ALMUSAWI, DDS

General Practice

Welcome Back!

Dr. Almusawi earned her dental degree from UOP Arthur A. Dugoni School of Dentistry in 2010. She currently works for Sacramento Kids Dentistry in Sacramento.

CUAUHTEMOC GONZALEZ, DDS

Pediatric Dentistry

Dr. Gonzalez earned his dental degree from UOP Arthur A. Dugoni School of Dentistry in 2015 and then went on to earn his specialty from Yale in 2017. He currently works for Surfside Children's Dental in Fair Oaks.

ERIC GREGG, DDS

Transfer from Tri County Dental Society
General Practice

Dr. Gregg earned his dental degree from Oregon Health Science University in 2011. He currently works for Dental Source in Roseville.

JOHN HANSEN, DDS

General Practice

Welcome Back!

Dr. Hansen earned his dental degree from UCSF in 1994. He owns and practices at J. Hansen DDS in Roseville.

CHRISTOPHER JACOBSEN, DMD

General Practice

Dr. Jacobsen earned his dental degree from UT-Roseman University of Health Sciences in 2018.

MANNIMRAT DHILLON, DDS

Pediatric Dentistry

Dr. Dhillon earned her dental degree from UOP Arthur A. Dugoni School of Dentistry in 2015 and went on to earn her specialty from University of Nevada in 2019. She currently works for Kids Care Dental in Sacramento.

MAICHOU YANG, DDS

Transfer from Butte Sierra Dental Society
General Practice

Dr. Yang earned her dental degree from UCSF School of Dentistry in 2016. She currently practices at Sunshine Dental Care in Roseville.

Pending Applicants:

Devan Dalla, DDS
Yun Hwan Eric Oh, DDS
Stacy Silva, DDS
Norma Cortez Pacheco, DDS
Kevin Vo, DDS

Congratulations

to Our New Retired Members!

Michael Wilcox, DDS
Dayle Murray, DDS

TOTAL ACTIVE MEMBERS:
1,408

TOTAL RETIRED MEMBERS: 306

TOTAL DUAL MEMBERS: 10

TOTAL AFFILIATE MEMBERS: 11

TOTAL STUDENT MEMBERS: 8

TOTAL CURRENT APPLICANTS: 5

TOTAL DHP MEMBERS: 36

TOTAL NEW MEMBERS FOR 2020: 36

IMPORTANT NUMBERS:

WELCOME

to SDDS's new members, transfers and applicants.

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Dr. Harry "Skip" Lawrence

It is with deep sadness that SDDS lost another wonderful member, Dr. Skip Lawrence. Dr. Lawrence was a member of SDDS since 1969, after graduating from UCSF Dental School. He practiced in Midtown Sacramento his entire career, retiring in 2005. An active and participating member of SDDS, he served on the SDD Board (1978-79 and again in 1989-91). He served on SDDS Committees such as Program, CE, and chaired the Communications Committee. Many remember his skits and entertainment efforts for the SDDS holiday parties of the past. He served on the Foundation Board from 2003-2009 and supported and loved the Smiles for Kids program. The family requests that donations be sent to the Foundation in his memory. His smile and quick wit and laughter will be missed by all the dental community and the Sacramento community as well.

From Dr. Wesley Yee...

Skip was a colleague, mentor and friend to so many of us. For me personally, I really got to know Skip through Rotary. Dr. Marty Rosa encouraged Skip to become a member of Rotary and he took off as soon as he joined. Skip retired from dentistry at the age of 62. His passion and hobby was dentistry. His patients adored him too, according to Dr. Ed Sims. However, a bad back and other health issues ended a successful career. When Skip became President of the Rotary Club of Sacramento, he brought the Hall of Fame Coach Bill Walsh as a keynote speaker. Skip played varsity baseball on a scholarship at Stanford and had many connections to the University. During his term as Rotary President, Skip designated Rotary's Bids For Kids Fundraiser to benefit SDDF's Smiles for Kids Program - and \$110,000 was donated. (I was his chair of Bids for Kids.) Always a "giver and a kidder," Skip served on many boards. Along with the SDDF Board, Skip



participated in the Towe Ford Museum and served Rotary as Assistant District Governor. He loved his cars (1960 Ford Falcon), Yamaha motorcycle, golf, and travel (by car, boat, train or plane). However his true and lasting love was his wife Cookie (dental hygienist) whom he met at UCSF during dental school. Cookie actually convinced Skip to practice in Sacramento, which was her hometown - and she was a daughter of a dentist!. (Skip was born in Kentucky so it wasn't a difficult decision!) It was Skip who asked me to serve on the Board of the SDDF. Without his encouragement and support, I would not be where I am today! We will always remember his humor and friendly banter. Rest in Peace my friend.

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*This is a sample
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FAIRFIELD AREA: 5 Ops, 4 Equip, Digital, Paperless, Strong hyg. prog, 2018 GR \$840K on 4 day/wk #CA655

FOLSOM/RESCUE/EL DORADO HILLS AREA: 5 Ops+RE, Modern, Digital. 2018 GR \$773K. Condo available for purchase. #CA581

GREATER SACRAMENTO: Desirable area, 38 yrs Goodwill, 4 Ops, Digital, 6 hyg. days/wk. 2018 GR \$1M+ on 4 day/wk #CA656

GREATER SACRAMENTO: PPO/Condo, 33 yrs. Goodwill, 4 Ops, Digital, I/O Cam. #CA561

LAKE TAHOE AREA: Resort area, 6 Ops, 5 Equip, Digital, 42 yrs Goodwill. 2019 GR \$579K on 22 Dr. hrs/wk #CA608

LAKE TAHOE AREA: Endo, 3 Ops, Digital, CBCT, 28 yrs Goodwill #CA602

NORTH SACRAMENTO AREA: 50+ yrs Goodwill. 3 Ops, 4th avail. 2019 GR \$616K on 33 avg. hrs/wk. #CA667

ROCKLIN/LINCOLN AREA: 10 Ops, 6 Equip, 2018 GR \$747K on 4 day/wk #CA641

SACRAMENTO: *Price Reduced!* Hi-traffic, 4 Ops, under 5% Delta Premier, 2018 GR \$607K on 30 Dr. hrs/wk #CA590

SACRAMENTO AREA: GP & Specialty HMO/some PPO+RE, 9 Ops, Digital, I/O Cam, 2018 GR \$680K. 5,000 sf bldg. for sale. #CA567

SACRAMENTO AREA: 4 Ops+RE, 1 add'l plumbed, 47 yrs Goodwill, 24 Dr. hrs/wk. 2018 GR \$574K #CA603

STOCKTON AREA: 6 Ops+RE, 30+ yrs Goodwill. 2018 GR \$1M+ #CA616

VACAVILLE AREA: 5 Ops, 28 yrs Goodwill, Dentrux, 2019 GR \$556K #CA645



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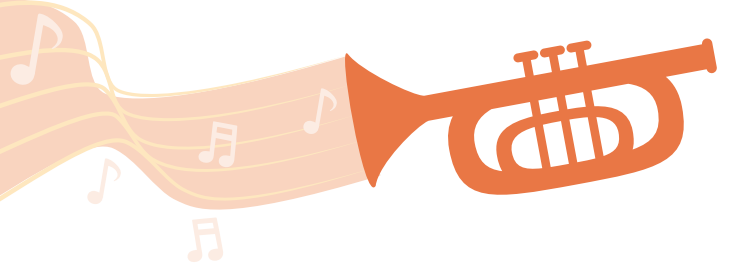
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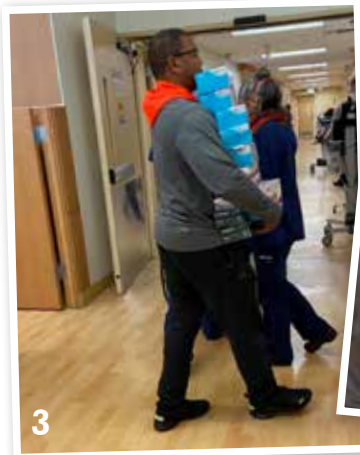
Nancy Archibald, DDS, on sewing these face masks! She had 10 yards of elastic and made these masks that will be going to troops overseas! (1)

Antonia Accettura, DDS and her wife, Hayley, on the birth of their baby girl! Lena Nicoletta Accettura was born on February 16th! Congratulations to them both on their new addition to their family! (2)

Wallace Bellamy, DMD, on donating supplies to Sutter Hospital! Thank you so much for helping to support our local hospitals during this time! (3)

SDDS Staff Member, Rachel Sheets, on getting engaged to her boyfriend Kyle on their five year anniversary on April 4th! (4)

Sarah Zanzi, daughter of Raj Zanzi, DMD, on helping to gather up supplies and drop them off for multiple donations! She's pictured with one of the staff members at Mercy Foundation! (5)



LET US KNOW YOUR NEWS!

Have you been helping during the Covid-19 crisis? Donating supplies, sewing masks, or supporting the community in some way? Let us know, we'd love to share some positive news during this time! Send us your news to sdds@sdds.org!

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The Foundation for Allied Dental Education (FADE) was founded in 2011 as collaborative supporter of the state dental assisting teacher's association. Today, our central mission and purpose is to provide educational opportunities and professional development courses for the entire allied dental healthcare team.

The Foundation's core values of commitment, collaboration and community are the bedrock of our purpose to provide learning, community outreach programs, and public awareness of the important role allied dental personnel play in the provision of oral healthcare. These initiatives, coupled with corporate and private donations, serve to support our educational scholarship programs and community collaborations on a non--profit, public benefit basis.

Our courses, programs and educational events are open to all members of SDDS and their staff, as well as licensed or unlicensed chairside personnel, business administrative staff seeking collaborative study group events, continuing education specific to all licensure categories and Board--approved certifications for those seeking entry--level opportunities in the dental workplace.

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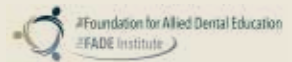
Kim Gusman, Executive VP
Mari Bradford, HR Hotline
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SDDS started the Vendor Member program in 2002 to provide resources for our members. No, Vendor Members are not exclusive, and we definitely have some competitive companies who are Vendor Members. But our goal is to give SDDS members resources that would best serve their needs. We suggest that members reach out to our Vendor Members and see what is a best "fit" for their practice and lifestyle.

Our Vendor Members pay \$3,900 per year; that includes a booth at Midwinter, three tables at General Meetings, advertising in *The Nugget*, and much more. Our goal is to provide Vendor Members with the opportunity to connect with and serve our members. We realize that you have a choice for vendors and services; we only hope that you give our Vendor Members first consideration. The Vendor Members program and the income SDDS receives from this program helps to keep your dues low. It is a wonderful source of non-dues revenue and allows us to provide yet another member benefit. Additionally, we reach out to our Vendor Members for articles for *The Nugget* (nonadvertising!).

Our Vendor Members are financial, investment and insurance companies, legal consultants, dental equipment and supply companies, media and marketing companies, hr consultants, construction companies, billing consultants, practice sales and brokers, practice resource and staffing consultants, technology, HIPAA and security consultants, and even our Crowns for Kids refining partner!

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Volunteer opportunities

SMILES FOR KIDS

VOLUNTEERS NEEDED: Doctors to "adopt" patients for Smiles for Kids for follow-up care.



TO VOLUNTEER, CONTACT:

SDDS office (916.446.1227 • smilesforkids@sdds.org)

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TO VOLUNTEER, CONTACT:

SDDS office (916.446.1227 • sdds@sdds.org)



July 17-18, 2020 • Long Beach

TO VOLUNTEER: www.cdafoundation.org/cda-cares

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For More Information: everyoneforveterans.org/for-dentists.html

Classified Ads

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WELLSPACE HEALTH ORGANIZATION (an FQHC) is taking applications for fill-in/part-time/full-time dentists. Send your resume/CV to eljohnson@wellspacehealth.org. 01/15

Kids Care Dental & Orthodontics seeks Dentists to join our teams in the greater Sacramento and greater Stockton areas. We believe when kids grow up enjoying the dentist, healthy teeth and gums will follow. As the key drivers of our mission—to give every kid a healthy smile—our dentists, orthodontists and oral surgeons exhibit a genuine love of children and teeth. A good fit for our culture means you are also honest, playful, lighthearted, approachable, hardworking, and compassionate. Patients love us...come find out why! Send your resume to talent@kidscaredental.com. 06-7/17

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For more information on placing a classified ad, please call the SDDS office at 916.446.1227 or visit <http://www.sdds.org/publications-media/advertise/>

ADDRESS SERVICE REQUESTED

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Go to the calendar at sdds.org for the most up-to-date list of course offerings and scheduled meetings.



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August 13
2020

**MAY
12**

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Presented by Paul Glassman, DDS, MA, MBA

There has been increasing interest over the last several years in using teledentistry systems to reach people who are not having regular dental care. The current COVID-19 physical distancing requirements have accelerated this interest. This program will describe the development of teledentistry in the oral health industry, specific recommendations for staying in touch with patients and providing dental care in the current environment, and considerations for using teledentistry to enhance dental practices as we move into the post-COVID world.

Participants will be able to:

- Describe a variety of ways that teledentistry has been used in the delivery of oral health care
- Discuss the trends in expansion of use and adoption of teledentistry in oral health care
- Explain how teledentistry can be applied in the current COVID-19 physical distancing environment to stay in touch with patients and provide and organize oral health care
- List some ways that teledentistry may help practices reach and provide oral health care for more patients as we move into the post-COVID world

TUESDAY
5PM-7PM



Dr. Glassman is the Associate Dean for Research and Community Engagement at the College of Dental Medicine at California Northstate University in Elk Grove, CA and Professor Emeritus at the University of the Pacific, Arthur A. Dugoni, School of Dentistry in San Francisco, CA.

**FREE to 2019-20
DMD Members!**

This course is being offered as a webinar only. To register, please go to www.sdds.org/events/gm-may2020/

If you are a 2019-20 DMD member, email sdds@sdds.org to register.

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